

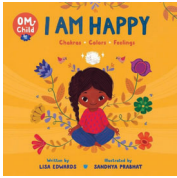


**HARPERCOLLINS
SPECIAL MARKETS**

**MIND
BODY
SPIRIT**

**ULTIMATE
CATALOGUE**





Om Child: I Am Happy

Lisa Edwards, Sandhya Prabhat

9780063068391
Pub Date: 8/31/2021
\$10.99 CAD
Board Book
7 in H | 7 in W | 1 lb Wt



Om Child: I Am Kind

Lisa Edwards, Sandhya Prabhat

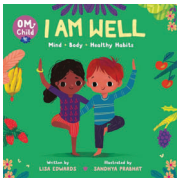
9780063068407
Pub Date: 8/31/2021
\$10.99 CAD
Board Book
7 in H | 7 in W | 1 lb Wt



Om Child: I Am Calm

Lisa Edwards, Sandhya Prabhat

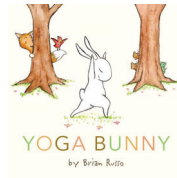
9780063068414
Pub Date: 10/26/2021
\$10.99 CAD
Board Book
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Om Child: I Am Well

Lisa Edwards, Sandhya Prabhat

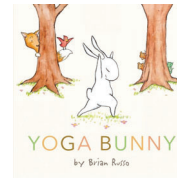
9780063068421
Pub Date: 2/22/2022
\$10.99 CAD
Board Book
7 in H | 7 in W | 0.9 lb Wt



Yoga Bunny Board Book

Brian Russo

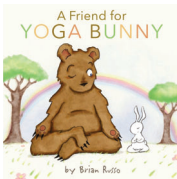
9780063208940
Pub Date: 2/15/2022
\$9.99 CAD
Board Book
6.5 in H | 6.5 in W | 0.6 in T
| 0.5 lb Wt



Yoga Bunny

Brian Russo

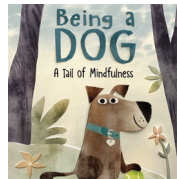
9780062429520
Pub Date: 12/6/2016
\$23.99 CAD
Hardcover
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A Friend for Yoga Bunny

Brian Russo

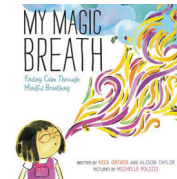
9780063017849
Pub Date: 2/22/2022
\$21.99 CAD
Hardcover
9 in H | 9 in W | 0.8 lb Wt



Being a Dog: A Tail of Mindfulness

Maria Gianferrari, Pete Oswald

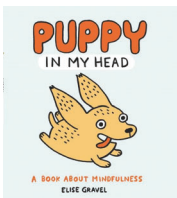
9780063067912
Pub Date: 4/5/2022
\$23.99 CAD
Hardcover
11 in H | 8.5 in W | 1.4 lb Wt



My Magic Breath

Nick Ortner, Alison Taylor, Michelle Polizzi

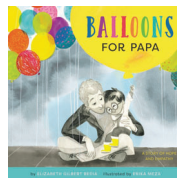
9780062687760
Pub Date: 5/15/2018
\$21.99 CAD
Hardcover
9 in H | 9 in W | 0.8 lb Wt



Puppy in My Head

Elise Gravel

9780063037670
Pub Date: 1/5/2021
\$21.99 CAD
Hardcover
10 in H | 8.8 in W | 0.8 lb Wt



Balloons for Papa

Elizabeth Gilbert Bedia, Erika Meza

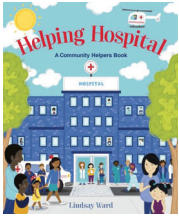
9780063081130
Pub Date: 4/27/2021
\$21.99 CAD
Hardcover
10 in H | 10 in W | 0.9 lb Wt



Still Mine

Jayne Pillemer, Sheryl Murray

9780063062771
Pub Date: 1/18/2022
\$21.99 CAD
Hardcover
10.5 in H | 8.5 in W | 0.8 lb Wt



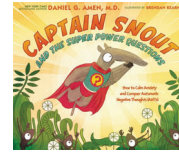
Helping Hospital

Lindsay Ward
9780063081390
Pub Date: 10/19/2021
\$18.50 CAD
Hardcover
11 in H | 9 in W | 1 lb Wt



We're Moving House

Sam Taplin
9781801312608
Pub Date: 4/13/2022
\$8.95 CAD
Trade Paperback
7.2 in H | 4.7 in W | 1 in T |
1.1 lb Wt



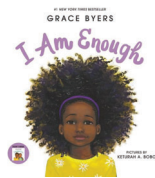
Captain Snout and the Super Power Questions

Dr. Daniel Amen, Brendan Kearney
9780310758327
Pub Date: 9/12/2017
\$21.00 CAD
Hardcover Picture Book
9.3 in H | 11.1 in W | 0.4 in T |
1.1 lb Wt



Layla, the Last Black Unicorn

Tiffany Haddish, Jessica Gibson, Jerdine Nolen
9780063113879
Pub Date: 5/10/2022
\$23.99 CAD
Hardcover
10 in H | 10 in W | 1.4 lb Wt



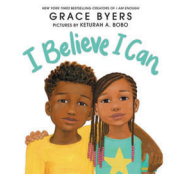
I Am Enough

Grace Byers, Keturah A. Bobo
9780062667120
Pub Date: 3/6/2018
\$23.99 CAD
Hardcover
10 in H | 10 in W | 0.9 lb Wt



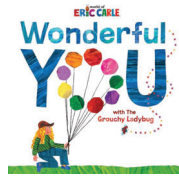
I Promise

LeBron James, Nina Mata
9780062971067
Pub Date: 8/11/2020
\$24.99 CAD
Hardcover
10 in H | 10 in W | 0.4 in T |
1 lb Wt



I Believe I Can

Grace Byers, Keturah A. Bobo
9780062667137
Pub Date: 3/3/2020
\$23.99 CAD
Hardcover
10 in H | 10 in W | 0.9 lb Wt

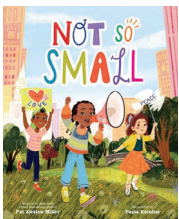


Wonderful You

Eric Carle
9780062984258
Pub Date: 4/12/2022
\$12.50 CAD
Hardcover
7.5 in H | 7.5 in W | 1.4 lb Wt

Where Do Your Feelings Live?

Catherine Hernandez, Myriam Chery
9781443464291
Pub Date: 5/17/2022
\$24.99 CAD
Hardcover
10 in H | 9 in W | 0.4 in T |
1.4 lb Wt



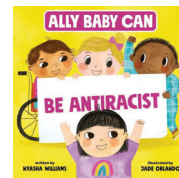
Not So Small

Pat Zietlow Miller, Paola Escobar
9780062847447
Pub Date: 5/3/2022
\$21.99 CAD
Hardcover
11 in H | 9 in W | 1.4 lb Wt

No Image Available

Shady Baby Feels

Gabrielle Union, Tara Nicole Whitaker, Dwyane Wade
9780063054042
Pub Date: 8/23/2022
\$13.50 CAD
Board Book
8 in H | 8 in W | 1 lb Wt



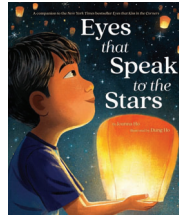
Ally Baby Can: Be Antiracist

Nyasha Williams, Jade Orlando
9780063214538
Pub Date: 6/21/2022
\$10.99 CAD
Hardcover
9 in H | 9 in W | 1.4 lb Wt



Eyes That Kiss in the Corners

Joanna Ho, Dung Ho
9780062915627
Pub Date: 1/5/2021
\$21.99 CAD
Hardcover
11 in H | 9 in W | 0.9 lb Wt



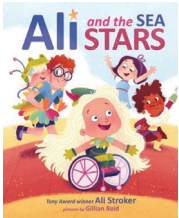
Eyes That Speak to the Stars

Joanna Ho, Dung Ho
9780063057753
Pub Date: 2/15/2022
\$23.99 CAD
Hardcover
11 in H | 9 in W | 1 lb Wt

No Image Available

Because You Are

Jael Richardson, Nneka Myers
9781443464802
Pub Date: 7/19/2022
\$24.99 CAD
Hardcover
10 in H | 9 in W | 1.4 lb Wt



Ali and the Sea Stars

Ali Stroker, Gillian Reid
9780063015715
Pub Date: 5/17/2022
\$23.99 CAD
Hardcover
10 in H | 8 in W | 1.4 lb Wt



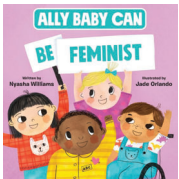
Punky Aloha

Shar Tuiasoa
9780063079236
Pub Date: 5/3/2022
\$21.99 CAD
Hardcover
10 in H | 10 in W | 1.4 lb Wt

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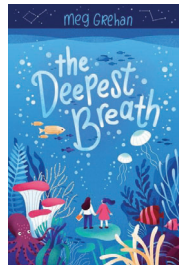
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9780063222366
Pub Date: 7/19/2022
\$23.99 CAD
Hardcover
11 in H | 9 in W | 1.4 lb Wt



Ally Baby Can: Be Feminist

Nyasha Williams, Jade Orlando
9780063214545
Pub Date: 6/21/2022
\$10.99 CAD
Hardcover
9 in H | 9 in W | 1.4 lb Wt



The Deepest Breath

Meg Grehan
9780358732976
Pub Date: 11/22/2022
\$9.99 CAD
Paperback
8.3 in H | 5.5 in W | 0.7 lb Wt



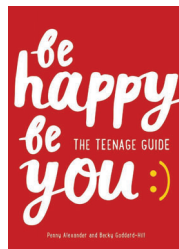
Feelings

Ailiki
9780688065188
Pub Date: 5/21/2019
\$9.99 CAD
Paperback
9.9 in H | 8 in W | 0.1 in T | 0.3 lb Wt



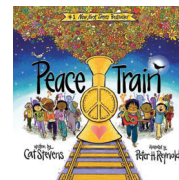
What If, Pig?

Linzie Hunter
9780062986092
Pub Date: 6/8/2021
\$21.99 CAD
Hardcover
10 in H | 8 in W | 0.8 lb Wt



Create Your Own Happy for Teenagers

Penny Alexander, Becky Goddard-Hill
9780008367565
Pub Date: 3/3/2020
\$17.99 CAD
Trade Paperback
8.3 in H | 5.8 in W | 0.6 in T | 0.6 lb Wt



Peace Train

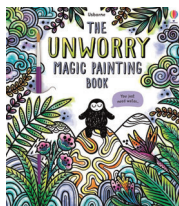
Cat Stevens, Peter H. Reynolds
9780063053991
Pub Date: 5/11/2021
\$23.99 CAD
Hardcover
9.8 in H | 9.8 in W | 0.8 lb Wt



Create Your Own Calm

Becky Goddard-Hill, Clare Forrest

9780008367589
Pub Date: 11/10/2020
\$16.99 CAD
Trade Paperback
8.3 in H | 5.8 in W | 0.4 in T | 0.6 lb Wt



Unworry Magic Painting Book

tbc tbc

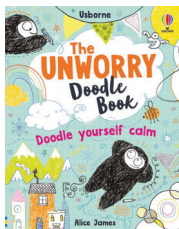
9781474973335
Pub Date: 5/15/2020
\$10.95 CAD
Trade Paperback
7.2 in H | 4.7 in W | 1 in T | 0.4 lb Wt



Unhurry Magic Painting

Eddie Reynolds

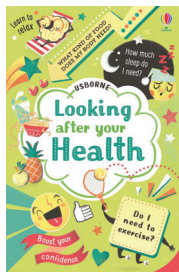
9781474986113
Pub Date: 2/24/2021
\$10.95 CAD
Trade Paperback
1.3 in H | 5.5 in W | 8.3 in T | 0.9 lb Wt



Unworry Doodles

Eddie Reynolds

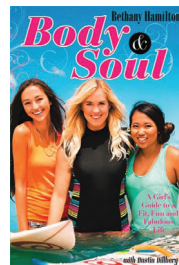
9781474983228
Pub Date: 1/12/2021
\$11.95 CAD
Trade Paperback
1.3 in H | 5.5 in W | 8.3 in T | 0.9 lb Wt



Looking After Your Health

Caroline Young

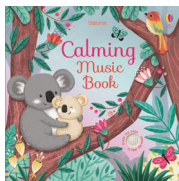
9781474982757
Pub Date: 7/10/2020
\$12.95 CAD
Trade Paperback
7.2 in H | 4.7 in W | 1 in T | 0.4 lb Wt



Body and Soul

Bethany Hamilton, Dustin Dillberg

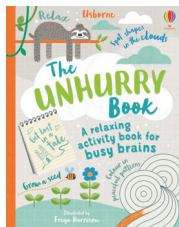
9780310731054
Pub Date: 5/6/2014
\$24.99 CAD
Paperback
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Calming Music Book

Sam Taplin

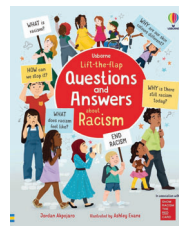
9781474948487
Pub Date: 5/15/2020
\$25.95 CAD
9 in H | 6.6 in W | 1.4 in T | 0.8 lb Wt



Unhurry Book

Eddie Reynolds, Lara Bryan

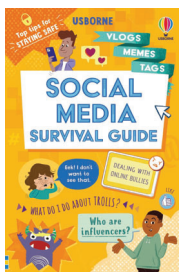
9781474970495
Pub Date: 7/15/2020
\$15.95 CAD
9 in H | 6.6 in W | 1.4 in T | 0.8 lb Wt



Lift-the-Flap Questions and Answers About Racism

Jordan Akpojaro, Ashley Evans

9781474995825
Pub Date: 2/1/2022
\$17.95 CAD
9 in H | 6.6 in W | 1.4 in T | 1.2 lb Wt



SOCIAL MEDIA SURVIVAL GUIDE

Holly Bathie

9781474999267
Pub Date: 7/19/2022
\$12.95 CAD
Trade Paperback
7.2 in H | 4.7 in W | 1 in T | 1.1 lb Wt



ALL ABOUT WORRIES AND FEARS

Felicity Brooks

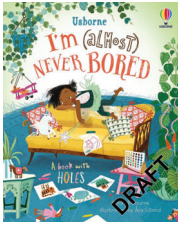
9781474999182
Pub Date: 6/7/2022
\$17.95 CAD
9 in H | 6.6 in W | 1.4 in T | 1.4 lb Wt



Life-the-Flap Questions and Answers About Feelings

Lara Bryan, Shelly Laslo

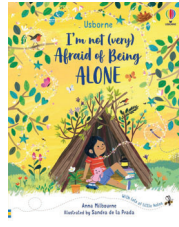
9781474986472
Pub Date: 3/15/2022
\$17.95 CAD
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IM (ALMOST) NEVER BORED

Anna Milbourne

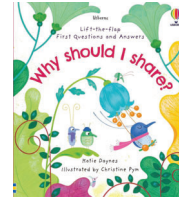
9781801319829
Pub Date: 6/28/2022
\$21.95 CAD
9 in H | 6.6 in W | 1.4 in T |
1.4 lb Wt



I'm Not (Very) Afraid of Being Alone

Anna Milbourne

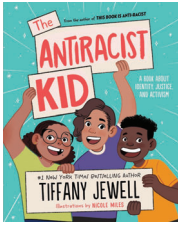
9781474986090
Pub Date: 9/7/2021
\$21.95 CAD
9 in H | 6.6 in W | 1.4 in T |
1 lb Wt



Lift-the-Flap First Questions and Answers Why Should I Share?

Katie Daynes

9781474996082
Pub Date: 3/15/2022
\$17.95 CAD
9 in H | 6.6 in W | 1.4 in T |
0.8 lb Wt



The Antiracist Kid

Tiffany Jewell, Nicole Miles

9780358629399
Pub Date: 10/4/2022
\$18.50 CAD
Hardcover
9 in H | 7.5 in W | 1.4 lb Wt



I Rise

Marie Arnold

9780358449041
Pub Date: 8/2/2022
\$23.99 CAD
Hardcover
8.3 in H | 5.5 in W | 1.4 lb
Wt



In the Beautiful Country

Jane Kuo

9780063118980
Pub Date: 6/14/2022
\$21.00 CAD
Hardcover
8.3 in H | 5.5 in W | 1.1 in T |
1.4 lb Wt



Five Things About Ava Andrews

Margaret Dilloway

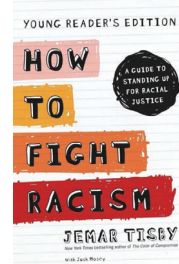
9780062803504
Pub Date: 2/8/2022
\$9.99 CAD
Paperback
7.6 in H | 5.1 in W | 0.5 lb
Wt



The Shape of Thunder

Jasmine Warga

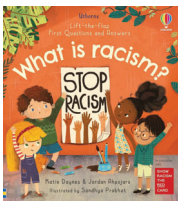
9780062956682
Pub Date: 5/3/2022
\$9.99 CAD
Paperback
7.6 in H | 5.1 in W | 0.6 in T |
0.7 lb Wt



How to Fight Racism Young Reader's Edition

Jemar Tisby

9780310751045
Pub Date:
\$21.99 CAD
Hardcover
9 in H | 5.5 in W | 1 in T |
0.8 lb Wt



What is Racism?

Katie Daynes, Sandhya Prabhat

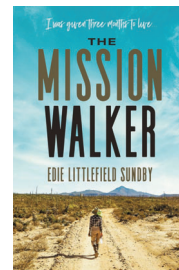
9781474995795
Pub Date: 11/10/2021
\$17.95 CAD
9 in H | 6.6 in W | 1.4 in T |
0.8 lb Wt



You're Always Enough

Emily Ley, Romina Galotta

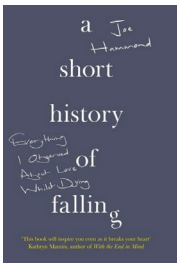
9781400231522
Pub Date: 5/10/2022
\$23.99 CAD
Hardcover Picture Book
10.9 in H | 9 in W



The Mission Walker

Edie Littlefield Sundby

9780718093501
Pub Date: 7/25/2017
\$31.00 CAD
Hardcover with dust jacket
9.3 in H | 6.2 in W | 1.1 in T |
1.1 lb Wt



A Short History of Falling

Joe Hammond

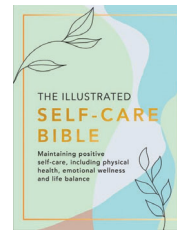
9780008339906
Pub Date: 5/5/2020
\$29.99 CAD
Hardcover
8 in H | 5.3 in W | 1 in T | 0.7 lb Wt



I'm Telling the Truth, but I'm Lying

Bassey Ikpi

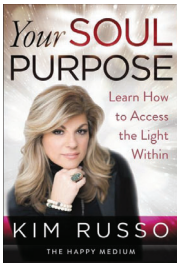
9780062698346
Pub Date: 8/20/2019
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.6 in T | 0.5 lb Wt



The Illustrated Self-Care Bible

Various, Rachel Newcombe

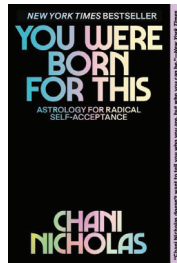
9780008417567
Pub Date: 5/4/2021
\$29.99 CAD
Paperback
10.6 in H | 8.3 in W | 1.1 in T | 2.9 lb Wt



Your Soul Purpose

Kim Russo

9780062854865
Pub Date: 4/28/2020
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.5 in T | 0.4 lb Wt



You Were Born for This

Chani Nicholas

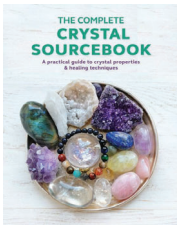
9780063043770
Pub Date: 2/9/2021
\$23.99 CAD
Paperback
8 in H | 5.3 in W | 0.7 in T | 0.5 lb Wt



Good Mourning

Theresa Caputo

9780063014565
Pub Date: 10/6/2020
\$34.99 CAD
Hardcover
9 in H | 6 in W | 0.8 in T | 0.8 lb Wt



The Complete Crystal Sourcebook

Rachel Newcombe, Claudia Martin

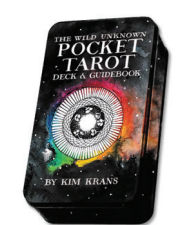
9780008479596
Pub Date: 3/15/2022
\$36.99 CAD
Paperback
10.6 in H | 8.3 in W | 0.9 in T | 2.4 lb Wt



True Heart Intuitive Tarot, Guidebook And Deck

Rachel True

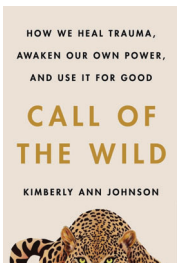
9781328566263
Pub Date: 10/13/2020
\$43.00 CAD
Paperback
8 in H | 5.5 in W | 1.7 lb Wt



The Wild Unknown Pocket Tarot

Kim Krans

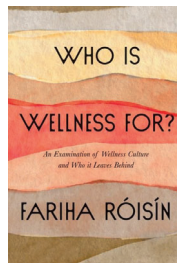
9780063113732
Pub Date: 11/16/2021
\$21.99 CAD
Hardcover
3.5 in H | 2 in W | 0.5 lb Wt



Call of the Wild

Kimberly Ann Johnson

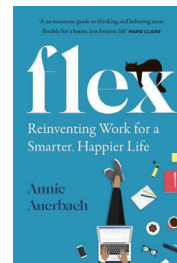
9780062970909
Pub Date: 4/13/2021
\$34.99 CAD
Hardcover
9 in H | 6 in W | 1 in T | 1 lb Wt



Who Is Wellness For?

Fariha Roisin

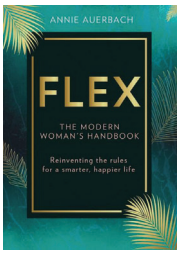
9780063077089
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\$33.50 CAD
Hardcover
8.3 in H | 5.5 in W | 1.1 in T | 1.4 lb Wt



FLEX

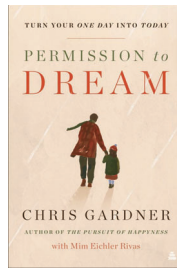
Annie Auerbach

9780008400422
Pub Date: 5/11/2021
\$18.99 CAD
Paperback
7.8 in H | 5.1 in W | 0.6 in T | 0.4 lb Wt



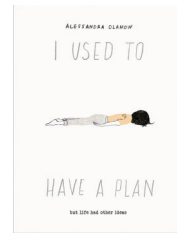
FLEX

Annie Auerbach
9780008315030
Pub Date: 6/4/2019
\$19.99 CAD
Hardcover
8 in H | 5.3 in W | 0.7 in T |
0.7 lb Wt



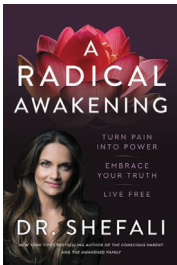
Permission to Dream

Chris Gardner, Mim Eichler Rivas
9780063031579
Pub Date: 4/12/2022
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.5 in T |
0.7 lb Wt



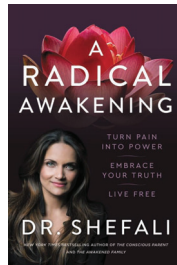
I Used to Have a Plan

Alessandra Olanow
9780062973627
Pub Date: 12/29/2020
\$21.00 CAD
Hardcover
7.1 in H | 5.5 in W | 0.6 in T |
0.7 lb Wt



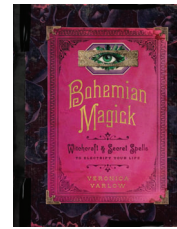
A Radical Awakening

Shefali Tsabary
9780062985897
Pub Date: 5/18/2021
\$34.99 CAD
Hardcover
9 in H | 6 in W | 1.2 in T |
1.2 lb Wt



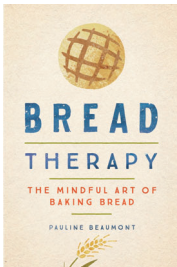
A Radical Awakening

Shefali Tsabary
9780062985903
Pub Date: 5/17/2022
\$21.99 CAD
Paperback
8 in H | 5.3 in W | 0.9 in T |
0.7 lb Wt



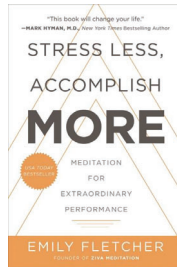
Bohemian Magick

Veronica Varlow
9780063027381
Pub Date: 11/2/2021
\$36.99 CAD
Hardcover
9 in H | 7 in W | 2 lb Wt



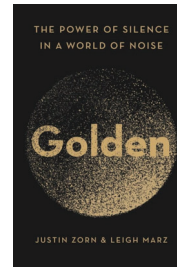
Bread Therapy

Pauline Beaumont
9780358519034
Pub Date: 10/13/2020
\$28.99 CAD
Hardcover
8.5 in H | 5.5 in W | 1 lb Wt



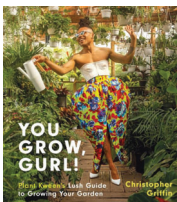
Stress Less, Accomplish More

Emily Fletcher
9780062747518
Pub Date: 2/18/2020
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.6 in T |
0.4 lb Wt



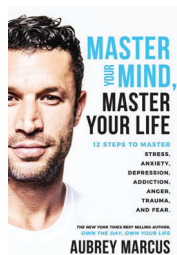
Golden

Justin Zorn, Leigh Marz
9780063027602
Pub Date: 5/17/2022
\$35.99 CAD
Hardcover
9 in H | 6 in W | 1.2 in T |
1.4 lb Wt



You Grow, Gurl!

Christopher Griffin, C. G.
9780063077041
Pub Date: 3/22/2022
\$36.99 CAD
Hardcover
9 in H | 8 in W | 0.9 in T | 1
lb Wt



Master Your Mind, Master Your Life

Aubrey Marcus
9780063030787
Pub Date: 9/15/2022
\$35.99 CAD
Hardcover
9 in H | 6 in W | 1.1 in T |
1.4 lb Wt



Bitchcraft

Kerry Colburn
9780358196983
Pub Date: 10/8/2019
\$22.99 CAD
Hardcover
7.3 in H | 5.3 in W | 0.6 lb
Wt



HausMagick

Erica Feldmann

9780062906151
Pub Date: 2/12/2019
\$31.99 CAD
Hardcover
8 in H | 6 in W | 0.9 in T |
1.4 lb Wt



Extreme You

Sarah Robb O'Hagan

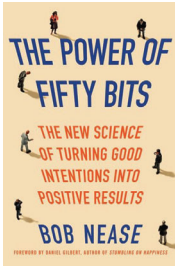
9780062456151
Pub Date: 4/4/2017
\$35.99 CAD
Hardcover
9 in H | 6 in W | 1.1 in T |
1.1 lb Wt



Mind Gym

Sebastian Bailey, Octavius Black

9780062331458
Pub Date: 1/19/2016
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.8 in T |
0.5 lb Wt



The Power of Fifty Bits

Bob Nease

9780062407450
Pub Date: 1/19/2016
\$36.99 CAD
Hardcover
9 in H | 6 in W | 0.8 in T |
0.8 lb Wt



Built Through Courage

Dave Hollis

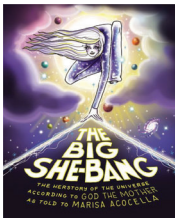
9781400230662
Pub Date: 10/26/2021
\$33.50 CAD
Hardcover with dust jacket
9.3 in H | 6.3 in W | 1 in T |
0.9 lb Wt



Girl, Stop Apologizing

Rachel Hollis

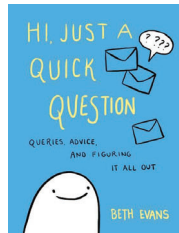
9781400209606
Pub Date: 3/5/2019
\$31.00 CAD
Hardcover
8.7 in H | 5.7 in W | 0.9 in T |
0.8 lb Wt



The Big She-Bang

Marisa Acocella

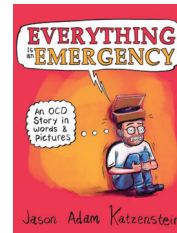
9780062905666
Pub Date: 11/17/2020
\$40.50 CAD
Hardcover
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1.8 lb Wt



Hi, Just a Quick Question

Beth Evans

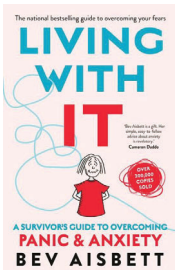
9780062983671
Pub Date: 8/25/2020
\$19.99 CAD
Paperback
7.5 in H | 5.6 in W | 0.7 in T |
0.8 lb Wt



Everything Is an Emergency

Jason Adam Katzenstein

9780062950079
Pub Date: 6/30/2020
\$24.99 CAD
Hardcover
8 in H | 6 in W | 0.9 in T |
0.8 lb Wt



Living With It: A Survivor's Guide to Overcoming Panic and Anxiety

Bev Aisbett

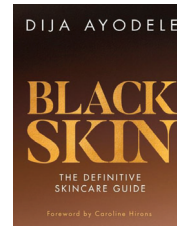
9781460757178
Pub Date: 10/3/2019
\$15.99 CAD
B-format Paperback
8.3 in H | 5.4 in W | 0.5 in T |
0.3 lb Wt



The Complete Essential Oils Sourcebook

Julia Lawless

9780007950898
Pub Date: 3/1/2016
\$26.99 CAD
Paperback
1.4 lb Wt



Black Skin

Diya Ayodele

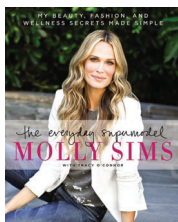
9780008464158
Pub Date: 5/17/2022
\$36.99 CAD
Hardcover
9.5 in H | 7.5 in W | 1 in T |
2.2 lb Wt



Skincare

Caroline Hirons

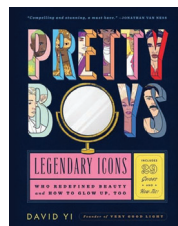
9780008517823
Pub Date: 4/12/2022
\$34.99 CAD
Hardcover
9.5 in H | 7.5 in W | 1.2 in T | 2.5 lb Wt



The Everyday Supermodel

Molly Sims, Tracy O'Connor

9780062274151
Pub Date: 1/6/2015
\$31.00 CAD
Paperback
9.1 in H | 7.4 in W | 0.8 in T | 1.9 lb Wt



Pretty Boys

David Yi, Paul Tuller

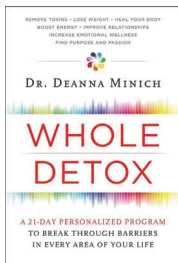
9780358410683
Pub Date: 6/22/2021
\$32.00 CAD
Hardcover
9 in H | 7 in W | 1.6 lb Wt



Hot Detox

Julie Daniluk, Shannon Ross

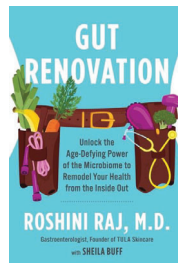
9781443450676
Pub Date: 12/27/2016
\$29.99 CAD
Paperback
9 in H | 7.5 in W | 0.9 in T | 2.1 lb Wt



Whole Detox

Deanna Minich

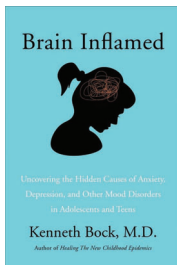
9780062426802
Pub Date: 3/7/2017
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 1 in T | 0.7 lb Wt



Gut Renovation

Dr. Roshini Raj

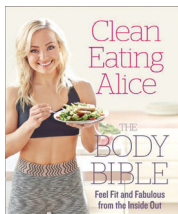
9780063144200
Pub Date: 3/1/2022
\$34.99 CAD
Hardcover
9 in H | 6 in W | 1 in T | 1 lb Wt



Brain Inflamed

Kenneth Bock, MD

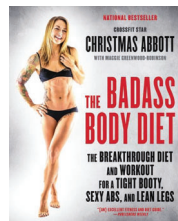
9780062970879
Pub Date: 3/2/2021
\$35.99 CAD
Hardcover
9 in H | 6 in W | 1 in T | 1 lb Wt



Clean Eating Alice The Body Bible

Alice Liveing

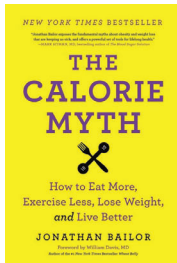
9780008167202
Pub Date: 1/3/2017
\$26.99 CAD
Paperback
9.1 in H | 7.4 in W | 0.6 in T | 1.5 lb Wt



The Badass Body Diet

Christmas Abbott

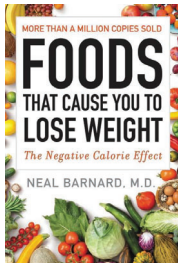
9780062390967
Pub Date: 4/11/2017
\$21.99 CAD
Paperback
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The Calorie Myth

Jonathan Bailor

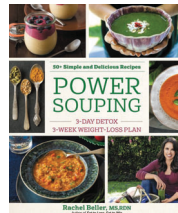
9780062267344
Pub Date: 1/6/2015
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.8 in T | 0.5 lb Wt



Foods That Cause You to Lose Weight

Neal Barnard, M.D.

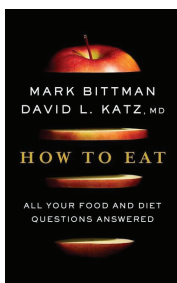
9780062570369
Pub Date: 7/26/2016
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt



Power Souping

Rachel Beller

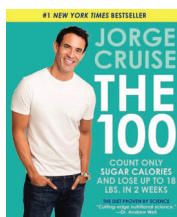
9780062424921
Pub Date: 3/22/2016
\$31.00 CAD
Paperback
9.1 in H | 7.4 in W | 0.7 in T | 1.6 lb Wt



How To Eat

Mark Bittman, David Katz

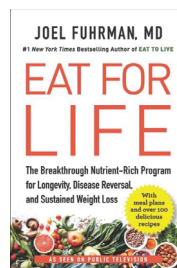
9780358128823
Pub Date: 3/3/2020
\$25.99 CAD
Hardcover
8 in H | 5 in W | 0.9 lb Wt



The 100

Jorge Cruise

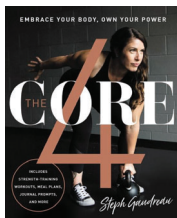
9780062249128
Pub Date: 12/30/2014
\$21.00 CAD
Paperback
9.1 in H | 7.5 in W | 0.7 in T | 1.1 lb Wt



Eat for Life

Joel Fuhrman, M.D.

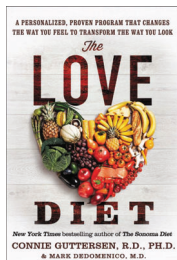
9780062249302
Pub Date: 12/29/2020
\$23.99 CAD
Paperback
8 in H | 5.3 in W | 0.9 in T | 0.7 lb Wt



The Core 4

Stephanie Gaudreau

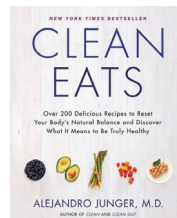
9780062859754
Pub Date: 7/30/2019
\$34.99 CAD
Hardcover
9.1 in H | 7.4 in W | 1 in T | 1.5 lb Wt



The Love Diet

Dr. Connie Guttersen, Mark Dedomenico, M.D.

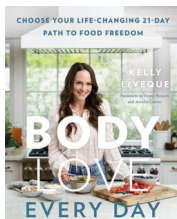
9780062303059
Pub Date: 5/3/2016
\$31.99 CAD
Hardcover
9 in H | 6 in W | 1.1 in T | 1 lb Wt



Clean Eats

Alejandro Junger

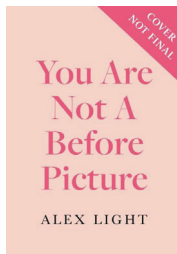
9780062327819
Pub Date: 4/29/2014
\$36.99 CAD
Hardcover
9.3 in H | 7.4 in W | 1.1 in T | 2 lb Wt



Body Love Every Day

Kelly LeVeque

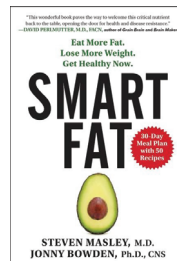
9780062870803
Pub Date: 12/30/2019
\$36.99 CAD
Hardcover
9.1 in H | 7.4 in W | 1.2 in T | 2 lb Wt



You Are Not a Before Picture

Alex Light

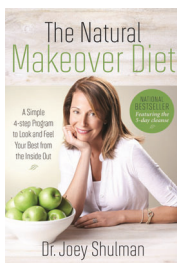
9780008507565
Pub Date: 8/16/2022
\$34.99 CAD
Hardcover
8 in H | 6.3 in W | 0.6 in T | 0.6 lb Wt



Smart Fat

Steven Masley, M.D., Jonny Bowden, Ph.D

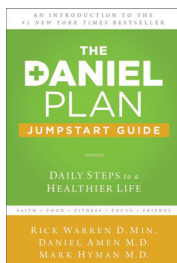
9780062392329
Pub Date: 1/3/2017
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt



The Natural Makeover Diet

Dr. Joey Shulman

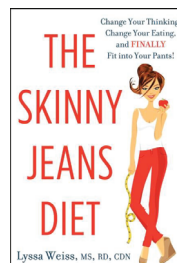
9781443427982
Pub Date: 9/2/2014
\$19.99 CAD
Trade Paperback
9 in H | 6 in W | 0.7 lb Wt



The Daniel Plan Jumpstart Guide

Rick Warren, Dr. Daniel Amen, Dr. Mark Hyman

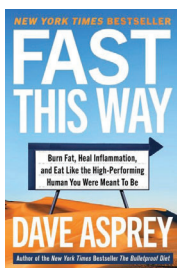
9780310341659
Pub Date: 7/22/2014
\$3.99 CAD
Paperback
6 in H | 4 in W | 0.3 in T | 0.2 lb Wt



The Skinny Jeans Diet

Lyssa Weiss

9780062135605
Pub Date: 12/30/2014
\$19.99 CAD
Paperback
9 in H | 6 in W | 0.8 in T | 0.7 lb Wt

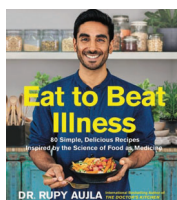


Fast This Way

Dave Asprey

9780062882868
Pub Date: 1/19/2021
\$35.99 CAD

Hardcover
9 in H | 6 in W | 1 in T | 1 lb Wt



Eat to Beat Illness

Dr. Rupy Aujla

9780062916280
Pub Date: 9/17/2019
\$41.00 CAD

Hardcover
9.3 in H | 8.3 in W | 0.9 in T | 2.2 lb Wt

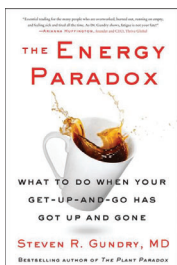


Eat Dirt

Dr. Josh Axe

9780062433640
Pub Date: 3/29/2016
\$35.99 CAD

Hardcover
9 in H | 6 in W | 1.1 in T | 1.2 lb Wt

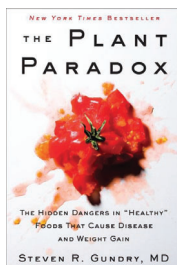


The Energy Paradox

Dr. Steven R. Gundry, MD

9780063005730
Pub Date: 3/16/2021
\$36.99 CAD

Hardcover
9 in H | 6 in W | 1.1 in T | 1.1 lb Wt

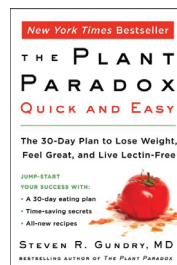


The Plant Paradox

Dr. Steven R. Gundry, MD

9780062427137
Pub Date: 4/25/2017
\$36.99 CAD

Hardcover
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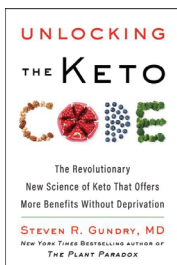


The Plant Paradox Quick and Easy

Dr. Steven R. Gundry, MD

9780062911995
Pub Date: 1/8/2019
\$23.99 CAD

Paperback
8 in H | 5.3 in W | 0.6 in T | 0.5 lb Wt



Unlocking the Keto Code

Dr. Steven R. Gundry, MD

9780063118386
Pub Date: 3/8/2022
\$38.99 CAD

Hardcover
9 in H | 6 in W | 0.9 in T | 0.9 lb Wt

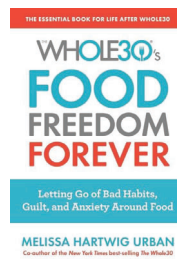


The Whole30 Day By Day

Melissa Hartwig Urban

9781328839237
Pub Date: 12/5/2017
\$27.99 CAD

Hardcover
8 in H | 5 in W | 0.8 lb Wt

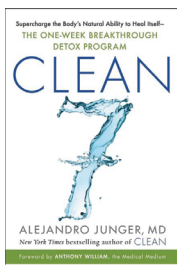


The Whole30's Food Freedom Forever

Melissa Hartwig Urban

9780358097426
Pub Date: 1/29/2019
Paperback

9 in H | 5.9 in W | 0.9 lb Wt

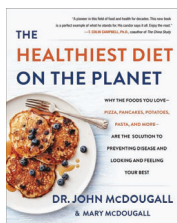


CLEAN 7

Alejandro Junger

9780062792280
Pub Date: 12/3/2019
\$33.50 CAD

Hardcover
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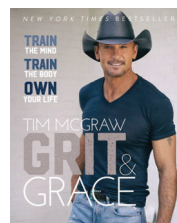


The Healthiest Diet on the Planet

Dr. John McDougall

9780062426765
Pub Date: 9/27/2016
\$34.99 CAD

Hardcover
9.3 in H | 7.4 in W | 0.7 in T | 1.6 lb Wt



Grit & Grace

Tim McGraw

9780062915931
Pub Date: 11/5/2019
\$36.99 CAD

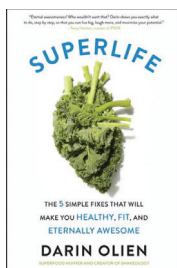
Hardcover
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Farmacology

Daphne Miller, M.D.

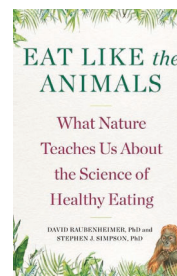
9780062103154
Pub Date: 3/15/2016
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.7 in T |
0.5 lb Wt



SuperLife

Darin Olien

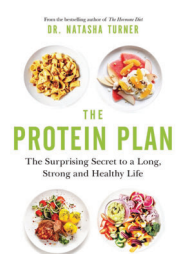
9780062297198
Pub Date: 1/3/2017
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Paperback
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Eat Like The Animals

David Raubenheimer,
Stephen Simpson

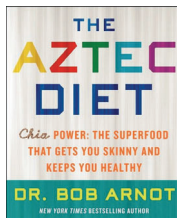
9781328587855
Pub Date: 4/7/2020
\$40.00 CAD
Hardcover
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The Protein Plan

Natasha Turner

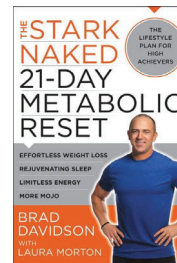
9781443463188
Pub Date: 12/13/2022
\$24.99 CAD
Paperback
9 in H | 6 in W | 0.7 lb Wt



The Aztec Diet

Dr. Bob Arnot

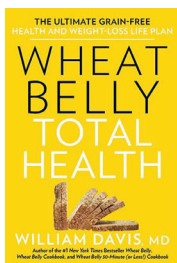
9780062124074
Pub Date: 12/31/2013
\$24.99 CAD
Paperback
9.1 in H | 7.4 in W | 0.7 in T |
1.1 lb Wt



The Stark Naked 21-Day Metabolic Reset

Brad Davidson

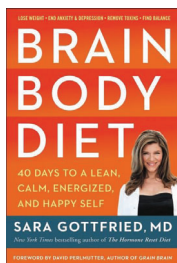
9780062369222
Pub Date: 1/3/2017
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Paperback
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0.5 lb Wt



Wheat Belly Total Health

William Davis, M.D.

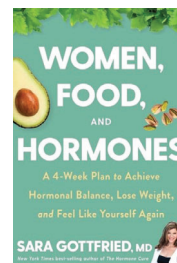
9781443435840
Pub Date: 9/13/2016
\$19.99 CAD
Paperback
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Brain Body Diet

Sara Gottfried, M.D.

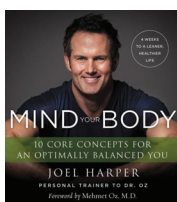
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Pub Date: 3/5/2019
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Hardcover
9 in H | 6 in W | 1.2 in T |
1.2 lb Wt



Women, Food, And Hormones

Sara Gottfried

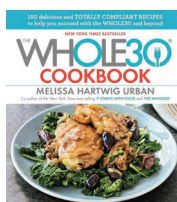
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Mind Your Body

Joel Harper

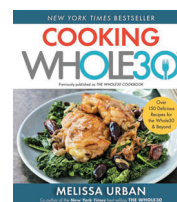
9780062348210
Pub Date: 3/1/2016
\$19.99 CAD
Paperback
8.7 in H | 7.7 in W | 0.6 in T |
1.2 lb Wt



The Whole30 Cookbook

Melissa Hartwig Urban

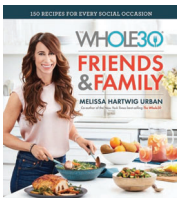
9780544854413
Pub Date: 12/6/2016
\$37.00 CAD
Hardcover
9 in H | 8 in W | 2.3 lb Wt



Cooking Whole30

Melissa Hartwig Urban

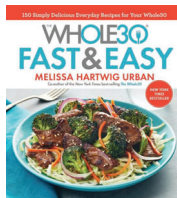
9780358539926
Pub Date: 12/29/2020
\$27.00 CAD
Paperback
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The Whole30 Friends & Family

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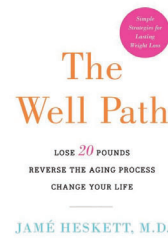
9780358115793
Pub Date: 10/15/2019
\$37.00 CAD
Hardcover
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The Whole30 Fast & Easy Cookbook

Melissa Hartwig Urban

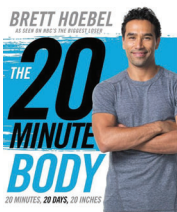
9781328839206
Pub Date: 12/5/2017
\$37.00 CAD
Hardcover
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The Well Path

Jame Heskett, M.D.

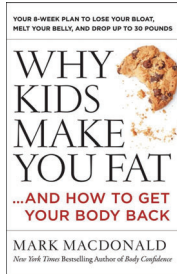
9780062415530
Pub Date: 3/8/2016
\$34.99 CAD
Hardcover
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The 20-Minute Body

Brett Hoebel

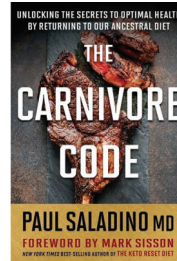
9780062316783
Pub Date: 3/24/2015
\$34.99 CAD
Hardcover
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Why Kids Make You Fat

Mark Macdonald

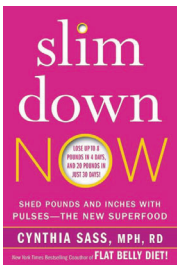
9780062363947
Pub Date: 5/10/2016
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.7 in T | 0.5 lb Wt



The Carnivore Code

Paul Saladino

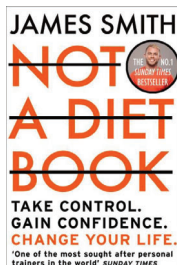
9780358469971
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\$29.00 CAD
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Slim Down Now

Cynthia Sass

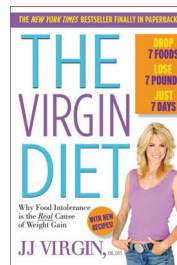
9780062311849
Pub Date: 3/8/2016
\$19.99 CAD
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James Smith

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Glow15

Naomi Whittel

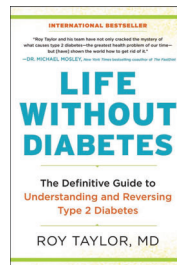
9781328897671
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The 30-Day Alzheimer's Solution

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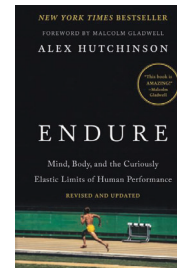
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The Belly Burn Plan

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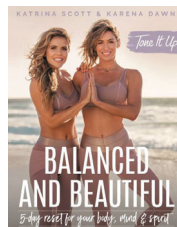
9780062429803
Pub Date: 1/5/2016
\$21.00 CAD
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0.5 lb Wt



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10 in H | 8 in W | 0.6 in T |
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Tone It Up: Balanced and Beautiful

Katrina Scott, Karena Dawn

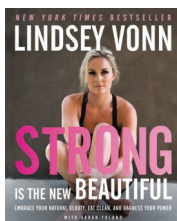
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Eat It!

Jordan Syatt, Michael
Vacanti

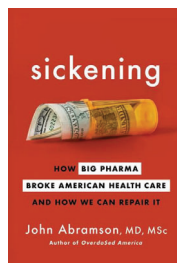
9780063015005
Pub Date: 6/7/2022
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1 lb Wt



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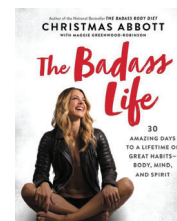
9780062400581
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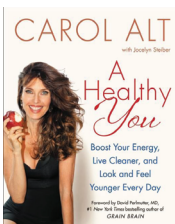
9781328957818
Pub Date: 2/8/2022
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1.2 lb Wt



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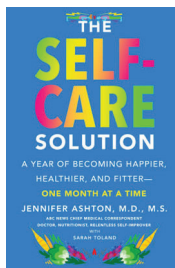
Christmas Abbott

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1.2 lb Wt



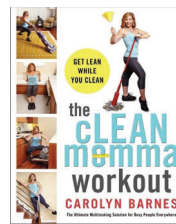
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Carol Alt
9780062392978
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9780062885425
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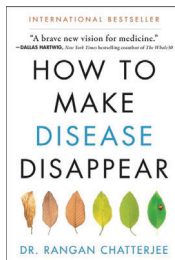
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Carolyn Barnes
9780062211156
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\$21.00 CAD
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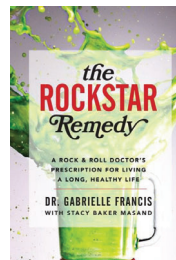
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Dr. Gabrielle Francis, Stacy Baker
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Pub Date: 12/30/2014
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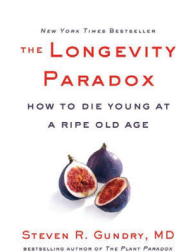
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Kate Hudson
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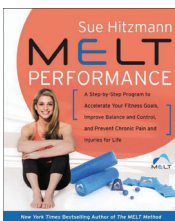
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Alice Liveing
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Pub Date: 12/26/2017
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Paperback
9.1 in H | 7.4 in W | 0.6 in T | 1.5 lb Wt



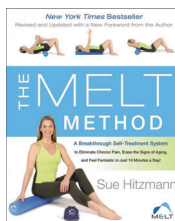
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Dr. Steven R. Gundry, MD
9780062843395
Pub Date: 3/19/2019
\$35.99 CAD
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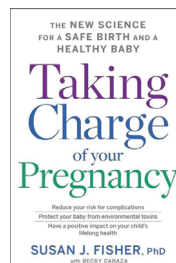
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Sue Hitzmann
9780062882424
Pub Date: 4/30/2019
\$35.99 CAD
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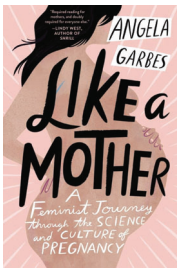
The MELT Method

Sue Hitzmann
9780062065360
Pub Date: 9/27/2016
\$24.99 CAD
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Susan J. Fisher
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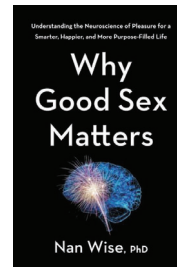
Like a Mother

Angela Garbes
9780062662958
Pub Date: 5/7/2019
\$21.00 CAD
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8 in H | 5.3 in W | 0.6 in T |
0.4 lb Wt



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Catherine Claire Larson
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8 in H | 6 in W



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Nan Wise
9781328451309
Pub Date: 1/28/2020
\$40.00 CAD
Hardcover
9 in H | 6 in W | 1 lb Wt



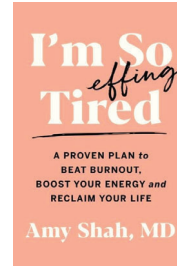
The Longevity Book

Cameron Diaz, Sandra Bark
9780062375186
Pub Date: 4/5/2016
\$34.99 CAD
Hardcover
9.1 in H | 7.4 in W | 0.9 in T |
2.1 lb Wt



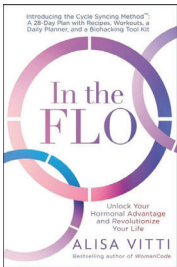
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Stacey Griffith
9780062496850
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\$21.00 CAD
Paperback
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0.9 lb Wt



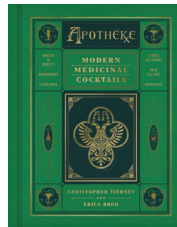
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Amy Shah
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Pub Date: 3/2/2021
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Hardcover
9 in H | 6 in W | 1.2 lb Wt



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Alisa Vitti
9780062870490
Pub Date: 2/16/2021
\$21.99 CAD
Paperback
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0.6 lb Wt



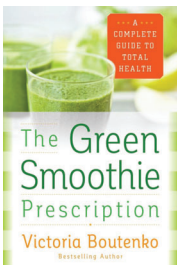
Apotheke

Christopher Tierney, Erica Brod
9780062995247
Pub Date: 11/24/2020
\$46.50 CAD
Hardcover
9 in H | 7 in W | 1 in T | 2 lb Wt



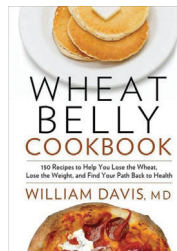
Doctor's Kitchen 3-2-1

Dr Rupy Aujla
9780008395414
Pub Date: 3/2/2021
\$36.99 CAD
Paperback
9.1 in H | 7.4 in W | 0.8 in T |
1.7 lb Wt



The Green Smoothie Prescription

Victoria Boutenko
9780062336545
Pub Date: 5/3/2016
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.5 in T |
0.3 lb Wt



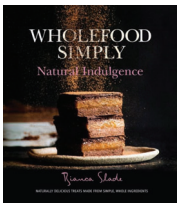
Wheat Belly Cookbook

William Davis, M.D.
9781443416337
Pub Date: 12/18/2012
\$24.99 CAD
Paperback
9.1 in H | 7.5 in W | 0.8 in T |
0.7 lb Wt



The Plant Paradox Cookbook

Dr. Steven R. Gundry, MD
9780062843371
Pub Date: 4/10/2018
\$43.50 CAD
Hardcover
9.1 in H | 7.4 in W | 0.9 in T |
2.1 lb Wt



Wholefood Simply: Natural Indulgence

Bianca Slade

9780733338564

Pub Date: 5/22/2020

\$36.99 CAD

Paperback

9.7 in H | 8.5 in W | 0.7 in T

| 1.7 lb Wt



Simply Julia

Julia Turshen

9780062993335

Pub Date: 3/2/2021

\$39.99 CAD

Hardcover

10 in H | 8 in W | 1.1 in T |

2.5 lb Wt



Everyone's Table

Gregory Gourdet, JJ Goode, EdD.

9780062984517

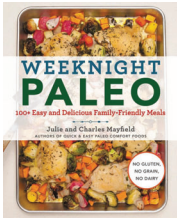
Pub Date: 5/11/2021

\$46.50 CAD

Hardcover

10 in H | 8 in W | 1.5 in T |

3.1 lb Wt



Weeknight Paleo

Julie Mayfield, Charles Mayfield

Mayfield

9780062419651

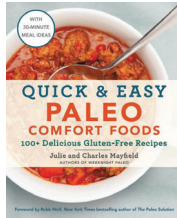
Pub Date: 2/21/2017

\$36.99 CAD

Paperback

9.1 in H | 7.4 in W | 0.7 in T

| 1.6 lb Wt



Quick & Easy Paleo Comfort Foods

Julie Mayfield, Charles Mayfield

Mayfield

9780062562203

Pub Date: 12/27/2016

\$31.99 CAD

Paperback

9.1 in H | 7.4 in W | 0.7 in T

| 1.6 lb Wt



The Grain-Free Family Table

Carrie Vitt

9780062308153

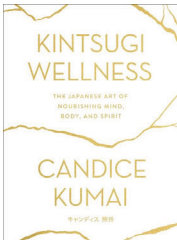
Pub Date: 11/18/2014

\$36.99 CAD

Hardcover

9 in H | 8 in W | 1 in T | 2.3

lb Wt



Kintsugi Wellness

Candice Kumai

9780062669858

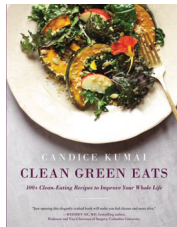
Pub Date: 4/17/2018

\$36.99 CAD

Hardcover

9 in H | 7 in W | 1.3 in T |

2.2 lb Wt



Clean Green Eats

Candice Kumai

9780062388735

Pub Date: 6/23/2015

\$35.99 CAD

Hardcover

9 in H | 7 in W | 0.9 in T |

2.2 lb Wt



Coconuts and Kettlebells

Noelle Tarr, Stefani Ruper

9780062690296

Pub Date: 8/7/2018

\$36.99 CAD

Hardcover

9.1 in H | 7.4 in W | 1.1 in T

| 2.7 lb Wt



The Fast Revolution: 100 top-rated recipes for intermittent fasting from Australia's #1 food site

taste.com.au

9781460758816

Pub Date: 2/12/2021

\$24.99 CAD

Paperback

10 in H | 8.1 in W | 0.7 in T

| 1.9 lb Wt



Wild Sweetness

Thalia Ho

9780062958426

Pub Date: 3/23/2021

\$36.99 CAD

Hardcover

9.9 in H | 8.5 in W | 2.7 lb

Wt



Secrets of Great Second Meals

Sara Dickerman

9780062672971

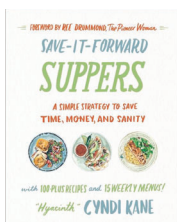
Pub Date: 2/12/2019

\$37.00 CAD

Hardcover

9.1 in H | 7.4 in W | 1.1 in T

| 2.4 lb Wt



Save-It-Forward Suppers

Cyndi Kane, Ree Drummond

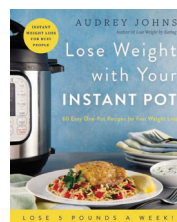
9780063042704
Pub Date: 3/1/2022
\$34.50 CAD
Hardcover
9.1 in H | 7.4 in W | 1.1 in T
| 2 lb Wt



The Huckle & Goose Cookbook

Anca Toderic, Christine Lucaciu

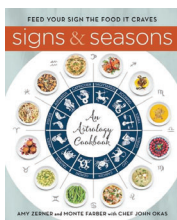
9780062839688
Pub Date: 5/28/2019
\$36.99 CAD
Hardcover
9.1 in H | 7.4 in W | 1.3 in T
| 2.3 lb Wt



Lose Weight with Your Instant Pot

Audrey Johns

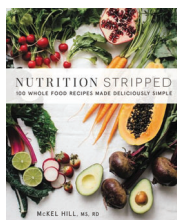
9780062874559
Pub Date: 11/6/2018
\$31.99 CAD
Paperback
9.1 in H | 7.4 in W | 0.4 in T
| 1 lb Wt



Signs and Seasons

Monte Farber, Amy Zerner

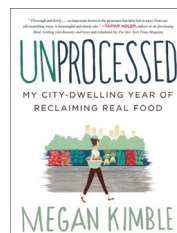
9780062461346
Pub Date: 5/2/2017
\$41.00 CAD
Hardcover
9.1 in H | 7.4 in W | 0.9 in T
| 1.6 lb Wt



Nutrition Stripped

McKel Hill

9780062419927
Pub Date: 8/23/2016
\$29.99 CAD
Paperback
9.1 in H | 7.4 in W | 0.8 in T
| 1.8 lb Wt



Unprocessed

Megan Kimble

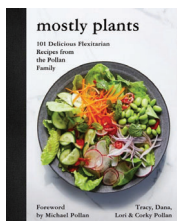
9780062382467
Pub Date: 6/23/2015
\$21.00 CAD
Paperback
8 in H | 6 in W | 0.9 in T
| 0.9 lb Wt



A Girl and Her Greens

April Bloomfield, JJ Goode, EdD.

9780062225887
Pub Date: 4/21/2015
\$43.50 CAD
Hardcover
9.2 in H | 7.5 in W | 1 in T
| 2.1 lb Wt



Mostly Plants

Tracy Pollan, Dana Pollan, Lori Pollan, Corky Pollan, Michael Pollan

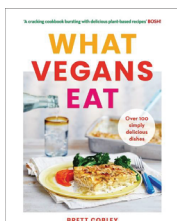
9780062821386
Pub Date: 4/16/2019
\$40.50 CAD
Hardcover
10 in H | 8 in W | 1.1 in T
| 2.4 lb Wt



Root to Leaf

Steven Satterfield

9780062283696
Pub Date: 3/3/2015
\$56.00 CAD
Hardcover
9.2 in H | 7.5 in W | 1.4 in T
| 3.4 lb Wt



What Vegans Eat

Brett Cobley

9780008320799
Pub Date: 2/12/2019
\$34.99 CAD
Hardcover
9.5 in H | 7.5 in W | 0.8 in T
| 1.8 lb Wt



Brave New Meal

Bad Manners

9781443459297
Pub Date: 11/23/2021
\$34.99 CAD
Hardcover
9.1 in H | 7.5 in W | 0.8 in T
| 1.9 lb Wt



What Vegans Eat - Easy Vegan!

Brett Cobley

9780008444471
Pub Date: 7/6/2021
\$34.99 CAD
Hardcover
9.5 in H | 7.5 in W | 0.7 in T
| 1.7 lb Wt



A Modern Way to Eat

Anna Jones, Jamie Oliver

9780007516704

Pub Date: 9/16/2014

\$44.99 CAD

Hardcover

9.9 in H | 7.7 in W | 1.3 in T | 2.7 lb Wt



One: Pot, Pan, Planet

Anna Jones

9780008172480

Pub Date: 4/27/2021

\$39.99 CAD

Hardcover

9.9 in H | 7.7 in W | 1.3 in T | 2.6 lb Wt



30 Days 30 Ways To Overcome Depression

Bev Aisbett

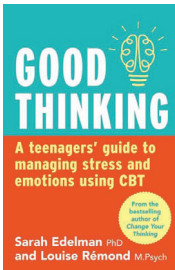
9781460758106

Pub Date: 1/5/2021

\$19.99 CAD

B-format Paperback

8.3 in H | 5.4 in W | 0.7 in T | 0.5 lb Wt



Good Thinking: A Teenager's Guide to Managing Stress and Emotion Using CBT

Sarah Edelman, Louise Remond

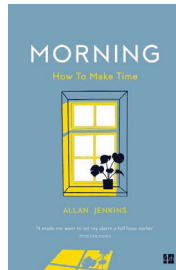
9780733338281

Pub Date: 3/2/2021

\$21.99 CAD

Trade Paperback

9.3 in H | 6.1 in W | 0.7 in T | 0.7 lb Wt



Morning

Allan Jenkins

9780008264376

Pub Date: 4/23/2019

\$17.99 CAD

Paperback

7.8 in H | 5.1 in W | 0.5 in T | 0.4 lb Wt



The Comfort Book

Matt Haig

9781443464772

Pub Date: 7/6/2021

\$24.99 CAD

Hardcover

7 in H | 5 in W | 0.7 in T | 0.6 lb Wt



Notes From Your Therapist

Allyson Dinneen

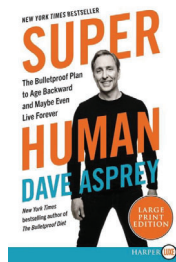
9780358377474

Pub Date: 1/12/2021

\$25.00 CAD

Hardcover

6.5 in H | 6.5 in W | 0.9 lb Wt



Super Human LP

Dave Asprey

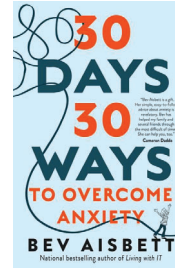
9780062943866

Pub Date: 10/8/2019

\$38.50 CAD

Trade Paperback

9 in H | 6 in W | 1.3 in T | 1.1 lb Wt



30 Days 30 Ways to Overcome Anxiety

Bev Aisbett

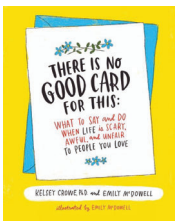
9781460757871

Pub Date: 6/3/2019

\$17.99 CAD

B-format Paperback

8.3 in H | 5.3 in W



There Is No Good Card for This

Dr. Kelsey Crowe, Emily McDowell

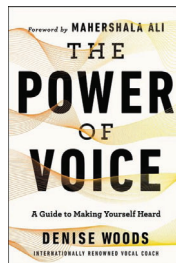
9780062469991

Pub Date: 1/17/2017

\$31.99 CAD

Hardcover

8 in H | 6 in W | 0.9 in T | 1.4 lb Wt



The Power of Voice

Denise Woods

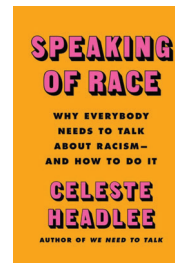
9780062941039

Pub Date: 1/26/2021

\$34.99 CAD

Hardcover

9 in H | 6 in W | 1.1 in T | 1 lb Wt



Speaking of Race

Celeste Headlee

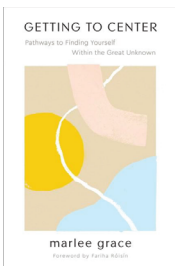
9780063098152

Pub Date: 11/2/2021

\$34.99 CAD

Hardcover

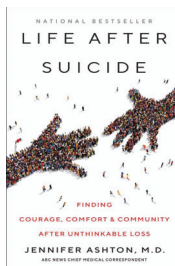
9 in H | 6 in W | 0.9 in T | 0.9 lb Wt



Getting to Center

Marlee Grace

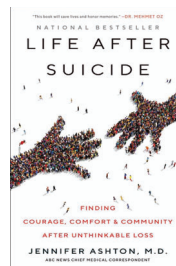
9780062969774
Pub Date: 10/27/2020
\$21.99 CAD
Paperback
8 in H | 5.3 in W | 0.5 in T |
0.4 lb Wt



Life After Suicide

Jennifer Ashton, M.D.

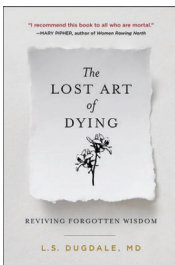
9780062906038
Pub Date: 5/7/2019
\$31.00 CAD
Hardcover
8.3 in H | 5.5 in W | 0.8 lb
Wt



Life After Suicide

Jennifer Ashton, M.D.

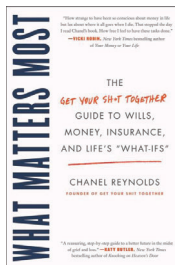
9780062906045
Pub Date: 9/15/2020
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.6 in T |
0.5 lb Wt



The Lost Art of Dying

L.S. Dugdale

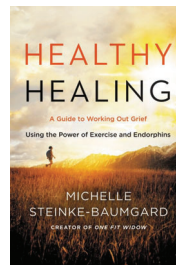
9780062932631
Pub Date: 7/7/2020
\$34.99 CAD
Hardcover
8.3 in H | 5.5 in W | 0.9 in T |
0.8 lb Wt



What Matters Most

Chanel Reynolds

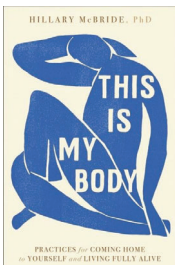
9780062689443
Pub Date: 1/5/2021
\$21.99 CAD
Paperback
8 in H | 5.3 in W | 0.8 in T |
0.6 lb Wt



Healthy Healing

Michelle Steinke-Baumgard

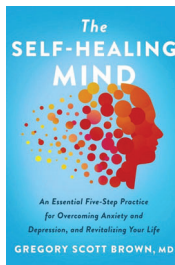
9780062656032
Pub Date: 10/24/2017
\$21.99 CAD
Paperback
8.3 in H | 5.5 in W | 0.8 in T |
0.7 lb Wt



This Is My Body

Hillary McBride

9780310359715
Pub Date: 2/9/2021
\$31.99 CAD
Hardcover with dust jacket
1 in H | 1 in W | 1 in T | 1 lb
Wt



The Self-Healing Mind

Gregory Scott Brown, M.D.

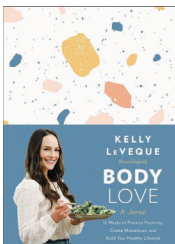
9780063094475
Pub Date: 6/7/2022
\$34.99 CAD
Hardcover
9 in H | 6 in W | 1.1 in T |
1.4 lb Wt



Skogluff

Jorn Viumdal

9780062896223
Pub Date: 5/7/2019
\$31.99 CAD
Hardcover
8.5 in H | 6.8 in W | 1.1 in T |
1.7 lb Wt



Body Love: A Journal

Kelly LeVeque

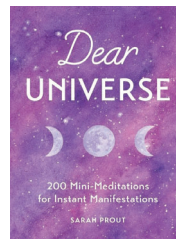
9780063048980
Pub Date: 12/29/2020
\$18.50 CAD
Hardcover
7.9 in H | 5.8 in W | 1.2 in T |
1.4 lb Wt



Present Over Perfect Guided Journal

Shauna Niequist

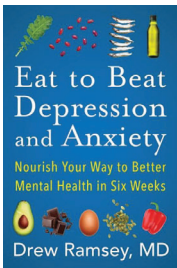
9780310456834
Pub Date: 4/13/2021
\$24.99 CAD
Hardcover
8.3 in H | 6.4 in W | 0.8 in T |
1.1 lb Wt



Dear Universe

Sarah Prout

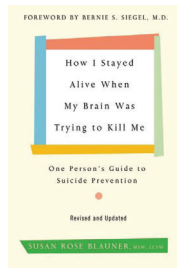
9781328604309
Pub Date: 4/2/2019
\$29.00 CAD
Hardcover
8 in H | 6 in W | 1.4 lb Wt



Eat to Beat Depression and Anxiety

Drew Ramsey, M.D.

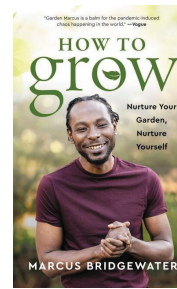
9780063031715
Pub Date: 3/16/2021
\$34.99 CAD
Hardcover
9 in H | 6 in W | 1 in T | 1 lb Wt



How I Stayed Alive When My Brain Was Trying to Kill Me, Revised Edition

Susan Rose Blauner

9780062936387
Pub Date: 6/25/2019
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt



How to Grow

Marcus Bridgewater

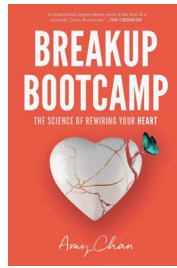
9780063141445
Pub Date: 5/24/2022
\$28.50 CAD
Hardcover
8 in H | 5 in W | 0.9 in T | 1 lb Wt



Heart and Hustle

Patricia Bright

9780008263102
Pub Date: 7/30/2019
\$32.99 CAD
Hardcover
9.4 in H | 6.3 in W | 1.1 in T | 1.1 lb Wt



Breakup Bootcamp

Amy Chan

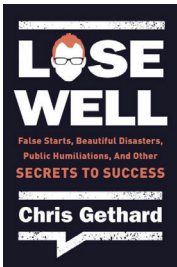
9780062914743
Pub Date: 12/1/2020
\$23.99 CAD
Paperback
9 in H | 6 in W | 0.8 in T | 0.8 lb Wt



You're Already Awesome

Alison Faulkner

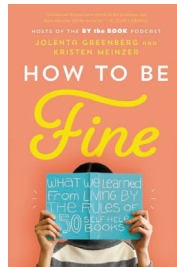
9780063075962
Pub Date: 8/16/2022
\$31.99 CAD
Hardcover
8.3 in H | 5.5 in W | 0.9 in T | 1 lb Wt



Lose Well

Chris Gethard

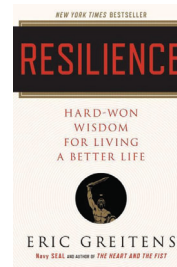
9780062691422
Pub Date: 12/3/2019
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.6 in T | 0.4 lb Wt



How to Be Fine

Jolenta Greenberg, Kristen Meinzer

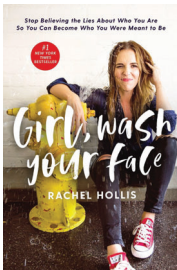
9780062957207
Pub Date: 3/9/2021
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.6 in T | 0.4 lb Wt



Resilience

Eric Greitens

9780544705265
Pub Date: 5/3/2016
\$24.99 CAD
Paperback
8 in H | 5.3 in W | 0.6 lb Wt



Girl, Wash Your Face

Rachel Hollis

9781400201655
Pub Date: 2/6/2018
\$33.50 CAD
Hardcover
8.7 in H | 5.8 in W | 0.9 in T | 0.7 lb Wt



Over It

Lolo Jones

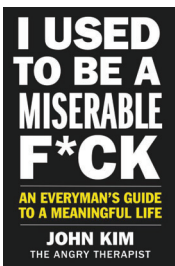
9781400224197
Pub Date: 7/20/2021
\$31.00 CAD
Hardcover with dust jacket
8.7 in H | 5.7 in W | 0.9 in T | 0.7 lb Wt



Single On Purpose

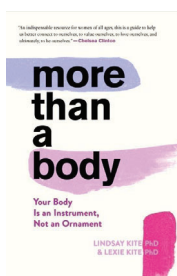
John Kim

9780062980731
Pub Date: 1/12/2021
\$31.00 CAD
Hardcover
8.3 in H | 5.5 in W | 0.9 in T | 0.8 lb Wt



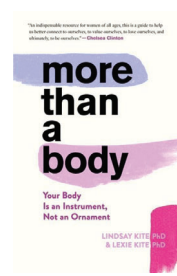
I Used to Be a Miserable F*ck

John Kim
9780062856340
Pub Date: 1/29/2019
\$31.00 CAD
Hardcover
8.3 in H | 5.5 in W | 0.9 in T | 0.8 lb Wt



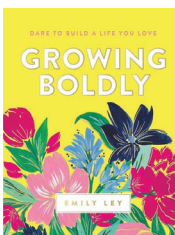
More Than A Body

Lexie Kite, Lindsay Kite
9780358229247
Pub Date: 12/29/2020
\$38.00 CAD
Hardcover
8.3 in H | 5.5 in W | 1 lb Wt



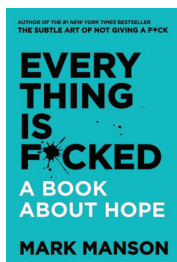
More Than A Body

Lexie Kite, Lindsay Kite
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Pub Date: 12/28/2021
\$22.99 CAD
Paperback
8 in H | 5.3 in W | 0.6 lb Wt



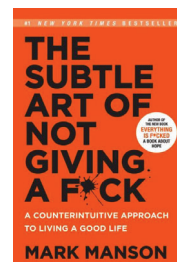
Growing Boldly

Emily Ley
9781400211319
Pub Date: 3/23/2021
\$28.50 CAD
Hardcover
9 in H | 7 in W | 2 in T | 1.4 lb Wt



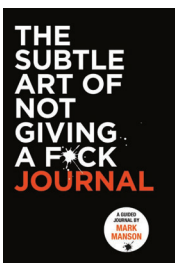
Everything Is F*cked

Mark Manson
9780062888464
Pub Date: 5/14/2019
\$23.99 CAD
Paperback
8.3 in H | 5.5 in W | 0.7 in T | 0.6 lb Wt



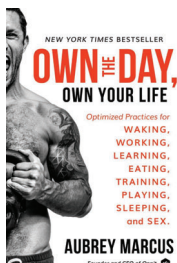
The Subtle Art of Not Giving a F*ck

Mark Manson
9780062641540
Pub Date: 9/13/2016
\$23.99 CAD
Paperback
8.3 in H | 5.5 in W | 0.6 in T | 0.4 lb Wt



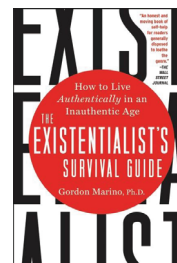
The Subtle Art of Not Giving a F*ck Journal

Mark Manson
9780063228252
Pub Date: 5/3/2022
\$21.00 CAD
Paperback
8.5 in H | 5.8 in W | 0.5 in T | 1 lb Wt



Own the Day, Own Your Life

Aubrey Marcus
9780062684073
Pub Date: 4/17/2018
\$35.99 CAD
Hardcover
9 in H | 6 in W | 1.4 in T | 1.4 lb Wt



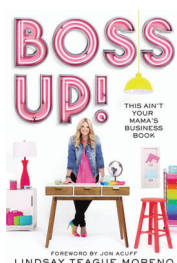
The Existentialist's Survival Guide

Gordon Marino
9780062436009
Pub Date: 7/30/2019
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.6 in T | 0.4 lb Wt



Break the Good Girl Myth

Majo Molfino
9780062894052
Pub Date: 7/28/2020
\$34.99 CAD
Hardcover
9 in H | 6 in W | 1 in T | 1 lb Wt



Boss Up!

Lindsay Teague Moreno
9780785230113
Pub Date: 8/6/2019
\$21.99 CAD
Paperback
9 in H | 6 in W | 0.7 in T | 0.6 lb Wt



Take Control of Your Life

J. Paul Nadeau
9781443456210
Pub Date: 5/22/2018
\$21.99 CAD
Paperback
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Bad Advice

Dr. Venus Nicolino

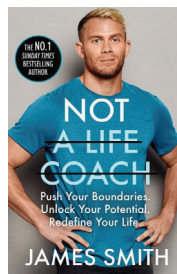
9780062570376

Pub Date: 10/22/2019

\$19.99 CAD

Paperback

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Not a Life Coach

James Smith

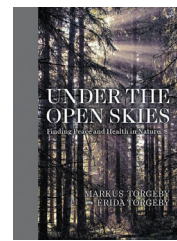
9780008404819

Pub Date: 1/19/2021

\$23.99 CAD

Paperback

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Under the Open Skies

Markus Torgeby, Frida Torgeby, Christian Gullette

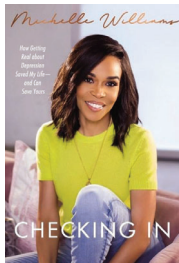
9780063019867

Pub Date: 11/17/2020

\$33.50 CAD

Hardcover

9 in H | 6.6 in W | 1.6 lb Wt



Checking In

Michelle Williams

9781400223336

Pub Date: 5/25/2021

\$33.50 CAD

Hardcover with dust jacket

9.3 in H | 6.3 in W | 1 in T | 0.9 lb Wt



What a Wonderful World

9780008498351

Pub Date: 5/3/2022

\$19.99 CAD

Hardcover

8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt



Life, I Swear

Chloe Dulce Louvouezo

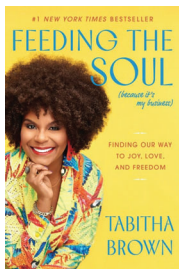
9780063072237

Pub Date: 11/2/2021

\$36.99 CAD

Hardcover

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Feeding the Soul (Because It's My Business)

Tabitha Brown

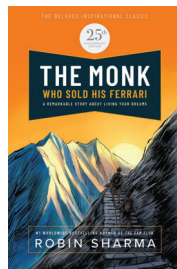
9780063080287

Pub Date: 9/28/2021

\$34.99 CAD

Hardcover

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The Monk Who Sold His Ferrari: Special 25th Anniversary Edition

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Paperback

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1% Better

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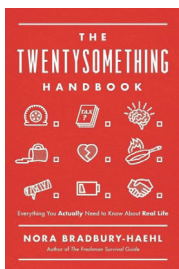
9780785256182

Pub Date: 10/5/2021

\$23.99 CAD

Paperback

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The Twentysomething Handbook

Nora Bradbury-Haehl

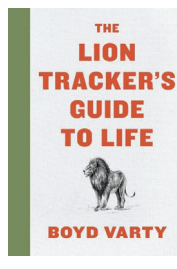
9781400222544

Pub Date: 3/9/2021

\$24.99 CAD

Paperback

8.4 in H | 5.4 in W | 0.8 in T | 0.6 lb Wt



The Lion Tracker's Guide To Life

Boyd Varty

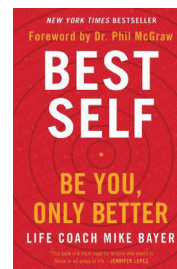
9780358099772

Pub Date: 10/22/2019

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Hardcover

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Best Self

Mike Bayer

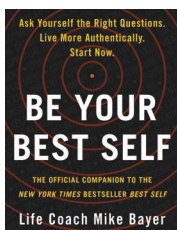
9780062911742

Pub Date: 4/20/2021

\$21.00 CAD

Paperback

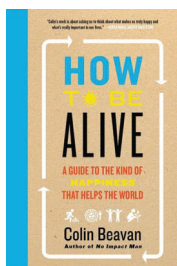
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt



Be Your Best Self

Mike Bayer

9780063001596
Pub Date: 7/28/2020
\$24.99 CAD
Paperback
9 in H | 7 in W | 0.5 in T |
0.5 lb Wt



How to Be Alive

Colin Beavan

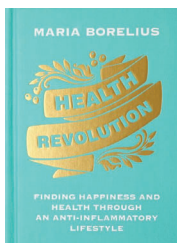
9780062236715
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Paperback
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0.9 lb Wt



Unfu*k Yourself

Gary John Bishop

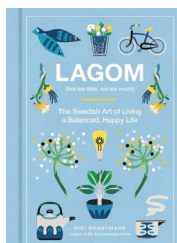
9780062803832
Pub Date: 8/1/2017
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Hardcover
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0.7 lb Wt



Health Revolution

Maria Borelius, Sonia Wichmann

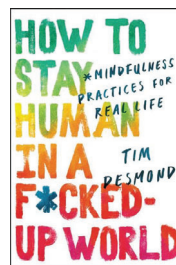
9780062911193
Pub Date: 6/4/2019
\$31.00 CAD
Hardcover
7.9 in H | 5.6 in W | 1.7 lb
Wt



Lagom

Niki Brantmark

9780062748799
Pub Date: 10/3/2017
\$24.99 CAD
Hardcover
7.1 in H | 5 in W | 1.1 in T |
1.1 lb Wt



How to Stay Human in a F*cked-Up World

Tim Desmond

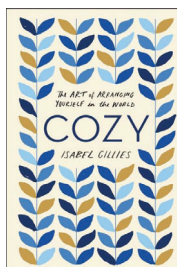
9780062857583
Pub Date: 6/25/2019
\$31.00 CAD
Hardcover
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0.7 lb Wt



Live Free

DeVon Franklin

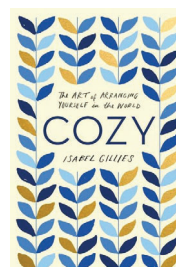
9780063031173
Pub Date: 5/4/2021
\$34.99 CAD
Hardcover
9 in H | 6 in W | 1 in T | 1 lb
Wt



Cozy

Isabel Gillies

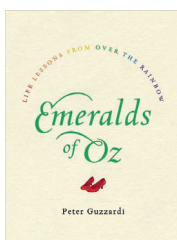
9780062654168
Pub Date: 2/23/2021
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.6 in T |
0.5 lb Wt



Cozy

Isabel Gillies

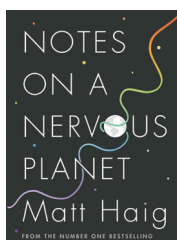
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Emeralds of Oz

Peter Guzzardi

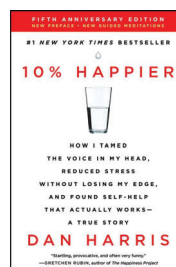
9780062348777
Pub Date: 5/14/2019
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Notes on a Nervous Planet

Matt Haig

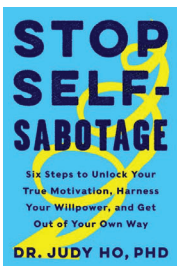
9781443455893
Pub Date: 1/8/2019
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10% Happier Revised Edition

Dan Harris

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Stop Self-Sabotage

Judy Ho, PhD
9780062874344
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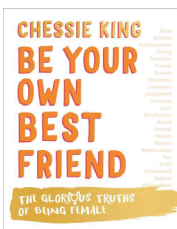
You Will Get Through This Night

Daniel Howell
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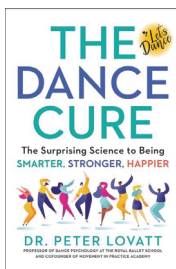
Yeah, No. Not Happening.

Karen Karbo
9780063004221
Pub Date: 5/19/2020
\$23.99 CAD
Paperback
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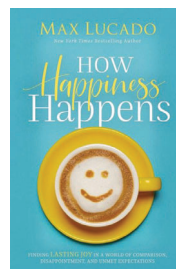
Be Your Own Best Friend

Chessie King
9780008377397
Pub Date: 2/9/2021
\$32.99 CAD
Hardcover
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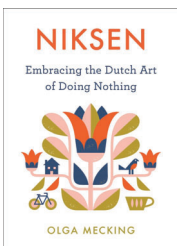
The Dance Cure

Peter Lovatt
9780063046887
Pub Date: 1/26/2021
\$28.50 CAD
Hardcover
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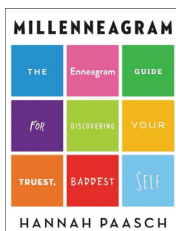
How Happiness Happens

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9780718096137
Pub Date: 9/17/2019
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9.3 in H | 6.4 in W | 0.9 in T | 0.9 lb Wt



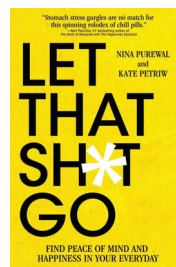
Niksen

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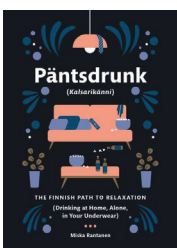
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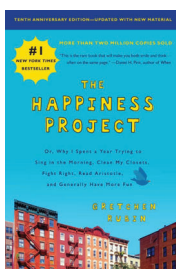
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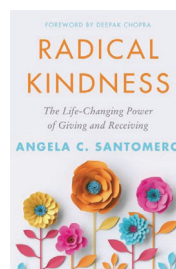
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Miska Rantanen
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Pub Date: 6/5/2018
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Hardcover
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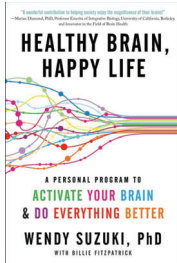
The Happiness Project, Tenth Anniversary Edition

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Radical Kindness

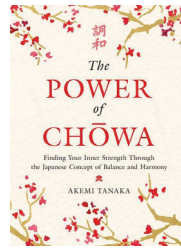
Angela Santomero, Deepak Chopra
9780062913364
Pub Date: 3/5/2019
\$26.99 CAD
Hardcover
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Healthy Brain, Happy Life

Wendy Suzuki, Billie Fitzpatrick

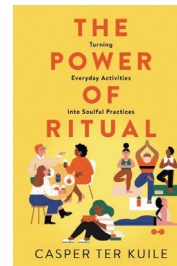
9780062366795
Pub Date: 3/8/2016
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.8 in T | 0.5 lb Wt



The Power of Chōwa

Akemi Tanaka

9780063007482
Pub Date: 6/16/2020
\$24.99 CAD
Hardcover
7 in H | 5 in W | 1.1 in T | 1.2 lb Wt



The Power of Ritual

Casper ter Kuile

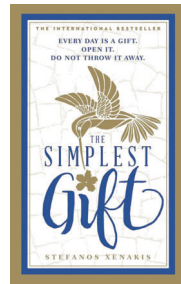
9780062881816
Pub Date: 6/23/2020
\$33.50 CAD
Hardcover
8.3 in H | 5.5 in W | 0.7 lb Wt



The Hidden Power of F*cking Up

The Try Guys, Keith Habersberger, Zach Kornfeld, Eugene Lee Yang, Ned Fulmer

9780062879615
Pub Date: 6/18/2019
\$31.00 CAD
Hardcover
9.1 in H | 7.4 in W | 0.9 in T | 2.1 lb Wt



The Simplest Gift

Stefanos Xenakis

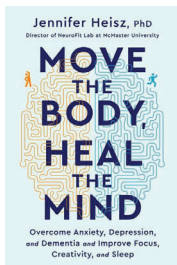
9780063079106
Pub Date: 4/12/2022
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Didn't See That Coming

Rachel Hollis

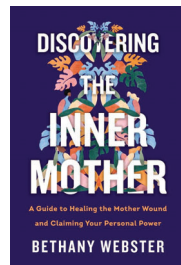
9780063010529
Pub Date: 9/29/2020
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Hardcover
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Move The Body, Heal The Mind

Jennifer Heisz

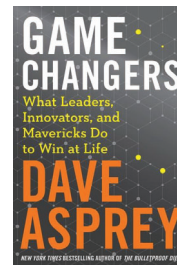
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Discovering the Inner Mother

Bethany Webster

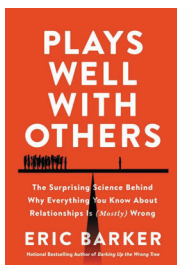
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Pub Date: 1/5/2021
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Hardcover
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Game Changers

Dave Asprey

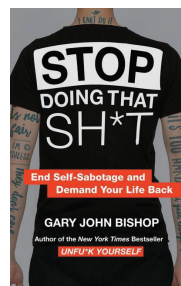
9780062652447
Pub Date: 12/4/2018
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Hardcover
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Plays Well with Others

Eric Barker

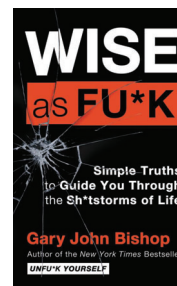
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Hardcover
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Stop Doing That Sh*t

Gary John Bishop

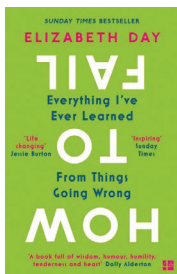
9780062945884
Pub Date: 5/7/2019
\$23.99 CAD
Paperback
8 in H | 5 in W | 0.6 in T | 0.5 lb Wt



Wise as Fu*k

Gary John Bishop

9780062952271
Pub Date: 10/13/2020
\$28.50 CAD
Hardcover
8 in H | 5 in W | 0.8 in T | 0.7 lb Wt



How to Fail

Elizabeth Day

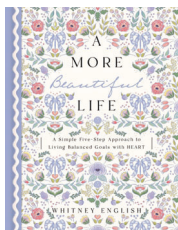
9780008327354

Pub Date: 6/9/2020

\$18.99 CAD

Paperback

7.8 in H | 5.1 in W | 0.9 in T | 0.6 lb Wt



A More Beautiful Life

Whitney English

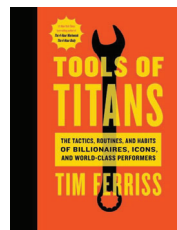
9780785251927

Pub Date: 5/3/2022

\$28.50 CAD

Hardcover

9 in H | 7 in W



Tools Of Titans

Timothy Ferriss

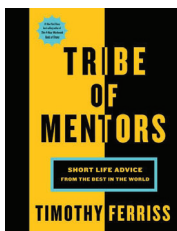
9781328683786

Pub Date: 12/6/2016

\$43.00 CAD

Hardcover

9 in H | 7 in W | 2.6 lb Wt



Tribe Of Mentors

Timothy Ferriss

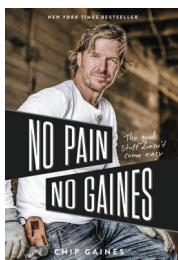
9781328994967

Pub Date: 11/21/2017

\$43.00 CAD

Hardcover

9 in H | 7 in W | 2.3 lb Wt



No Pain, No Gains

Chip Gaines

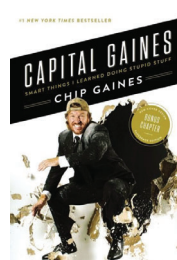
9780785237914

Pub Date: 3/16/2021

\$33.50 CAD

Hardcover with dust jacket

9.3 in H | 6.3 in W | 0.8 in T | 0.9 lb Wt



Capital Gains

Chip Gaines

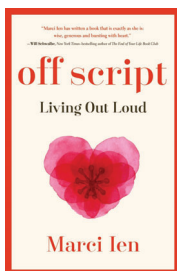
9780785216247

Pub Date: 11/13/2018

\$23.99 CAD

Paperback

8.4 in H | 5.5 in W | 0.6 in T | 0.4 lb Wt



Off Script

Marci Ien

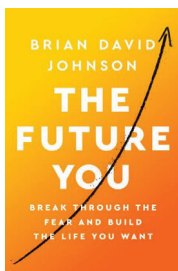
9781443460088

Pub Date: 10/27/2020

\$29.99 CAD

Hardcover

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The Future You

Brian David Johnson

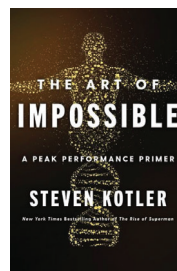
9780062965066

Pub Date: 1/5/2021

\$34.99 CAD

Hardcover

9 in H | 6 in W | 1 in T | 1 lb Wt



The Art of Impossible

Steven Kotler

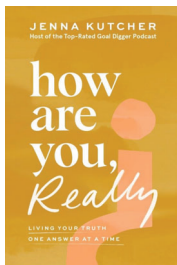
9780062977533

Pub Date: 1/19/2021

\$35.99 CAD

Hardcover

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How Are You, Really?

Jenna Kutcher

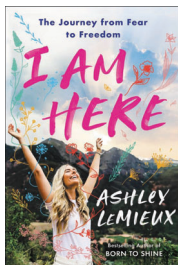
9780063221949

Pub Date: 6/28/2022

\$34.99 CAD

Hardcover

8.3 in H | 5.5 in W | 1 in T | 1 lb Wt



I Am Here

Ashley LeMieux

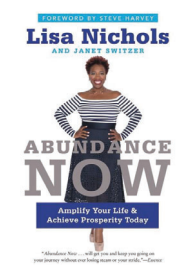
9780063027800

Pub Date: 5/4/2021

\$26.99 CAD

Hardcover

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Abundance Now

Lisa Nichols, Janet Switzer

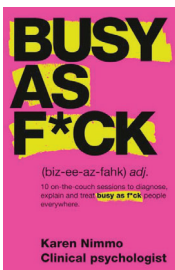
9780062412218

Pub Date: 12/27/2016

\$21.00 CAD

Paperback

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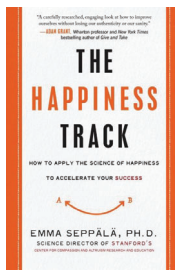


Busy As F*ck

Karen Nimmo

9781775541448
Pub Date: 1/5/2021
\$24.99 CAD

Trade Paperback
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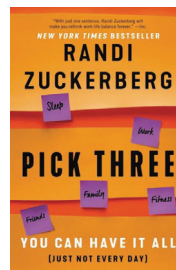


The Happiness Track

Emma Seppala

9780062344014
Pub Date: 1/31/2017
\$21.00 CAD

Paperback
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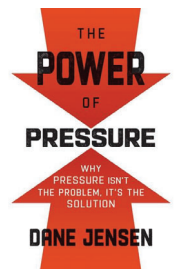


Pick Three

Randi Zuckerberg

9780062842831
Pub Date: 5/14/2019
\$21.00 CAD

Paperback
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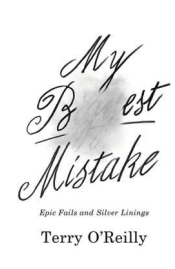


The Power of Pressure

Dane Jensen

9781443461559
Pub Date: 8/31/2021
\$29.99 CAD

Hardcover
9 in H | 6 in W | 1 in T | 1 lb Wt



My Best Mistake

Terry O'Reilly

9781443459464
Pub Date: 10/26/2021
\$32.99 CAD

Hardcover
9 in H | 6 in W | 1.1 in T | 1 lb Wt

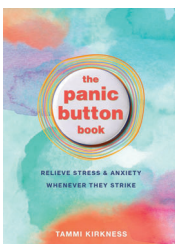


Thursday is the New Friday

Joe Sanok

9781400225989
Pub Date: 10/5/2021
\$34.99 CAD

Hardcover with dust jacket
9.3 in H | 6.3 in W | 0.9 in T | 0.9 lb Wt

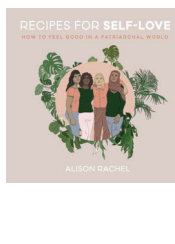


The Panic Button Book

Tammi Kirkness

9780358525943
Pub Date: 10/13/2020
\$22.99 CAD

Paperback
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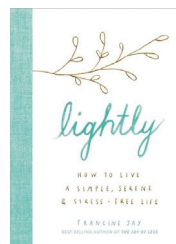


Recipes for Self-Love

Alison Rachel

9780062863997
Pub Date: 4/16/2019
\$21.99 CAD

Hardcover
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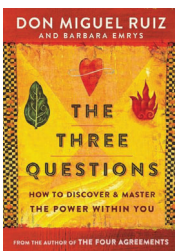


Lightly

Francine Jay

9781328585035
Pub Date: 2/26/2019
\$28.99 CAD

Hardcover
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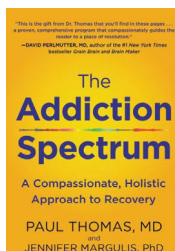


The Three Questions

Don Miguel Ruiz, Barbara Emrys

9780062391087
Pub Date: 6/25/2019
\$18.50 CAD

Paperback
7.3 in H | 5 in W | 0.5 in T | 0.3 lb Wt

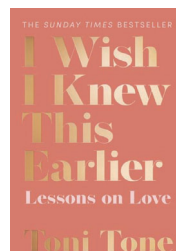


The Addiction Spectrum

Paul Thomas, M.D., Jennifer Margulis, PhD

9780062836892
Pub Date: 2/25/2020
\$21.99 CAD

Paperback
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt

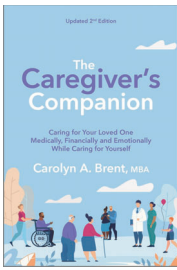


I Wish I Knew This Earlier

Toni Tone

9780008458249
Pub Date: 1/11/2022
\$13.99 CAD

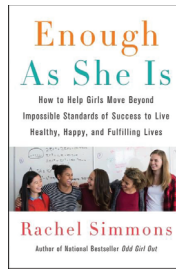
Paperback
6.5 in H | 4.4 in W | 0.4 in T | 0.2 lb Wt



The Caregiver's Companion

Carolyn A. Brent

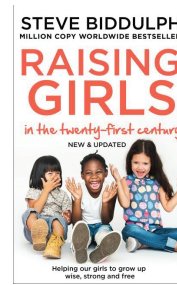
9781335909886
Pub Date: 1/26/2021
\$21.99 CAD
Trade Paperback
8 in H | 5.3 in W | 0.7 in T |
0.5 lb Wt



Enough As She Is

Rachel Simmons

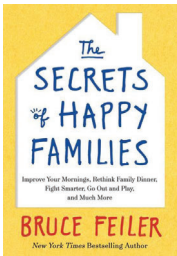
9780062438423
Pub Date: 2/26/2019
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 0.7 in T |
0.5 lb Wt



Raising Girls in the 21st Century

Steve Biddulph

9780008339784
Pub Date: 9/3/2019
\$19.99 CAD
Paperback
8.5 in H | 5.3 in W | 0.8 in T |
0.6 lb Wt



The Secrets of Happy Families

Bruce Feiler

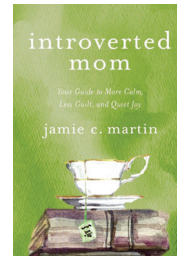
9780061778735
Pub Date: 2/19/2013
\$31.99 CAD
Hardcover
9 in H | 6 in W | 1 in T | 1 lb
Wt



A Coat of Yellow Paint

Naomi Davis

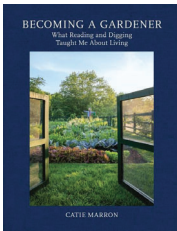
9780785238683
Pub Date: 4/6/2021
\$33.50 CAD
Hardcover with dust jacket
9.3 in H | 6.3 in W | 0.8 in T |
1.1 lb Wt



Introverted Mom

Jamie C. Martin

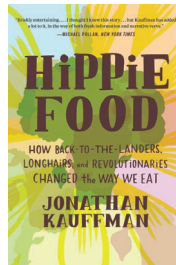
9780310354970
Pub Date: 5/7/2019
\$21.99 CAD
Paperback
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0.4 lb Wt



Becoming a Gardener

Catie Marron

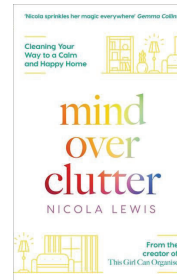
9780062963611
Pub Date: 5/3/2022
\$75.00 CAD
Hardcover
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Hippie Food

Jonathan Kauffman

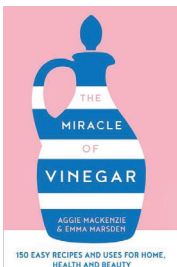
9780062437310
Pub Date: 1/15/2019
\$21.00 CAD
Paperback
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0.6 lb Wt



Mind Over Clutter

Nicola Lewis

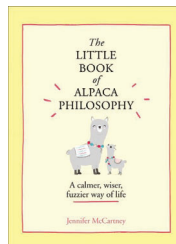
9780008344825
Pub Date: 5/28/2019
\$19.99 CAD
Trade Paperback
8.5 in H | 5.3 in W | 0.6 in T |
0.4 lb Wt



The Miracle of Vinegar

Emma Marsden, Aggie MacKenzie

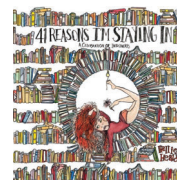
9780008310578
Pub Date: 2/26/2019
\$18.99 CAD
Hardcover
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The Little Book of Alpaca Philosophy

Jennifer McCartney

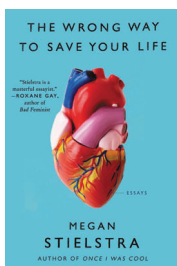
9780008392741
Pub Date: 10/6/2020
\$14.99 CAD
Hardcover
6.2 in H | 4.6 in W | 0.6 in T |
0.4 lb Wt



41 Reasons I'm Staying In

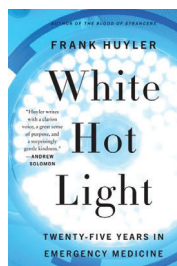
Hallie Heald

9780062749895
Pub Date: 1/29/2019
\$21.00 CAD
Hardcover
8.5 in H | 8.5 in W | 1.1 lb
Wt



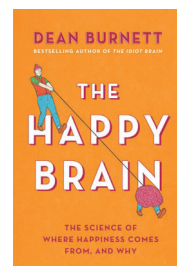
The Wrong Way to Save Your Life

Megan Stielstra
9780062429209
Pub Date: 8/1/2017
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.7 in T | 0.5 lb Wt



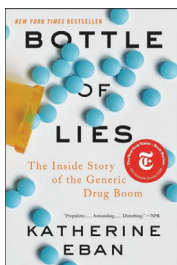
White Hot Light

Frank Huyler
9780062937339
Pub Date: 8/25/2020
\$21.00 CAD
Paperback
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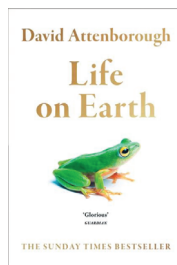
The Happy Brain

Dean Burnett
9781443456326
Pub Date: 5/28/2019
\$19.99 CAD
Paperback
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt



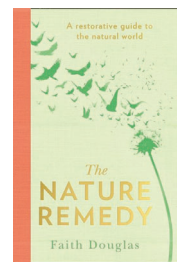
Bottle of Lies

Katherine Eban
9780062338792
Pub Date: 6/23/2020
\$24.99 CAD
Paperback
9 in H | 6 in W | 1.2 in T | 1 lb Wt



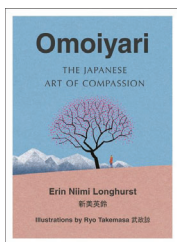
Life on Earth

David Attenborough
9780008294304
Pub Date: 7/2/2019
\$21.99 CAD
Paperback
7.8 in H | 5.1 in W | 1.3 in T | 1 lb Wt



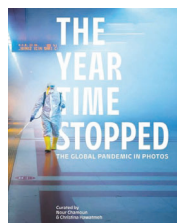
The Nature Remedy

Faith Douglas
9780008331979
Pub Date: 8/18/2020
\$36.99 CAD
Hardcover
8.9 in H | 6.3 in W | 0.9 in T | 1.9 lb Wt



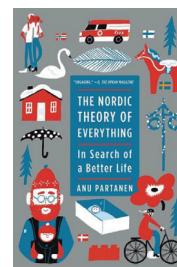
Omoiyari

Erin Niimi Longhurst
9780008407629
Pub Date: 9/1/2020
\$19.99 CAD
Hardcover
7.1 in H | 5.3 in W | 0.9 in T | 0.9 lb Wt



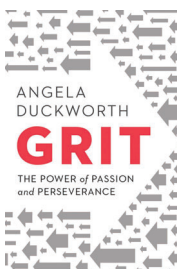
The Year Time Stopped

Christina Hawatmeh, Nour Chamoun
9780063159518
Pub Date: 6/21/2022
\$36.99 CAD
Hardcover
10 in H | 8 in W | 0.9 in T | 1.4 lb Wt



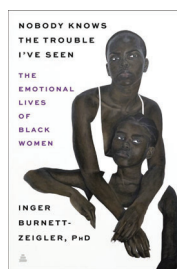
The Nordic Theory of Everything

Anu Partanen
9780062316554
Pub Date: 6/27/2017
\$21.00 CAD
Paperback
8 in H | 5.3 in W | 1 in T | 0.7 lb Wt



Grit

Angela Duckworth
9781443442312
Pub Date: 5/3/2016
\$32.99 CAD
Hardcover
9 in H | 6 in W | 1.1 in T | 1.1 lb Wt



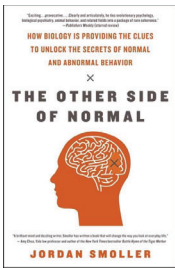
Nobody Knows the Trouble I've Seen

Inger Burnett-Zeigler
9780062959829
Pub Date: 6/29/2021
\$31.00 CAD
Hardcover
8.3 in H | 5.5 in W | 0.9 in T | 0.8 lb Wt



This One Wild and Precious Life

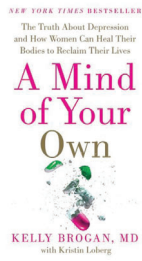
Sarah Wilson
9780062962973
Pub Date: 12/29/2020
\$33.50 CAD
Hardcover
8 in H | 6 in W | 1.1 in T | 0.9 lb Wt



The Other Side of Normal

Jordan Smoller

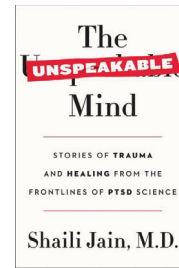
9780061492204
Pub Date: 3/5/2013
\$21.99 CAD
Paperback
8 in H | 5.3 in W | 0.9 in T |
0.7 lb Wt



A Mind of Your Own

Kelly Brogan, M.D., Kristin Loberg

9780062405579
Pub Date: 3/15/2016
\$35.99 CAD
Hardcover
9 in H | 6 in W | 1.1 in T |
1.2 lb Wt



The Unspeakable Mind

Shaili Jain, M.D.

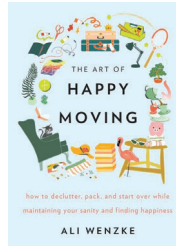
9780062469076
Pub Date: 5/12/2020
\$21.99 CAD
Paperback
8 in H | 5.3 in W | 0.9 in T |
0.7 lb Wt



The Art of Chinese Living

Xiang Yao

9780008400002
Pub Date: 12/7/2021
\$134.99 CAD
11.4 in H | 8.9 in W | 4.1 in T |
10.3 lb Wt



The Art of Happy Moving

Ali Wenzke

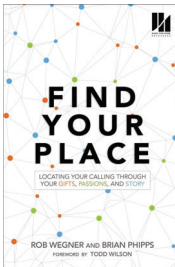
9780062869739
Pub Date: 5/7/2019
\$24.99 CAD
Hardcover
7 in H | 5 in W | 1.1 in T |
1 lb Wt



Begin Again

Max Lucado

9781400226740
Pub Date: 12/29/2020
\$23.99 CAD
Paperback
9.2 in H | 6.1 in W | 0.7 in T |
0.6 lb Wt



Find Your Place

Rob Wegner, Brian Phipps, Todd Wilson

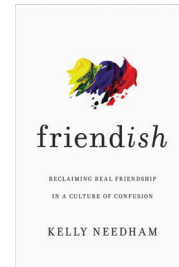
9780310100126
Pub Date: 3/26/2019
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Paperback
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Unoffendable

Brant Hansen

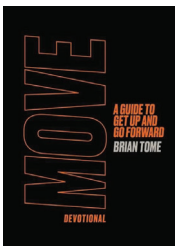
9780529123855
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Friend-ish

Kelly Needham

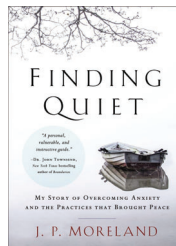
9781400213511
Pub Date: 8/27/2019
\$21.99 CAD
Paperback
8.4 in H | 5.5 in W | 0.5 in T |
0.4 lb Wt



Move Devotional

Brian Tome

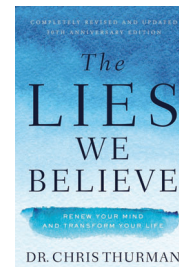
9780310458647
Pub Date: 5/11/2021
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Hardcover
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Finding Quiet

J. P. Moreland

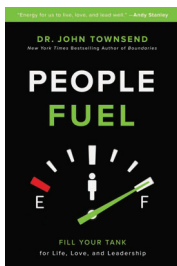
9780310597209
Pub Date: 5/7/2019
\$21.99 CAD
Paperback
7.2 in H | 5 in W | 0.4 in T |
0.3 lb Wt



The Lies We Believe

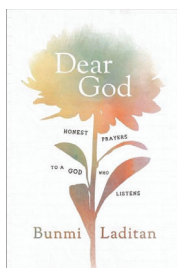
Chris Thurman

9780785226338
Pub Date: 8/13/2019
\$21.99 CAD
Paperback
8.4 in H | 5.5 in W | 0.8 in T |
0.6 lb Wt



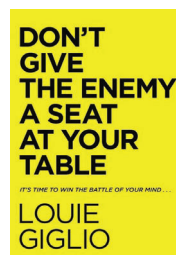
People Fuel

John Townsend
9780310354086
Pub Date: 6/25/2019
\$21.99 CAD
Paperback
9 in H | 6 in W | 0.6 in T |
0.5 lb Wt



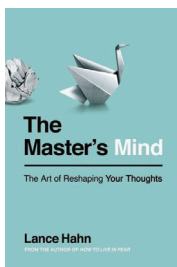
Dear God

Bunmi Laditan
9780310359166
Pub Date: 1/26/2021
\$31.00 CAD
Hardcover
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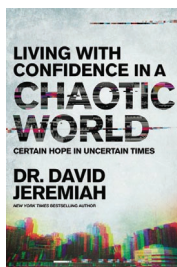
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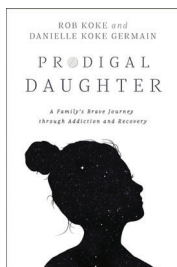
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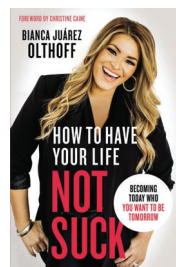
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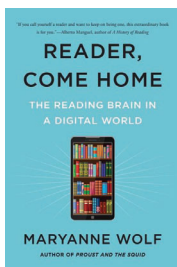
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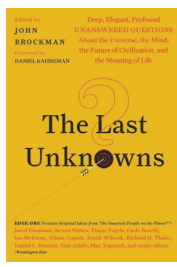
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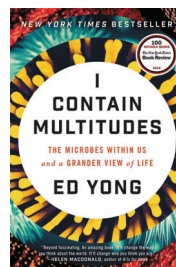
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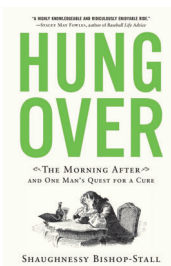
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John Brockman, Daniel Kahneman
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0.7 lb Wt



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Ed Yong
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9 in H | 6 in W | 1.2 in T |
1.2 lb Wt



Hungover

Shaughnessy Bishop-Stall

9781443426244

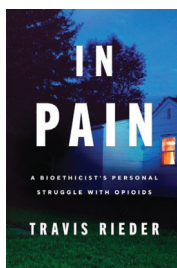
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0.7 lb Wt



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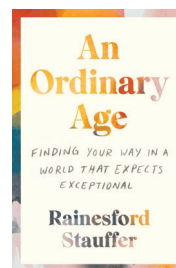
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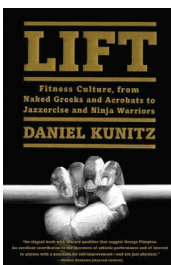
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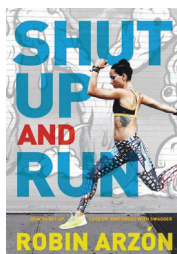
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1.2 lb Wt



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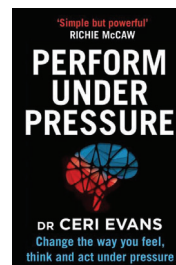
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1.1 lb Wt



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Ceri Evans

9780008313166

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1 lb Wt



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