**Pandora's Jar: Women in the Greek Myths**
Natalie Haynes
9780063139466, 0063139464
Pub Date: 3/1/22
$21.99 CAD
320 pages
Paperback
Literary Criticism / Fairy Tales, Folk Tales, Legends & Mythology

**Summary:** The tellers of Greek myths—historically men—have routinely sidelined the female characters. When they do take a larger role, women are often portrayed as monstrous, vengeful or just plain evil—like Pandora, the woman of eternal scorn and damnation whose curiosity is tasked with causing all the world’s suffering and wickedness when she opened that forbidden box. But, as Natalie Hayes reveals, in early Greek myths there was no box. It was a jar . . which is far more likely to tip over.

In *Pandora's Jar*, the broadcaster, writer, stand-up comedian, and passionate classicist turns the tables, putting the women of the Greek myths on an equal footing with the men. With

**Girl Gurl Grrrl: On Womanhood and Belonging in the Age of Black Girl Magic**
Kenya Hunt
9780062987662, 0062987666
Pub Date: 11/9/21
$21.99 CAD
256 pages
Paperback
Biography & Autobiography / Cultural, Ethnic & Regional / African American & Black

**Summary:** Black women have never been more visible or more publicly celebrated. But for every new milestone, every magazine cover, every box- office record smashed, the reality of everyday life for Black women remains a complex, nuanced, contradiction-laden experience.

Award-winning journalist and American-in-London Kenya Hunt threads razor-sharp cultural observation through evocative and relatable stories. From Sally Hemings to #MeToo, from Beyoncé to Boris Johnson, Hunt's essays—alongside guest contributors Candice Carty-Williams, Jessica Horn, Ebele Okobi, Funmi Fetto, and Freddie Harrel—deftly capture our current cultural moment while also

**Credible: Why We Doubt Accusers and Protect Abusers**
Deborah Tuerkheimer
9780063002746, 0063002744
Pub Date: 10/5/21
$34.99 CAD
320 pages
Hardcover
Law / Gender & The Law

**Summary:** Sexual misconduct accusations rest on opposing viewpoints: her word against his. How do we decide who is telling the truth? The answer comes down to credibility. But as this eye-opening book reveals, deciding which side to believe isn’t as straightforward as it seems. Our judgment is complicated by invisible forces—false assumptions and hidden biases imbedded in our culture, our legal system, and our psyches—that create blind spots impairing our ability to accurately hear and respond fairly.

In *Credible*, Deborah Tuerkheimer provides a much-needed framework to help us better understand credibility, explaining how we perceive it, how and why our perceptions are

**A Radical Awakening: Turn Pain into Power, Embrace Your Truth, Live Free**
Shefali Tsabary
9780062985897, 0062985892
Pub Date: 5/18/21
$34.99 CAD
384 pages
Hardcover
Body, Mind & Spirit / Inspiration & Personal Growth

**Summary:** *A Radical Awakening* lays out a path for women to heal their psychic wounds and prepares them to discover their own powers to help heal others and the planet. Dr. Shefali helps women uncover the purpose that already exists within them and harness the power of authenticity in every area of their lives. The result is an eloquent and inspiring, practical and accessible book, backed with real-life examples and personal stories, that unlocks the extraordinary power necessary to awaken the conscious self.
Man Enough: Undefining My Masculinity
Justin Baldoni
9780063055599, 0063055597
Pub Date: 4/27/21
$35.99 CAD
368 pages
Hardcover
Biography & Autobiography / Social Activists

Summary: With the explosion of the #MeToo movement, toxic masculinity has become one of the most prevalent social issues of our time. In this powerful, thoughtful book, Justin Baldoni reflects on his own struggles and speaks openly about taboo subjects to help create a new understanding and a system of accountability.

For Justin, it’s not just about becoming better men. It’s about becoming good humans. With insight and raw honesty, he explores a range of difficult, sometimes uncomfortable topics, including strength and vulnerability, female empowerment, relationships, violence and abuse, sex and sexuality, bullying, infidelity, gender equality, body image,

In the Land of Men: A Memoir
Adrienne Miller
9780062682420, 0062682423
Pub Date: 2/16/21
$21.00 CAD
352 pages
Paperback
Biography & Autobiography / Personal Memoirs

Summary: A naive and idealistic twenty-two-year-old from the Midwest, Adrienne Miller got her lucky break when she was hired as an editorial assistant at GQ magazine in the mid-nineties. Even if its sensibilities were manifestly mid-century—the martinis, powerful male egos, and unquestioned authority of kings—GQ still seemed the red-hot center of the literary world. It was there that Miller began learning how to survive in a man’s world. Three years later, she forged her own path, becoming the first woman to take on the role of literary editor of Esquire, home to the male writers who had defined manhood itself—Hemingway, Mailer, and Carver. Up against this old world, she would soon discover that it wanted nothing to do with a “mere girl.”

Boys & Sex: Young Men on Hookups, Love, Porn, Consent, and Navigating the New Masculinity
Peggy Orenstein
9780062666987, 0062666983
Pub Date: 2/9/21
$21.99 CAD
304 pages
Paperback
Family & Relationships / Life Stages / Teenagers

Summary: Peggy Orenstein’s Girls & Sex broke ground, shattered taboos, and launched conversations about young women’s right to pleasure and agency in sexual encounters. It also had an unexpected effect on its author: Orenstein realized that talking about girls is only half the conversation. Boys are subject to the same cultural forces as girls—steeped in the same distorted media images and binary stereotypes of female sexiness and toxic masculinity—which equally affect how they navigate sexual and emotional relationships. In Boys & Sex, Peggy Orenstein dives back into the lives of young people to once again give voice to the unspoken, revealing how young men understand and negotiate the new rules of physical and emotional intimacy.

I Hate Men
Pauline Harmange, Natasha Lehrer
9780008457587, 0008457581
Pub Date: 1/19/21
$15.99 CAD
80 pages
Hardcover
Social Science / Feminism & Feminist Theory

Summary: Women, especially feminists and lesbians, have long been accused of hating men. Our instinct is to deny it at all costs. (After all, women have been burnt at the stake for admitting to less.)

But what if mistrusting men, disliking men - and yes, maybe even hating men - is, in fact, a useful response to sexism? What if such a response offers a way out of oppression, a means of resistance? What if it even offers a path to joy, solidarity and sisterhood?

In this sparkling essay, as mischievous and provocative as it
Better Boys, Better Men: The New Masculinity That Creates Greater Courage and Emotional Resiliency
Andrew Reiner
9780062854940, 0062854941
Pub Date: 12/1/20
$34.99 CAD
272 pages
Hardcover
Social Science / Gender Studies

Summary: In Better Boys, Better Men, cultural critic and New York Times contributor Andrew Reiner argues that men today are working on an outdated model of masculinity, which prevents them in moments of distress and vulnerability from marshalling the courage, strength, and resiliency—the very characteristics we regularly champion in men—they need to thrive in a world vastly different from the ones their fathers and grandfathers grew up in. According to Reiner, this outdated model of manhood can have devastating effects on the entire culture and, especially boys and men, from falling behind in the classroom and rising male unemployment rates to increased levels of depression and disturbing upticks in violence on a mass scale.

Lean Out: The Truth About Women, Power, and the Workplace
Marissa Orr
9781595557858, 1595557857
Pub Date: 10/27/20
$24.99 CAD
240 pages
Paperback
Business & Economics / Women In Business

Summary: More than fifty years since the passage of the Equal Pay Act, the wage gap still hovers at 80 percent. Half a billion dollars are spent annually on corporate diversity programs, yet only 5 percent of CEOs in the Fortune 500 are women. Lean Out is an ambitious attempt to answer the question few dare to ask: What have we gotten wrong about women at work? Based on in-depth research and personal experiences, Lean Out is inspired by the journey of Marissa Orr, a single mom of three trying to succeed in her fifteen-year career at the world’s top tech giants. In an eye-opening account, Orr

Cassandra Speaks: When Women Are the Storytellers, the Human Story Changes
Elizabeth Lesser
9780062887184, 0062887181
Pub Date: 9/15/20
$34.99 CAD
304 pages
Hardcover
Social Science / Feminism & Feminist Theory

Summary: In Cassandra Speaks, Lesser persuasively argues that if women’s voices had been equally heard and respected throughout history, humankind would have followed different hero myths and guiding stories—stories that value caretaking, champion compassion, and elevate communication over vengeance and violence. For too long heroism has been defined through the lens of an outdated, imbalanced, male-dominated value-system. Brilliantly structured into three distinct parts, the book explores how history is carried forward through the stories a culture tells and values, and what, finally, we can do to balance the scales. In Part One, Lesser gives us a fresh way

Break the Good Girl Myth: How to Dismantle Outdated Rules, Unleash Your Power, and Design a More Purposeful Life
Majo Molfino
9780062894052, 0062894056
Pub Date: 7/28/20
$34.99 CAD
288 pages
Hardcover
Self-Help / Motivational & Inspirational

Summary: In her work as a women’s leadership expert and life coach, Majo Molfino found that many of her clients—ambitious, hard-working, high-achieving women—were victims of self-sabotaging tendencies. From birth, women have been conditioned to be “good girls”—taught that, by following the rules and doing the right thing, they would feel safe and valued and ultimately succeed. Instead, those ingrained lessons are holding them back at work and in relationships. Drawing on the experiences of her clients (which include top managers, directors, and founders in Silicon Valley) famous women leaders, and her own life, Molfino explores this
This Is Major: Notes on Diana Ross, Dark Girls, and Being Dope
Shayla Lawson
9780062890597, 006289059X
Pub Date: 6/30/20
$21.00 CAD
336 pages
Paperback
Social Science / Essays

Summary:
Shayla Lawson is major. You don’t know who she is. Yet. But that’s okay. She is on a mission to move black girls like herself from best supporting actress to a starring role in the major narrative. Whether she’s taking on workplace microaggressions or upending racist stereotypes about her home state of Kentucky, she looks for the side of the story that isn’t always told, the places where the voices of black girls haven’t been heard.

The essays in This is Major ask questions like: Why are black women invisible to AI? What is “black girl magic”? Or: Am I one viral tweet away from becoming Twitter famous?

Good Chemistry: The Science of Connection, from Soul to Psychedelics
Julie Holland
9780062862884, 006286288X
Pub Date: 6/16/20
$34.99 CAD
320 pages
Hardcover
Social Science / Sociology / Marriage & Family

Summary:
We are suffering from an epidemic of disconnection that antidepressants and social media can’t fix. This state of isolation puts us in “fight or flight mode,” deranging sleep, metabolism and libido. What’s worse, we’re paranoid of others. This kill-or-be-killed framework is not a way to live. But, when we feel safe and loved, we can rest, digest, and repair. We can heal. And it is only in this state of belonging that we can open up to connection with others.

In this powerful book, Holland helps us to understand the science of connection as revealed in human experiences from the spiritual to the psychedelic. The key is oxytocin—a neurotransmitter and hormone produced in our bodies that

Life as a Unicorn: A Journey from Shame to Pride and Everything in Between
Amrou Al-Kadhi
9780008384319, 0008384312
Pub Date: 6/9/20
$32.99 CAD
304 pages
Hardcover
Biography & Autobiography / LGBTQ+

Summary:
My name is Amrou Al-Kadhi—by day. By night, I am Glamrou, an empowered, fearless and acerbic drag queen who wears seven-inch heels and says the things that nobody else dares to.

Growing up in a strict Iraqi Muslim household, it didn’t take long for me to realise I was different. When I was ten years old, I announced to my family that I was in love with Macaulay Culkin in Home Alone. The resultant fallout might best be described as something like the Iraqi version of Jerry Springer: The Opera. And that was just the beginning.

This is the story of how I got from there to here: about my teenage obsession with marine biology, and how fluid aquatic

Fed Up: Emotional Labor, Women, and the Way Forward
Gemma Hartley
9780062856463, 0062856464
Pub Date: 6/9/20
$21.99 CAD
272 pages
Paperback
Social Science / Feminism & Feminist Theory

Summary:
Day in, day out, women anticipate and manage the needs of others. In relationships, we initiate the hard conversations. At home, we shoulder the mental load required to keep our households running. At work, we moderate our tone, explaining patiently and speaking softly. In the world, we step gingerly to keep ourselves safe. We do this largely invisible, draining work whether we want to or not—and we never clock out. No wonder women everywhere are overtaxed, exhausted, and simply fed up.

In her ultra-viral article "Women Aren’t Nags—We’re Just Fed Up,” shared by millions of readers, Gemma Hartley gave much-needed voice to the frustration and anger experienced
**Neon Girls: A Stripper’s Education in Protest and Power**
Jennifer Worley
9780062971326, 0062971328
Pub Date: 6/9/20
$21.99 CAD
272 pages
Paperback
Biography & Autobiography / Personal Memoirs

**Summary:** When graduate student Jenny Worley needed a fast way to earn more money, she found herself at the door of the Lusty Lady Theater in San Francisco, auditioning on a stage surrounded by mirrors, in platform heels, and not much else. So began Jenny’s career as a stripper strutting the peepshow stage as her alter-ego “Polly” alongside women called Octopussy and Amnesia. But this wasn’t your run-of-the-mill strip club—it was a peepshow populated by free-thinking women who swap dogeared copies of *Foucault* like lipstick.

As management’s discriminatory practices and the rise of hidden cameras stir up tension among the dancers, Jenny

---

**Wordslut: A Feminist Guide to Taking Back the English Language**
Amanda Montell
9780062868886, 0062868888
Pub Date: 6/2/20
$21.99 CAD
304 pages
Paperback
Social Science / Feminism & Feminist Theory

**Summary:**
The word bitch conjures many images, but it is most often meant to describe an unpleasant woman. Even before its usage to mean “a female canine,” bitch didn’t refer to women at all—it originated as a gender-neutral word for “genitalia.”

A perfectly innocuous word devolving into an insult directed at females is the case for tons more terms, including hussy, which simply meant “housewife”; and slut, which meant “an untidy person” and was also used to describe men. These are just a few of history’s many English slurs hurled at women.

Amanda Montell, reporter and feminist linguist, deconstructs language—from insults, cursing, gossip, and catcalling to

---

**All the Rage: Mothers, Fathers, and the Myth of Equal Partnership**
Darcy Lockman
9780062861450, 006286145X
Pub Date: 5/19/20
$21.99 CAD
352 pages
Paperback
Family & Relationships / Parenting / Motherhood

**Summary:**
*Why do men do so little at home?*

*Why do women do so much?*

*Why don’t our egalitarian values match our lived experiences?*

In an era of seemingly unprecedented feminist activism, enlightenment, and change, data shows that one area of gender inequality stubbornly persists: the disproportionate amount of parental work that falls to women, no matter their background, class, or professional status. *All the Rage* investigates the cause of this pervasive inequity to answer why in households where both parents work full time and

---

**The Power of Women**
June Sarpong
9780008306762, 0008306761
Pub Date: 3/3/20
$12.99 CAD
128 pages
A-format Paperback
Social Science / Discrimination

**Summary:**
Looking to our personal relationships, social and cultural climate and business and economic potential, *The Power of Women* debunks the myths around feminism, and proves why an intersectional approach to bringing women to the table is key to personal, social and economic progress for society as a whole.
13 Things Mentally Strong Women Don't Do: Own Your Power, Channel Your Confidence, and Find Your Authentic Voice for a Life of Meaning and Joy

Amy Morin
9780062847638, 0062847635
Pub Date: 2/11/20
$21.00 CAD
352 pages
Paperback
Self-Help / Personal Growth / Happiness

Summary: Women around the globe, it’s time to finally speak up, speak out, be heard, become stronger than ever, and live more meaningful lives. Women encounter a myriad of obstacles, from sexual harassment to unequal pay to objectification and discrimination. But there are very specific tips that each woman, no matter her age or her station in life, can follow right now to make important and significant changes. In this book, women will learn to flex their mental muscles and hurdle over the roadblocks that keep them from achieving their greatest goals. While many people focus on what women should do to live their best lives, only one author will tell women in no uncertain terms which behaviors to avoid in order to become mentally strong.

#MeToo in the Corporate World: Power, Privilege, and the Path Forward

Sylvia Ann Hewlett
9780062899194, 0062899198
Pub Date: 1/28/20
$36.99 CAD
256 pages
Hardcover
Business & Economics / Women In Business

Summary: While the #MeToo movement has exposed the enormous harm done by sexual misconduct in the workplace, the movement’s full promise has not been fulfilled, Sylvia Ann Hewlett argues. Showcasing new data on the incidence of sexual harassment and assault at work, she reveals how the movement has focused almost exclusively on white women and failed to support other vulnerable groups who are also targets of abuse. Black men, gay men and women, and Latinas experience particularly high rates of sexual harassment and assault.

In addition to exploring the movement’s limitations, Hewlett examines the collateral damage inflicted by #MeToo. She

Gay Like Me: A Father Writes to His Son

Richie Jackson
9780062939777, 0062939777
Pub Date: 1/28/20
$31.00 CAD
176 pages
Hardcover
Biography & Autobiography / LGBTQ+

Summary: “My son is kind, responsible, and hardworking. He is ready for college. He is not ready to be a gay man living in America.”

When Richie Jackson’s eighteen-year-old adopted son came out to him, the successful theater, television, and film producer, now in his fifties, was compelled to reflect on his experiences and share his wisdom on life for LGBTQ Americans over the past half-century.

Gay Like Me is a celebration of gay identity and a sorrowful warning. Jackson looks back at his own progress and growth as a gay man coming of age through decades of political and

Boys & Sex: Young Men on Hookups, Love, Porn, Consent, and Navigating the New Masculinity

Peggy Orenstein
9780062666970, 0062666975
Pub Date: 1/7/20
$35.99 CAD
304 pages
Hardcover
Family & Relationships / Life Stages / Teenagers

Summary: Peggy Orenstein’s Girls & Sex broke ground, shattered taboos, and launched conversations about young women’s right to pleasure and agency in sexual encounters. It also had an unexpected effect on its author: Orenstein realized that talking about girls is only half the conversation. Boys are subject to the same cultural forces as girls—steeped in the same distorted media images and binary stereotypes of female sexiness and toxic masculinity—which equally affect how they navigate sexual and emotional relationships. In Boys & Sex, Peggy Orenstein dives back into the lives of young people to once again give voice to the unspoken, revealing how young men understand and negotiate the new rules of physical and emotional intimacy.
Summary: Dave Willis, author, speaker, and father of four boys, talks biblically and practically about how to raise a generation of boys who are champions, encouragers, and respecters of women.

In the #metoo and #churchtoo era, with so many men and boys continuing to make the same mistakes, we have to ask: Where are we going wrong? And perhaps more importantly, how do we raise up men who will break this cycle?

As the father of four boys, relationship coach and author Dave Willis has studied this issue deeply, concluding that if we are to raise boys to respect girls--and not end up with

Summary: In 1991, internationally renowned feminist journalist Susan Faludi ignited a revival of the women’s movement with her revelatory investigative reportage: *Backlash* was nothing less than a landmark, uncovering an “undeclared war” against women’s equality in the media, advertising, Hollywood, the workplace, and government—a war that is still being fought today.

*Stiffed* may be even more essential than *Backlash* to understanding the cultural riptides that led to Trumpian America. Here, Faludi turns her attention to the so-called “Angry Male” politics plaguing the nation. Through deeply researched, nuanced, and empathetic character studies of

Summary: "A page-turner. This is a must-read for everyone who loves boys.”—Tabatha Southey

With lively reportage and clear-eyed analysis, Giese reveals that the movement for gender equality has the potential to liberate us all.

Summary: ‘A litany of fresh heroes to make the embattled heart sing’ Caitlin Moran

‘Newman is a brilliant writer’

Observer

A fresh, opinionated history of all the brilliant women you should have learned about in school but didn’t.
**Outspoken : Why Women’s Voices Get Silenced and How to Set Them Free**
Veronica Rueckert
9780062879349, 0062879340
Pub Date: 7/2/19
$36.99 CAD
256 pages
Hardcover
Business & Economics / Women In Business

**Summary:** From the Supreme Court to the conference room to the classroom, women find themselves interrupted much more often than their male counterparts. Worse, a 2015 Yale University study revealed that women executives who spoke more often than their peers were rated 14% less competent, while male executives who did the same thing did enjoy a 10% competency bump. And a 2016 study from USC found women account for only a third of speaking roles in top U.S. movies.

It’s undeniable: women’s voices aren’t being heard—at work, at home, in every facet of their lives. The fault lies not with women, but in a culture that seeks to silence women’s voices.

**Lean Out : The Truth About Women, Power, and the Workplace**
Marissa Orr
9781595557568, 1595557563
Pub Date: 6/11/19
$34.99 CAD
240 pages
Hardcover with dust jacket
Business & Economics / Women In Business

**Summary:** Girl gangs reigning terror at Facebook, narcissistic overlords at Google . . . this is the backdrop of Lean Out, which takes readers on the journey of Marissa Orr, a single mom of three trying to find success in her fifteen-year career at the world’s top tech giants. Orr delivers an ambitious attempt to answer the critical question: What have we gotten wrong about women at work?

“This book is a must-read for insights on the impact that reversing systemic gender biases can have on creating more diverse, healthier workplaces for both women and men.”

**The Book of Pride : LGBTQ Heroes Who Changed the World**
Mason Funk
9780062571700, 0062571702
Pub Date: 5/21/19
$31.00 CAD
288 pages
Paperback
Biography & Autobiography / LGBTQ+

**Summary:** The Book of Pride pays tribute to dozens of extraordinary and influential leaders who sparked the worldwide LGBTQ-rights movement. These courageous civil rights pioneers—nurses in Texas and chemists in Philadelphia; Muslims and Catholics; the loud and fearless marching in streets and the quiet and determined persevering in the face of persecution—are captured in gorgeous interviews accompanied by beautiful photographs. Mason Funk shines a spotlight on these individuals on the front lines of the fight for equality and acceptance and their stunning achievements in the 1960s and beyond.

Meet Evan Wolfson, the architect of the national marriage equality movement.

**How to Own the Room : Women and the Art of Brilliant Speaking**
Viv Groskop
9781443459426, 1443459429
Pub Date: 3/19/19
$18.99 CAD
240 pages
Paperback
Business & Economics / Women In Business

**Summary:** A powerful guide for every woman looking to find—or amplify—her voice

Most books about public speaking don’t tell you what to do when you open your mouth and nothing comes out. And they don’t tell you how to get over the performance anxiety that most people naturally have. They don’t tell you what to do in the moments when you are made, as a woman, to feel small. They don’t tell you how to own the room. This book does.

From the way Michelle Obama projects “happy high status,” and the power of J.K.Rowlings’s understated speaking style, to Virginia Woolf’s leisurely pacing and Oprah Winfrey’s mastery...
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>ISBN</th>
<th>Date</th>
<th>Price</th>
<th>Pages</th>
<th>Category</th>
<th>Summary</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Doing Harm: The Truth About How Bad Medicine and Lazy Science Leave Women Dismissed, Misdiagnosed, and Sick</strong></td>
<td>Maya Dusenbery</td>
<td>9780062470836, 0062470833</td>
<td>3/12/19</td>
<td>$21.99 CAD</td>
<td>400</td>
<td>Health &amp; Fitness / Women's Health</td>
<td><strong>Summary:</strong> In <em>Doing Harm</em>, Dusenbery explores the deep, systemic problems that underlie women’s experiences of feeling dismissed by the medical system. Women have been discharged from the emergency room mid-heart attack with a prescription for antianxiety meds, while others with autoimmune diseases have been labeled “chronic complainers” for years before being properly diagnosed. Women with endometriosis have been told they are just overreacting to &quot;normal&quot; menstrual cramps, while still others have &quot;contested&quot; illnesses like chronic fatigue syndrome and fibromyalgia that, dogged by psychosomatic suspicions, have yet to be fully accepted as “real” diseases by the whole of the profession.</td>
</tr>
<tr>
<td><strong>Visionary Women: How Rachel Carson, Jane Jacobs, Jane Goodall, and Alice Waters Changed Our World</strong></td>
<td>Andrea Barnet</td>
<td>9780062310736, 0062310739</td>
<td>3/5/19</td>
<td>$21.99 CAD</td>
<td>528</td>
<td>History / Social History</td>
<td><strong>Summary:</strong> This is the story of four visionaries who profoundly shaped the world we live in today. Together, these women—linked not by friendship or field, but by their choice to break with convention—showed what one person speaking truth to power can do. Jane Jacobs fought for livable cities and strong communities; Rachel Carson warned us about poisoning the environment; Jane Goodall demonstrated the indelible kinship between humans and animals; and Alice Waters urged us to reconsider what and how we eat. With a keen eye for historical detail, Andrea Barnet traces the arc of each woman's career and explores how their work collectively changed the course of history. While they hailed</td>
</tr>
<tr>
<td><strong>That’s What She Said: What Men and Women Need To Know About Working Together</strong></td>
<td>Joanne Lipman</td>
<td>9780062437228, 0062437224</td>
<td>2/26/19</td>
<td>$21.99 CAD</td>
<td>336</td>
<td>Business &amp; Economics / Women In Business</td>
<td><strong>Summary:</strong> The world has changed in the wake of the #MeToo movement. What comes next? In <em>That’s What She Said</em>, bestselling author Joanne Lipman, the former Editor in Chief of USA Today, offers real-world solutions and a path forward. There’s no man-bashing here; Lipman explores how men as well as women can join together to close the gender gap. In this fast-paced book, she offers surprising insights into issues ranging from unconscious bias to childrearing to brain differences between the genders, and provides practical tips that all of us can use, right now, to help eliminate bias at work and at home.</td>
</tr>
<tr>
<td><strong>Enough As She Is: How to Help Girls Move Beyond Impossible Standards of Success to Live Healthy, Happy, and Fulfilling Lives</strong></td>
<td>Rachel Simmons</td>
<td>9780062438423, 0062438425</td>
<td>2/26/19</td>
<td>$21.00 CAD</td>
<td>320</td>
<td>Family &amp; Relationships / Life Stages / Teenagers</td>
<td><strong>Summary:</strong> For many girls today, the drive to achieve is fueled by brutal self-criticism and an acute fear of failure. Though young women have never been more “successful” —outpacing boys in GPAs and college enrollment—they have also never struggled more. On the surface, girls may seem exceptional, but internally they are anxious and overwhelmed, feeling that, no matter how hard they try, they will never be smart enough, successful enough, pretty enough, thin enough, popular enough, or sexy enough. Rachel Simmons has been studying young women for two decades, and her research plainly shows that girl competence does not equal girl confidence—nor does it equal</td>
</tr>
</tbody>
</table>
I Never Called It Rape - Updated Edition

I Never Called It Rape: The Ms. Report on Recognizing, Fighting, and Surviving Date and Acquaintance Rape
Robin Warshaw, Gloria Steinem, Salamishah Tillet
9780062844309, 006284430X
Pub Date: 2/26/19
$21.00 CAD
288 pages
Paperback
Self-Help / Abuse

Summary: In 1988, Robin Warshaw wrote I Never Called It Rape, the ground-breaking book that revealed a staggering truth: 25% of women were the victims of rape or attempted rape. Over 80% of these women knew their assailants.

Warshaw based her reportage on the first large-scale study into rape ever, conducted by Ms. Magazine in the late 80s. Thirty years later, we now have a wealth of statistics on rape. The disturbing truth is that the figures have not diminished. That our culture enables rape is not just shown by the numbers—the outbreak of allegations against serial rapists from Bill Cosby to Harvey Weinstein and the 2016 presidential election of Donald Trump, a man who was...

A Good Time to be a Girl: A Guide to Thriving at Work & Living Well
Helena Morrissey
9780008241643, 0008241643
Pub Date: 2/12/19
$18.99 CAD
320 pages
Paperback
Biography & Autobiography / Women

Summary: From the founder of the worldwide 30% Club campaign comes a career book for women in a transforming world who don’t just want to lean in, but instead, shatter the paradigm as we know it.

'I absolutely love her, I think she’s such a force for good’ Pandora Sykes, The High Low

In A Good Time to be a Girl, Helena Morrissey sets out how we might achieve the next big breakthrough towards a truly inclusive modern society.

Why Young Men: Rage, Race and the Crisis of Identity
Jamil Jivani
9781443453202, 144345320X
Pub Date: 2/5/19
$19.99 CAD
272 pages
Paperback
Social Science / Men's Studies

Summary: The critics agree: “Why Young Men is a much-needed discussion” (J. D. Vance, author of Hillbilly Elegy)

The day after the 2015 Paris terror attacks, twenty-eight-year-old Canadian Jamil Jivani opened the newspaper to find that the men responsible were familiar to him. He didn’t know them, but the communities they grew up in and the challenges they faced mirrored the circumstances of his own life. Jivani travelled to Belgium in February 2016 to better understand the roots of jihadi radicalization. Less than two months later, Brussels fell victim to a terrorist attack carried out by young men who lived in the same neighbourhood as...

F*cked: Being Sexually Explorative and Self-Confident in a World That’s Screwed
Krystyna Hutchinson, Corinne Fisher
9780062666925, 0062666924
Pub Date: 1/29/19
$21.00 CAD
272 pages
Paperback
Humor / Topic / Men, Women & Relationships

Summary: Are You a Dirty, Nasty Slut? Or a Sexually Repressed Nightmare?

Regardless of your background or bedroom résumé, someone or something has probably made you feel that way. This was what Corinne Fisher and Krystyna Hutchinson discovered when they created the wildly popular Guys We F*cked: The Anti Slut-Shaming Podcast. What started as an outlet to interview—you guessed it—guys they’d fucked quickly evolved into an enormous community of Fuckers around the world and a place to share stories of kinks gone wild, along with trauma, assault, and the overall confusion among people who don’t know what the fuck they’re doing...
Summary: *Just the Funny Parts* is a juicy and scathingly funny insider look at how pop culture gets made. For more than thirty years, writer, producer and director Nell Scovell worked behind the scenes of iconic TV shows, including *The Simpsons, Late Night with David Letterman, Murphy Brown, NCIS, The Muppets, and Sabrina, the Teenage Witch*, which she created and executive produced.

In 2009, Scovell gave up her behind-the-scenes status when the David Letterman sex scandal broke. Only the second woman ever to write for his show, Scovell used the moment to publicly call out the lack of gender diversity in late-night TV writers’ rooms. “One of the boys” came out hard for “all

Summary: In her uniquely provocative voice, Amanda de Cadenet offers an original perspective as a feminist on the front lines of celebrity culture.

Through her interview series, *The Conversation*, Amanda de Cadenet talks with some of today’s most badass women—from Hillary Clinton to Lady Gaga—in as-honest-as-it-gets conversations that speak to what it means to be female. Now, in *It’s Messy*, Amanda shares her own story: a portrait of childhood fame, teen motherhood, a high-profile marriage (and divorce), and the sexism that threatened to end her career—all before she turned nineteen.

Summary: I’m so tired
I never get anything done
I’m so depressed
My head /back/neck/stomach hurts all the time
My kids are driving me crazy
My husband is no help
I feel like I’m not doing a good enough job . . . ever
I’m just so . . .
*Burned out*

Dr. Sheryl Ziegler shows you how to take back control!

Modern motherhood is something very different from what

Summary: In this ambitious work of Medieval scholarship, bestselling historians Frances and Joseph Gies trace the stories and fates of women in Medieval Europe over the course of a millennium.

The first section of the book provides a broad survey of how the lives of women—rich and poor, residing in small towns, or practicing subsistence farming—evolved throughout the medieval period, which stretched for roughly a millennium, and during which the lives of all were significantly transformed. In the book’s second section, the Gieses profile eight notable women from the period in depth, devoting a chapter to each. We learn of Hildegarde of Bingen, an abbess
**Guyland: The Perilous World Where Boys Become Men**  
Michael Kimmel  
9780062885739, 0062885731  
Pub Date: 7/24/18  
$19.99 CAD  
368 pages  
Paperback  
Social Science / Gender Studies

**Summary:** The passage from adolescence to adulthood was once clear. Today, growing up has become more complex and confusing, as young men drift casually through college and beyond—hanging out, partying, playing with tech toys, watching sports. But beneath the appearance of a simple extended boyhood, a more dangerous social world has developed, far away from the traditional signposts and cultural signals that once helped boys navigate their way to manhood—a territory Michael Kimmel has identified as “Guyland.”

In mapping the troubling social world where men are now made, Kimmel offers a view into the minds and times of

---

**90s Bitch: Media, Culture, and the Failed Promise of Gender Equality**  
Allison Yarrow  
9780062412348, 0062412345  
Pub Date: 6/19/18  
$21.00 CAD  
416 pages  
Paperback  
Social Science / Popular Culture

**Summary:** The close of the 20th century promised a new era of gender equality. However, the iconic women of the 1990s—such as Hillary Clinton, Courtney Love, Roseanne Barr, Marcia Clark, and Anita Hill—earned their places in history not as trailblazers, but as whipping girls of the media. During this decade, American society grew increasingly hostile to women who dared to speak up, challenge power, or defy rigid expectations for female behavior.

Deeply researched yet thoroughly engaging, 90s Bitch untangles the complex history of women in the 1990s, exploring how they were maligned by the media, vilified by popular culture, and objectified in the marketplace. In an age

---

**Hunger: A Memoir of (My) Body**  
Roxane Gay  
9780062420718, 0062420712  
Pub Date: 6/12/18  
$21.00 CAD  
320 pages  
Paperback  
Biography & Autobiography / Personal Memoirs

**Summary:** "I ate and ate and ate in the hopes that if I made myself big, my body would be safe. I buried the girl I had been because she ran into all kinds of trouble. I tried to erase every memory of her, but she is still there, somewhere. . . . I was trapped in my body, one I made but barely recognized or understood but of my own making. I was miserable, but I was safe."

In this intimate and searing memoir, the New York Times bestselling author Roxane Gay addresses the experience of living in a body that she calls "wildly undisciplined." She casts an insightful and critical eye over her childhood, teens, and twenties—including the devastating act of violence that was a

---

Raymond Winbush, PhD  
9780062838872, 0062838873  
Pub Date: 6/5/18  
$19.99 CAD  
288 pages  
Paperback  
Family & Relationships

**Summary:** In The Warrior Method, psychologist, educator, and father Raymond Winbush creates a program designed for parents and teachers to help black boys become strong, self-reliant men. Filled with reflections on the author’s own experiences, the book looks at a male’s life through the prism of four seasons: spring—conception to four years old; summer—ages five through twelve; autumn—ages thirteen through twenty-one; and winter—age twenty-two and beyond.

Winbush’s comprehensive step-by-step approach draws on such African traditions as the "Birthing Circle" and a "Young Warriors Council" to help boys make important transitions,
**Becoming Cliterate: Why Orgasm Equality Matters--And How to Get It**  
Dr. Laurie Mintz  
9780062664556, 0062664557  
Pub Date: 5/15/18  
$21.00 CAD  
288 pages  
Paperback  
Self-Help / Sexual Instruction

**Summary:** Our culture’s flawed way of thinking about sex is screwing with women’s orgasms. We’ve separated our most reliable route to orgasm—clitoral stimulation—from how we feel we should orgasm—penetration. As a result, as many as half of women admit to having trouble reaching orgasm with their partners. No surprise, then, that men are having at least three times as many orgasms as women. And for first-time hookup sex? Only 4 percent of women are getting off.

In *Becoming Cliterate*, Dr. Laurie Mintz exposes the broader cultural problem that’s perpetuating this gap, and what we can do about it. Pulling together evidence from biology,

---

**Beyond the Label: Women, Leadership, and Success on Our Own Terms**  
Maureen Chiquet  
9780062655714, 006265571X  
Pub Date: 5/1/18  
$21.00 CAD  
288 pages  
Paperback  
Business & Economics / Leadership

**Summary:** Driven. Shy. Leader. Wife. Mother. We live in a world of categories—labels designed to tell the world, and ourselves, who we are and who we ought to be. But creating a life that’s truly your own means learning to define yourself on your own terms.

In *Beyond the Label*, Maureen Chiquet shares the inklings, risks, and (re)defining moments that have shaped her exemplary career to inspire a new generation of women, liberal arts grads, and unconventional thinkers to cultivate a way of living and leading that is all their own.

Why should we separate art from business, feelings from

---

**Not That Bad: Dispatches from Rape Culture**  
Roxane Gay  
9780062413512, 0062413511  
Pub Date: 5/1/18  
$21.00 CAD  
368 pages  
Paperback  
Social Science / Gender Studies

**Summary:** In this valuable and revealing anthology, cultural critic and bestselling author Roxane Gay collects original and previously published pieces that address what it means to live in a world where women have to measure the harassment, violence, and aggression they face, and where they are “routinely second-guessed, blown off, discredited, denigrated, besmirched, belittled, patronized, mocked, shamed, gaslit, insulted, bullied” for speaking out. Contributions include essays from established and up-and-coming writers, performers, and critics, including actors Ally Sheedy and Gabrielle Union and writers Amy Jo Burns, Lyz Lenz, Claire Schwartz, and Bob Shacochis. Covering a wide range of topics and experiences, from an exploration of the

---

**Beauty Sick: How the Cultural Obsession with Appearance Hurts Girls and Women**  
Renee Engeln, PhD  
9780062469786, 0062469789  
Pub Date: 4/17/18  
$21.00 CAD  
400 pages  
Paperback  
Social Science / Women’s Studies

**Summary:** We live in a beauty-sick world that teaches women to believe beauty matters most. Let’s change that.

Today’s girls and women embody a bewildering set of contradictions. They don’t want to be Barbie dolls, but, like generations before them, feel pressure to look like them. They’re angry about the media’s treatment of women, but often consume the very outlets that belittle them. They mock our culture’s absurd beauty ideals and make videos exposing Photoshopping tricks, but emulate the same images they reject. They critique social media for presenting a false reality, but still download apps to airbrush their selfies. Simply put, a beauty-sick culture leaves too many of today’s
Post Grad: Five Women and Their First Year Out of College
Caroline Kitchener
9780062429513, 0062429515
Pub Date: 4/17/18
$18.50 CAD
320 pages
Paperback
Social Science / Feminism & Feminist Theory

Summary: When she graduated from Princeton in the spring of 2014, Caroline Kitchener began shadowing four of her female classmates, interviewing them as they started to navigate the murky waters of post-collegiate life. Weaving together her own experience as a writer with that of these other women—a documentarian, a singer, a programmer, and an aspiring doctor—Kitchener delves deeply into what is offered to a female college graduate, and how the world perceives them. The five confront challenges ranging from parental estrangement to mental illness, financial anxiety and heartbreak, all the while tackling their nascent careers and forging their own paths forward.

The Confidence Code: The Science and Art of Self-Assurance—What Women Should Know
Katty Kay, Claire Shipman
9780062230638, 0062230638
Pub Date: 4/3/18
$23.99 CAD
272 pages
Paperback
Business & Economics / Careers

Summary: Confidence. We want it. We need it. But it can be maddeningly enigmatic and out of reach. The authors of the New York Times bestseller Womenomics deconstruct this essential, elusive, and misunderstood quality and offer a blueprint for bringing more of it into our lives.

Is confidence hardwired into the DNA of a lucky few, or can anyone learn it? Is it best expressed by bravado, or is there another way to show confidence? Which is more important: confidence or competence? Why do so many women, even the most successful, struggle with feelings of self-doubt? Is there a secret to channeling our inner confidence?

The Beauty of Discomfort: How What We Avoid Is What We Need
Amanda Lang
9781443449854, 1443449857
Pub Date: 4/3/18
$19.99 CAD
304 pages
Paperback
Self-Help / Personal Growth / Success

Summary: Why do some people drive change while others are blindsided by it?
Why are some people able to adapt and thrive?
How can we make change easier?

Truly successful people don’t merely tolerate discomfort—they embrace it and seek it out again and again. Business founders and university students, top athletes and couch potatoes, meditation gurus and military leaders all have very different ways of coping with discomfort, but the most successful among them believe that withstanding discomfort is a skill that has helped them to thrive.

Tough Mothers: Amazing Stories of History’s Mightiest Matriarchs
Jason Porath
9780062796097, 0062796097
Pub Date: 4/3/18
$31.00 CAD
256 pages
Hardcover
Social Science / Women’s Studies

Summary: Mothers possess the “maternal instinct”—an innate fierceness that drives them to nurture, safeguard, fight, and sacrifice for the most important things that matter to them. For some mothers, it’s their children. For others, it’s artistic expression, invention, social cause, or even a nation that they helped to birth. In Tough Mothers, Jason Porath brings his wisdom and wit to bear on fifty fascinating matriarchs.

In concise, deeply researched vignettes, accompanied by charming illustrations, Porath illuminates these fearsome women, explores their lives, and pays tribute to their accomplishments. Here are famous women as well as lesser
The Unmade Bed: The Messy Truth about Men and Women in the Twenty-first Century

Stephen Marche
9781443434843, 1443434841
Pub Date: 3/6/18
$19.99 CAD
256 pages
Paperback
Social Science

Summary: In one of the most talked about books of the year, provocative cultural commentator Stephen Marche examines the state of male-female relations in the 21st century, with commentary from his wife, Toronto Life editor-in-chief Sarah Fulford.

On a warm spring morning in New York City, Stephen Marche, then a new father and tenure-track professor, got the call: his wife had been offered her dream job... in Toronto. Their mutual decision to move home, prioritizing her career over his, shed new light on the gender roles in their marriage. It also provoked a surprising and divided response from the world around them.


Emma Gray
9780062748089, 0062748084
Pub Date: 2/27/18
$21.00 CAD
144 pages
Paperback
Political Science / Women In Politics

Summary: Have recent political events given you pause? Does Trump’s America make you fearful for the future? Do you want to become more involved in fighting for a more equal America but aren’t sure how? In A Girl’s Guide to Joining the Resistance, Emma Gray, Executive Women’s Editor at HuffPost, outlines all that young women need to know on pivotal women’s rights issues and offers a blueprint for those who want to take a stand and participate in the cause.

This groundbreaking book includes:

• Background information on key issues so you can choose

Attack of the 50 Ft. Women: How Gender Equality Can Save The World!

Catherine Mayer
9780008191146, 000819114X
Pub Date: 2/27/18
$17.99 CAD
352 pages
Paperback
Political Science / Women In Politics

Summary: ‘Buy it for yourself, your husband or partner. Most importantly, buy it for your children’

Sunday Express

Essential reading from Catherine Mayer, recently named one of the Top 100 Most Influential People in Global Policy on Gender Equality.

Cometh the hour,
Cometh the women.

Don’t Call Me Princess: Essays on Girls, Women, Sex, and Life

Peggy Orenstein
9780062688903, 0062688901
Pub Date: 2/27/18
$21.00 CAD
400 pages
Paperback
Social Science / Essays

Summary: Named one of the “40 women who changed the media business in the last 40 years” by Columbia Journalism Review, Peggy Orenstein is one of the most prominent, unflinching feminist voices of our time. Her writing has broken ground and broken silences on topics as wide-ranging as miscarriage, motherhood, breast cancer, princess culture and the importance of girls’ sexual pleasure. Her unique blend of investigative reporting, personal revelation and unexpected humor has made her books bestselling classics.

In Don’t Call Me Princess, Orenstein’s most resonant and important essays are available for the first time in collected form, updated with both an original introduction and personal
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>ISBN</th>
<th>Pub Date</th>
<th>Price</th>
<th>Pages</th>
<th>Format</th>
<th>Subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>Don't Call Me Princess: Essays on Girls, Women, Sex, and Life</td>
<td>Peggy Orenstein</td>
<td>9780062834058, 0062834053</td>
<td>2/27/18</td>
<td>$33.50 CAD</td>
<td>400</td>
<td>Hardcover</td>
<td>Social Science / Essays</td>
</tr>
<tr>
<td>This Will Be My Undoing: Living at the Intersection of Black, Female, and Feminist in (White) America</td>
<td>Morgan Jerkins</td>
<td>9780062666154, 0062666150</td>
<td>1/30/18</td>
<td>$19.99 CAD</td>
<td>272</td>
<td>Paperback</td>
<td>Biography &amp; Autobiography / Cultural, Ethnic &amp; Regional / African American &amp; Black</td>
</tr>
<tr>
<td>The Bitch Is Back: Older, Wiser, and (Getting) Happier</td>
<td>Cathi Hanauer</td>
<td>9780062389527, 0062389521</td>
<td>9/12/17</td>
<td>$19.99 CAD</td>
<td>368</td>
<td>Paperback</td>
<td>Social Science / Women's Studies</td>
</tr>
<tr>
<td>Tribe: On Homecoming and Belonging</td>
<td>Sebastian Junger</td>
<td>9781443449595, 1443449598</td>
<td>6/20/17</td>
<td>$17.99 CAD</td>
<td>192</td>
<td>Paperback</td>
<td>Social Science / Violence In Society</td>
</tr>
</tbody>
</table>

**Summary:**

In *Don't Call Me Princess*, Orenstein's most resonant and important essays are available for the first time in collected form, updated with both an original introduction and personal reflections.

In *This Will Be My Undoing*, Morgan Jenkins is only in her twenties, but she has already established herself as an insightful, brutally honest writer who isn't afraid of tackling tough, controversial subjects. In *This Will Be My Undoing*, she takes on perhaps one of the most provocative contemporary topics: What does it mean to “be”—to live as, to exist as—a black woman today? This is a book about black women, but it’s necessary reading for all Americans.

**Summary:**

"Born out of anger," the essays in *The Bitch in the House* chronicled the face of womanhood at the beginning of a new millennium. Now, nearly fifteen years later, editor and author Cathi Hanauer has compiled a new batch of passionate, enlightened, often hilarious pieces that are less bitter and resentful, and more confident and content—a provocative and compelling companion collection that captures the spirit of postfeminism with authority, acumen, and panache.

Having aged into their forties, fifties, and sixties, these “bitches”—bestselling authors, renowned journalists, and other extraordinary yet also ordinary women—have brilliant insights to offer on the complexities of aging, gender, and life.

**Summary:**

Sebastian Junger, the bestselling author of *War* and *The Perfect Storm*, takes a critical look at post-traumatic stress disorder and the many challenges today’s returning veterans face in modern society.

There are ancient tribal behaviours—loyalty, interdependency, cooperation—that flourish in human communities during times of turmoil and suffering. These are the very same behaviours that typify good soldiering and foster a sense of belonging among troops, whether they’re fighting on the front lines or engaged in non-combat activities away from the action. Drawing from the fields of gender studies, psychology, and sociology.
Girls & Sex : Navigating the Complicated New Landscape
Peggy Orenstein
9780062209740, 0062209744
Pub Date: 3/7/17
$21.00 CAD
336 pages
Paperback
Family & Relationships / Life Stages / Teenagers

Summary: A generation gap has emerged between parents and their girls. Even in this age of helicopter parenting, the mothers and fathers of tomorrow’s women have little idea what their daughters are up to sexually or how they feel about it. Drawing on in-depth interviews with over seventy young women and a wide range of psychologists, academics, and experts, renowned journalist Peggy Orenstein goes where most others fear to tread, pulling back the curtain on the hidden truths, hard lessons, and important possibilities of girls’ sex lives in the modern world.

While the media has focused—often to sensational effect—on the rise of casual sex and the prevalence of rape on campus.

Sex Object : A Memoir
Jessica Valenti
9780062435095, 0062435094
Pub Date: 2/28/17
$21.00 CAD
224 pages
Paperback
Social Science / Women’s Studies

Summary: Hailed by The Washington Post as “one of the most visible and successful feminists of her generation,” Jessica Valenti has been leading the national conversation on gender and politics for over a decade. Now, in a memoir that Publishers Weekly calls “bold and unflinching,” Valenti explores the toll that sexism takes on women’s lives, from the everyday to the existential. From subway gropings and imposter syndrome to sexual awakenings and motherhood, Sex Object reveals the painful, embarrassing, and sometimes illegal moments that shaped Valenti’s adolescence and young adulthood in New York City.

I like the masterworks of writers such as Joan Didion and

Tied Up in Knots : How Getting What We Wanted Made Women Miserable
Andrea Tantaros
9780062351869, 0062351869
Pub Date: 4/26/16
$33.50 CAD
256 pages
Hardcover
Social Science / Women’s Studies

Summary: Women today have more choices and options than ever. So why are they so stressed out? In a covetous quest to attain what men have, women have been told we should work like men, behave like men, and have sex like men. There’s just one problem: women aren’t men. Instead of feeling at peace with their newfound freedoms, females are finding themselves tied up in knots—trying to strike a balance between their natural desires and what society dictates.

Conservative political analyst and co-host of Fox News’ Outnumbered and The Five exposes the pitfalls that are entangling women everywhere thanks to the rise of female

Bad Feminist : Essays
Roxane Gay
9780062282712, 0062282719
Pub Date: 8/5/14
$21.00 CAD
336 pages
Paperback
Social Science / Essays

Summary: “Pink is my favorite color. I used to say my favorite color was black to be cool, but it is pink—all shades of pink. If I have an accessory, it is probably pink. I read Vogue, and I’m not doing it ironically, though it might seem that way. I once live-tweeted the September issue.”

In these funny and insightful essays, Roxane Gay takes us through the journey of her evolution as a woman (Sweet Valley High) of color (The Help) while also taking readers on a ride through culture of the last few years (Girls, Django in Chains) and commenting on the state of feminism today (abortion, Chris Brown). The portrait that emerges is not only one of an incredibly insightful woman continually
Jean Shinoda Bolen, M.D.
9780062321121, 0062321129
Pub Date: 7/1/14
$21.00 CAD
368 pages
Paperback
Social Science / Women's Studies

Summary: Myths are fascinating stories that become even more intriguing when we realize that they can reveal intimate truths about ourselves and others. Jean Shinoda Bolen brings the Greek pantheon to life as our inner archetypes and applies the power of myth to our personal lives. Once we understand the natural progression from myth to archetype to personal psychology, and realize that positive gifts and negative tendencies are qualities associated with a particular goddess within, we gain powerful insights.

Depending on which goddess is more active within, one woman might be more committed to achieving professional success, while another more fulfilled as a wife and mother.

Goddesses in Older Women: Archetypes in Women over Fifty
Jean Shinoda Bolen, M.D.
9780060929237, 0060929235
Pub Date: 7/1/14
$19.99 CAD
256 pages
Paperback
Social Science / Women's Studies

Summary: At some point after fifty, every woman crosses a threshold into the third phase of her life. As she enters this uncharted territory, she can choose to mourn what has gone before, or she can embrace the juicy-crone years.

In this celebration of Act Three, Jean Shinoda Bolen, Jungian analyst and bestselling author of Goddesses in Everywoman, names the powerful new energies and potentials—or archetypes—that come into the psyche at this momentous time, suggesting that women getting older have profound and exciting reasons for welcoming the other side of fifty.

What Do Women Want?: Adventures in the Science of Female Desire
Daniel Bergner
9780061906091, 0061906093
Pub Date: 5/13/14
$19.99 CAD
224 pages
Paperback
Social Science / Women's Studies

Summary: "Daniel Bergner has written a keenly intelligent book about a subject that often exceeds our intelligence: What Do Women Want?" —Gay Talese

Critically acclaimed journalist Daniel Bergner turns everything we thought we knew about women’s arousal and desire inside out. Drawing on extensive research and interviews with scientists and everyday women, he forces us to reconsider long-held notions about female sexuality. As he explores the answers to a number of fascinating questions, Bergner debunks myths and looks at the future of female sexuality, including the possibility of a female "Viagra." He goes behind the scenes of some of the most

Vagina: Revised and Updated
Naomi Wolf
9780061989179, 0061989177
Pub Date: 12/10/13
$21.00 CAD
416 pages
Paperback
Social Science / Feminism & Feminist Theory

Summary: Exhilarating and groundbreaking, Vagina: A New Biography combines rigorous science, explained for lay readers, with cultural history and deeply personal considerations of the role of female desire in female identity, creativity, and confidence, from interviewees of all walks of life. Heralded by Publishers Weekly as one of the best science books of the year, it is a provocative and deeply engaging book that elucidates the ties between a woman’s experience of her vagina and her sense of self; her impulses, dreams, and courage; and her role in love and in society in completely new and revelatory ways.

A brilliant and nuanced synthesis of physiology, history, and