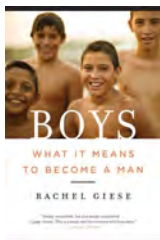


Parenting

Summer/Fall 2020





Boys

Rachel Giese

"A page-turner. This is a must-read for everyone who loves boys."—Tabatha Southey

With lively reportage and clear-eyed analysis, Giese reveals that the movement for gender equality has the potential to liberate us all.

9781443442916
Pub Date: 7/30/19
\$19.99 CAD
Paperback



Wild and Free Nature

Ainsley Arment

Wild + Free Nature is a beautiful, four-color resource book for parents, educators, and caregivers to enjoy doing hands-on activities outside with kids. One of the core philosophies behind *Wild + Free* is the belief that nature is ...

9780062916570
Pub Date: 8/25/20
\$28.50 CAD
Paperback

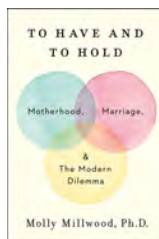


Unconditional Love

Jane Isay

For many grandparents, a grandchild offers a second chance to become the parent they didn't have the time or the energy to be when raising their own children. Family relationships expert Jane Isay argues that being a grandparent i...

9780062427182
Pub Date: 3/5/19
\$21.00 CAD
Paperback



To Have and to Hold

Molly Millwood, Ph.D

When Molly Millwood became a mother, she was fully prepared for all that she would gain: an adorable baby boy, hard-won mothering skills, and a messy, chaotic, love-filled home. But she didn't anticipate what she would lose: an id...

9780062838650
Pub Date: 3/26/19
\$33.50 CAD
Hardcover



All the Rage

Darcy Lockman

Why do men do so little at home?

Why do women do so much?

Why don't our egalitarian values match our lived experiences?

In an era of seemingly unprecedented feminist activism, enlightenment, and change, data shows that one area of ge...

9780062861450
Pub Date: 5/19/20
\$21.99 CAD
Paperback



Why Mommy Drinks: The Journal

Gill Sims

You're the proud owner of a journal called Why Mommy Drinks, so you almost certainly have no time at all for meditation, mindfulness or self-care (either the self-help sort or the euphemistic sort). This journal isn't about promis...

9780008319045
Pub Date: 5/28/19
\$18.99 CAD
Flexibound

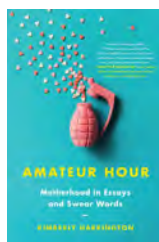


All the Rage

Darcy Lockman

The inequity of domestic life is one of the most profound and perplexing conundrums of our time. In an era of seemingly unprecedented feminist activism, enlightenment, and change, data show that one area of gender inequality stubb...

9780062861443
Pub Date: 5/7/19
\$33.50 CAD
Hardcover



Amateur Hour

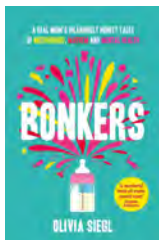
Kimberly Harrington

"Being a mother is a gift."

Where's my receipt?

Welcome to essayist Kimberly Harrington's poetic, hysterically funny (and occasionally just hysterical) world of motherhood, womanhood, and humanhood, not necessarily in that order. It...

9780062838742
Pub Date: 5/1/18
\$19.99 CAD
Paperback



Bonkers

Olivia Siegl

A Real Mum's Hilariously Honest Tales of Motherhood, Mayhem and Mental Health

'A wonderful book all mums should read!' Gemma Atkinson

'A book to be shared the world over.'

'I do believe this book will save lives!'

This book made me ...

9780008214852
Pub Date: 4/10/18
\$21.99 CAD
Trade Paperback



Love In, Love Out

Dr Malie Coyne

An indispensable guide that empowers parents to understand and recognise anxiety in their children, and to help them to develop strategies to manage it together.

An indispensable guide that empowers parents to understand and recogn...

9780008332990
Pub Date: 9/15/20
\$23.99 CAD
Trade Paperback

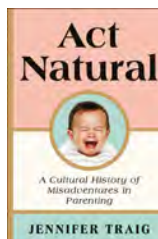


The Tech Diet for your Child & Teen: The 7-Step Plan to Unplug & Reclaim Your Kid's Childhood (And Your Family's Sanity)

Brad Marshall

Brad Marshall, The Unplugged Psychologist, is on the front line helping parents deal with the dominance of gaming and problematic technology use. His clinic, the Internet Addiction Clinic @ Kidspace, was one of the first in Austr...

9781460758014
Pub Date: 2/19/20
\$21.99 CAD
B-format Paperback

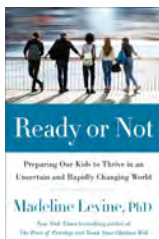


Act Natural

Jennifer Traig

Why do we read our kids fairy tales about homicidal stepparents? How did helicopter parenting develop if it used to be perfectly socially acceptable to abandon your children? Why do we encourage our babies to crawl if crawling won...

9780062469816
Pub Date: 2/11/20
\$21.99 CAD
Paperback



Ready or Not

Madeline Levine, PhD

In *The Price of Privilege*, respected clinician, Madeline Levine was the first to correctly identify the deficits created by parents giving kids of privilege too much of the wrong things and not enough of the right things. Continui...

9780062657756
Pub Date: 2/11/20
\$35.99 CAD
Hardcover



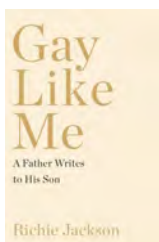
The Tresillian Sleep Book: Expert advice on how to help your baby to sleep - from Australia's most trusted parent support organisation

Tresillian

Tresillian helps thousands of Aussie parents with their babies' sleep issues every year. Their gentle settling methods are informed by expert knowledge and deep experience.

This book covers sleep and settling from birth to the pres...

9780733339141
Pub Date: 2/3/20
\$24.99 CAD
Paperback



Gay Like Me

Richie Jackson

"My son is kind, responsible, and hardworking. He is ready for college. He is not ready to be a gay man living in America."

When Richie Jackson's eighteen-year-old adopted son came out to him, the successful theater, television, an...

9780062939777
Pub Date: 1/28/20
\$31.00 CAD
Hardcover

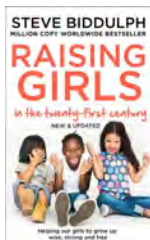


The Enchanted Hour

Meghan Cox Gurdon

Imagine an elixir so strong that a daily dose would make your family smarter, happier, healthier, more successful, and more closely attached. Now imagine that you could have it without spending a dime. It all starts with a book, a...

9780062562821
Pub Date: 1/21/20
\$21.99 CAD
Paperback



Raising Girls in the 21st Century

Steve Biddulph

Steve Biddulph's *Raising Boys* was a global phenomenon. The first book in a generation to look at boys' specific needs, parents loved its clarity and warm insights into their sons' inner world. But today, things have changed. It's ...

9780008339784
Pub Date: 9/3/19
\$19.99 CAD
Trade Paperback



Happy Parents Happy Kids

Ann Douglas

Mommy martyrdom is so passé. Daddy martyrdom, too. You *can* take time to care for yourself while you're busy raising a family. That's the key message to shine through in this warm and reassuring guide to thriving as a modern parent...

9781443425759
Pub Date: 2/19/19
\$22.99 CAD
Paperback

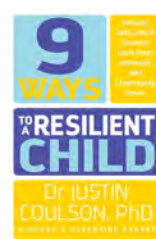


10 Things Every Parent Needs to Know

Justin Coulson

Parenting expert Dr Justin Coulson shares the ten things every parent needs to know to raise their children in positive ways. They are also ways to make parenting easier for you—so you don't have to keep 'making it up as you go al...

9780733338724
Pub Date: 1/24/19
\$21.99 CAD
Trade Paperback



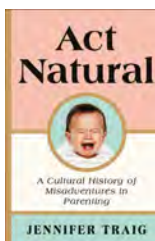
9 Ways to a Resilient Child

Justin Coulson

'How can I help my child be more resilient?' is a question Dr Justin Coulson often hears from worried mums and dads.

9 Ways to a Resilient Child gives parents practical strategies to help their children cope with the challenges tha...

9780733334825
Pub Date: 1/24/19
\$21.99 CAD
Trade Paperback

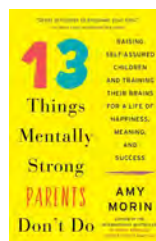


Act Natural

Jennifer Traig

Why do we read our kids fairy tales about homicidal stepparents? How did helicopter parenting develop if it used to be perfectly socially acceptable to abandon your children? Why do we encourage our babies to crawl if crawling won...

9780062469809
Pub Date: 1/8/19
\$33.50 CAD
Hardcover

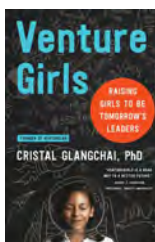


13 Things Mentally Strong Parents Don't Do

Amy Morin

Do you prevent your child from making mistakes? Do you give your child power over you? Do you parent out of guilt? If so, you're not alone. Every parent wants to provide their child with the best and safest future. But in today's ...

9780062565754
Pub Date: 9/4/18
\$21.00 CAD
Paperback



VentureGirls

Cristal Glangchai

As the female CEO of a tech startup, Dr. Cristal Glangchai was outnumbered twenty to one. At Google, Twitter, and Facebook, women currently fill just ten to twenty percent of technical jobs. While career opportunities in science, ...

9780062697554
Pub Date: 5/8/18
\$21.00 CAD
Paperback

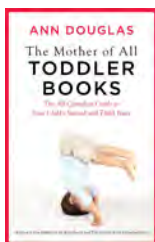


First-Time Parent

Lucy Atkins

Anticipating the questions and concerns of all new mothers—*Why does my baby cry so much? Will I ever lose all this weight? Am I a bad parent because . . .?*—this guide provides practical advice and level-headed reassurance for new ...

9780007269440
Pub Date: 5/1/18
\$30.00 CAD
Paperback



The Mother Of All Toddler Books

Ann Douglas

The #1 All-Canadian Guide to a Happy, Healthy Toddler

For over two decades, Canadians have counted on Ann Douglas for her reassuring, proven, and never-bossy advice. Featuring the latest recommendations from Canadian health authori...

9781443427975
Pub Date: 4/24/18
\$19.99 CAD
Paperback

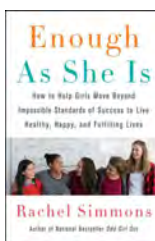


Live Love Now

Rachel Macy Stafford

What do young people need now more than ever? Truth-tellers not taskmasters. Encouragers not critics. Guides not half-listeners. The good news is, it's not too late! No matter how old your children are, you can help them face the ...

9780310358671
Pub Date: 4/28/20
\$23.99 CAD
Paperback

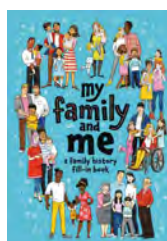


Enough As She Is

Rachel Simmons

For many girls today, the drive to achieve is fueled by brutal self-criticism and an acute fear of failure. Though young women have never been more "successful"—outpacing boys in GPAs and college enrollment—they have also never st...

9780062438423
Pub Date: 2/26/19
\$21.00 CAD
Paperback



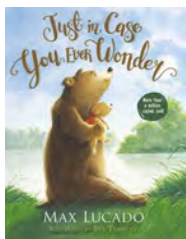
My Family and Me

Cara J. Stevens

Learn more about who you are and where you come from!

This brightly colored, stylish fill-in book encourages children to learn about themselves by learning about their families. MY FAMILY AND ME teaches children the basics of genea...

9780062914842
Pub Date: 5/7/19
\$12.50 CAD
Paperback

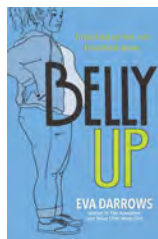


Just in Case You Ever Wonder

Max Lucado, Eve Tharlet

This book assures children of God's love through all their experiences—including during hard times such as being afraid of the dark or being bullied—and gives assurance that the parent was there when they were first born and will ...

9780718075392
Pub Date: 11/26/19
\$10.99 CAD
Board Book



Belly Up

Eva Darrows

There's a first time for everything.

First time playing quarters.

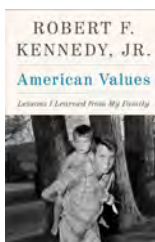
First time spinning the bottle.

First totally hot consensual truck hookup with a superhot boy whose digits I forgot to get.

First time getting pregnant.

Surprised you wi...

9781335012357
Pub Date: 4/30/19
\$23.99 CAD
Hardcover

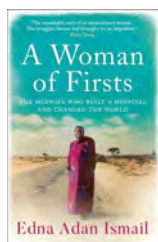


American Values

Robert F. Kennedy, Jr.

In this powerful book that combines the best aspects of memoir and political history, the third child of Attorney General Robert Kennedy and nephew of JFK takes us on an intimate journey through his life, including watershed momen...

9780060848354
Pub Date: 5/14/19
\$21.99 CAD
Paperback



A Woman of Firsts

Edna Adan Ismail, Wendy Holden

'The Muslim Mother Teresa' *Huffington Post*

Imprisonment. Mutilation. Persecution.

Edna Adan Ismail endured it all – for the women of Africa.

Edna saw first-hand how poor healthcare, lack of education and ancient superstitions had dev...

9780008305352
Pub Date: 10/15/19
\$21.99 CAD
Trade Paperback



Girl With Dove

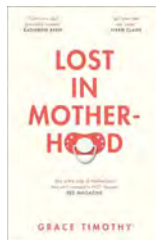
Sally Bayley

'The word "mesmerising" is frequently applied to memoirs, but seldom as deservedly as in the case of Girl With Dove' *Financial Times*

'Reading is a form of escape and an avid reader is an escape artist...'

Brilliantly original, funny a...

9780008226893
Pub Date: 9/3/19
\$18.99 CAD
B-format Paperback

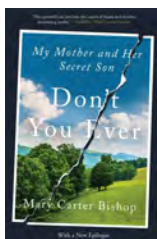


Lost in Motherhood

Grace Timothy

What begins as shock and then denial of how your life will change has to become acceptance when you're too big to walk/waddle/work; you're fully repurposed now; you're a mum, in everything you do, and everyone knows it. From the p...

9780008278700
Pub Date: 5/21/19
\$18.99 CAD
B-format Paperback



Don't You Ever

Mary Carter Bishop

While applying for a passport as an adult, Mary Carter Bishop made a shocking discovery: she had a secret half-brother. Her mother, a farm manager's wife on a country estate, told Mary Carter that the abandoned boy was a youthful ...

9780062400741
Pub Date: 7/30/19
\$21.99 CAD
Paperback



A Dark Secret

Casey Watson

Determined to get to the root of Sam's behaviour, Casey is committed to uncover his mysterious past only to find out something far darker than she ever imagined...

Having recently said goodbye to their last foster child, Miller, the ...

9780008298616
Pub Date: 7/9/19
\$12.99 CAD
B-format Paperback



Famous Father Girl

Jamie Bernstein

The composer of *On the Town* and *West Side Story*, chief conductor of the New York Philharmonic, television star, humanitarian, friend of the powerful and influential, and the life of every party, Leonard Bernstein was an enormous c...

9780062641366
Pub Date: 6/11/19
\$21.99 CAD
Paperback



All Happy Families

Jeanne McCulloch

On a mid-August weekend in 1983, two families assemble for a wedding at a rambling mansion on the beach in East Hampton, in the last days of the area's quietly refined country splendor, before traffic jams and high-end boutiques m...

9780062234766
Pub Date: 6/4/19
\$19.99 CAD
Paperback



How to Forget

Kate Mulgrew

They say you can't go home again. But when her father is diagnosed with aggressive lung cancer and her mother with atypical Alzheimer's, New York-based actress Kate Mulgrew returns to her hometown in Iowa to spend time with her pa...

9780062846815
Pub Date: 5/21/19
\$34.99 CAD
Hardcover

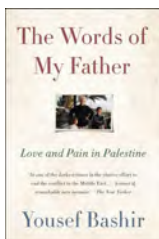


Kickflip Boys

Neal Thompson

What makes a good father, and what makes one a failure? Does less-is-more parenting inspire independence and strength, or does it encourage defiance and trouble? *Kickflip Boys* is the story of a father's struggle to understand his...

9780062394361
Pub Date: 5/14/19
\$21.00 CAD
Paperback



The Words of My Father

Yousef Bashir

Yousef Bashir grew up in Gaza, the soccer-mad son of a respected Palestinian schoolteacher whose belief in peaceful coexistence with Israelis was absolute.

Their verdant ten-acre farm was a world unto itself; the Israeli settle...

9780062917324
Pub Date: 5/7/19
\$31.99 CAD
Hardcover



Without My Mother

Melissa Cistaro

This provocative, poignant memoir of a daughter whose mother left her behind by choice begs the question: Are we destined to make the same mistakes as our parents?

One summer, Melissa Cistaro's mother drove off without a word.

Devas...

9781443458719
Pub Date: 5/7/19
\$22.99 CAD
Trade Paperback



Finding Stevie

Cathy Glass

When Stevie's social worker tells Cathy, an experienced foster carer, that Stevie, 14, is gender fluid she isn't sure what that term means and looks it up.

Stevie, together with his younger brother and sister, have been brought up ...

9780008324292
Pub Date: 3/5/19
\$12.99 CAD
B-format Paperback



The Daughter of Gloriavale

Lilia Tarawa

One young woman's true story of growing up in a repressive cult led by her charismatic grandfather, Hopeful Christian.

In an idyllic valley in New Zealand, the Gloriavale Christian Community seemingly flourished. Founded by Lilia T...

9781443459044
Pub Date: 3/5/19
\$22.99 CAD
Trade Paperback



Angels in Our Hearts

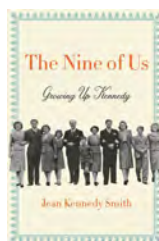
Rosie Lewis, Casey Watson

A collection of inspiring and emotive real-life short stories from foster carers Casey Watson and Rosie Lewis.

Sarah, a baby born to a crack-addicted mother on a freezing cold night in December.

Charlie, who fell from the second-flo...

9780008305956
Pub Date: 1/18/19
\$12.99 CAD
B-format Paperback

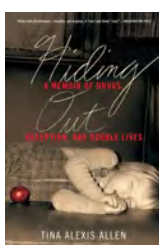


The Nine of Us

Jean Kennedy Smith

Prompted by interesting tidbits in the daily papers, Rose and Joe Kennedy would pose questions to their nine children at the dinner table: "Where has Amelia Earhart gone?" "Do you think there will be war in Europe?" "What will the...

9780062444233
Pub Date: 12/18/18
\$21.00 CAD
Paperback



Hiding Out

Tina Alexis Allen

Tina Alexis Allen, the youngest of thirteen in a devout Catholic family, grew up in suburban Washington, D.C., in a home dominated by Sir John, her charming but hot-tempered father—an English orphan, ex-soldier, and Catholic serva...

9780062565686
Pub Date: 11/27/18
\$21.00 CAD
Paperback

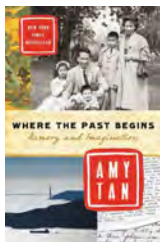


Growing Up Fisher

Joely Fisher

Growing up in an iconic Hollywood dynasty, no stranger to the seesaw of highs and lows (and getting high) intrinsic to fame, Joely was always destined for a career in show business. The product of world-famous crooner and playboy ...

9780062695567
Pub Date: 10/30/18
\$21.99 CAD
Paperback



Where the Past Begins

Amy Tan

In *Where the Past Begins*, bestselling author of *The Joy Luck Club* and *The Valley of Amazement* Amy Tan reveals the ways that our memories and personal experiences can inform our creative work. Drawing on her vivid impressions of he...

9780062319319
Pub Date: 10/30/18
\$21.00 CAD
Paperback



Just Kids Illustrated Edition

Patti Smith

Patti's Smith's exquisite prose is generously illustrated in this full-color edition of her classic coming-of-age memoir, *Just Kids*. New York locations vividly come to life where, as young artists, Patti Smith and Robert Mapplethorpe...

9780062873743
Pub Date: 10/23/18
\$49.99 CAD
Hardcover



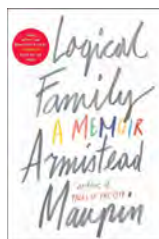
Where Has Mummy Gone?

Cathy Glass

The true story of Melody, aged 8, the last of five siblings to be taken from her drug dependent single mother and brought into care.

When Cathy is told about Melody's terrible childhood, she is sure she's heard it all before. But i...

9780008305468
Pub Date: 9/4/18
\$12.99 CAD
B-format Paperback



Logical Family

Armistead Maupin

Sooner or later, we have to venture beyond our biological family to find our logical one, the one that actually makes sense for us. We have to, if we are to live without squandering our lives.

Born in the mid-twentieth century and ...

9780062391254
Pub Date: 9/4/18
\$21.00 CAD
Paperback



To Siri with Love

Judith Newman

It began when Judith Newman's thirteen-year-old autistic son noticed that there was someone who not only would find information on his various obsessions (trains, planes, escalators, and anything related to the weather) but also W...

9780062413635
Pub Date: 8/7/18
\$19.99 CAD
Paperback



My Girls LP

Todd Fisher

In December 2016, the world was shaken by the sudden deaths of Carrie Fisher and her mother Debbie Reynolds, two unspeakable losses that occurred in less than twenty-four hours. The stunned public turned for solace to Debbie's onl...

9780062845665
Pub Date: 6/12/18
\$34.99 CAD
Trade Paperback



Slow Cooker Central Family Favourites: 200 new classics the whole family will love

Paulene Christie

When Paulene Christie started *Slow Cooker Central* in 2012, she wanted to share her passion for slow-cooking with like-minded people online. Fast forward 7 years, and she has more than half a million followers, four bestselling coo...

9780733339233
Pub Date: 12/30/19
\$22.99 CAD
Paperback



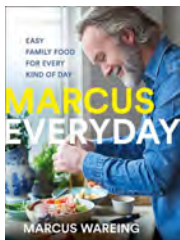
Slow Cooker Central Kids

Paulene Christie

From the trusted bestselling *Slow Cooker Central* series comes a book packed with more than 200 recipes that your kids will love to eat and are simple enough for them to help cook!

How do we know that? Because these are recipes from...

9780733339226
Pub Date: 11/30/18
\$21.99 CAD
Paperback

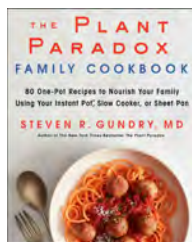


Marcus Everyday

Marcus Wareing

Taking inspiration from Marcus' incomparable cooking career, his childhood experience in his father's fruit and vegetable distribution business, as well as his role as a father of three, *Marcus Everyday* goes back to his roots, and...

9780008320997
Pub Date: 3/17/20
\$36.99 CAD
Hardcover



The Plant Paradox Family Cookbook

Dr. Steven R. Gundry, MD

Since the publication of *The Plant Paradox* in 2017, hundreds of thousands of people have embraced Dr. Gundry's nutritional protocol—and experienced life-changing results. But most of Dr. Gundry's readers aren't cooking for themself...

9780062911834
Pub Date: 11/19/19
\$36.99 CAD
Hardcover



The Adventurous Eaters Club

Misha Collins, Vicki Collins

Chicken nuggets. Hot dogs. Macaroni and cheese. They're easy to throw together after a long and stressful work day and even better; our kids love them. When Misha and Vicki Collins' son, West, was a toddler, he rejected any food t...

9780062876881
Pub Date: 11/5/19
\$36.99 CAD
Hardcover

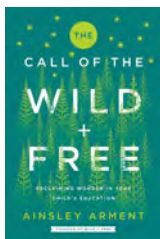


Wild and Free Handcrafts

Ainsley Arment

Wild + Free Handcrafts is a beautiful, four-color resource book for parents, educators, and caregivers to enjoy doing hands-on activities with kids. A handcraft engages one's hands, requires a level of learned skill, encourages ch...

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The Call of the Wild and Free

Ainsley Arment

Inspired by the spirit of Henry David Thoreau—"All good things are wild and free"—mother of five Ainsley Arment founded Wild + Free. This growing online community of mothers and families want their children to receive a quality ed...

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Patricia Harman

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Rumaan Alam

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Kathy Wang

When Stanley Huang is diagnosed with terminal cancer, his family is thrown into turmoil. While his children are concerned for their father, they can't help but wonder what his death will mean for their own futures. Stanley has lon...

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Gill Sims

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Our Story

Morrow Gift

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Nurturing Your New Life

Heidi Sze

For many first-time mothers expectations about their new life come from idealised images on TV, in magazines or online. It's a far cry from what it actually involves: lack of sleep, time and control - and total dependency on you b...

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The Rebel Mama's Handbook for (Cool) Moms

Aleks Jassem, Nikita Stanley

If you're a mom (or mom-to-be) who wants to raise decent human beings, maintain your pre-baby identity, and not lose your sh*t along the way, congrats: you've just found the parenting book of your dreams.

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Like a Mother

Angela Garbes

Like most first-time mothers, Angela Garbes was filled with questions when she became pregnant. What exactly is a placenta and how does it function? How does a body go into labor? Why is breast best? Is wine totally off-limits?

But...

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A Is for Advice (The Reassuring Kind)

Ilana Stanger-Ross

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Becky Rapinchuk

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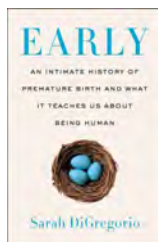


#IMomSoHard

Kristin Hensley, Jen Smedley

Has it been months since you've read a book with actual adult words that had nothing to do with farm animals or superheroes or going potty? Well then, it's time to take a break. Pour yourself some wine. Put on your comfy pants. Al...

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Sarah DiGregorio

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Owen Booth

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Dear Mother

Bunmi Laditan

The first collection of poetry from Bunmi Laditan, bestselling author of *Confessions of a Domestic Failure* and creator of *The Honest Toddler*, capturing the honesty, rawness, sheer joy and total madness of motherhood. With the comp...

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Max Lucado

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Patrick Schwenk, Ruth Schwenk

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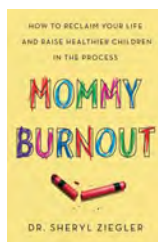
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Jessica Smartt

Be a different kind of mom. Break through the distractions and create lasting memories.

What's the solution to gaining the balanced, meaningful life you desire with your family? Create traditions that bring joy and significance. Po...

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Mommy Burnout

Dr. Sheryl G. Ziegler

I'm so tired
I never get anything done
I'm so depressed
My head /back/neck/stomach hurts all the time
My kids are driving me crazy
My husband is no help
I feel like I'm not doing a good enough job . . . ever
I'm just so . . .
Burned out
Dr...

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