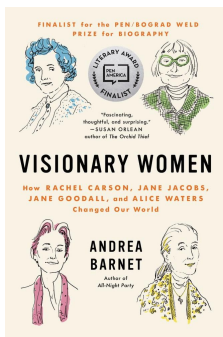




# Gender Studies Backlist



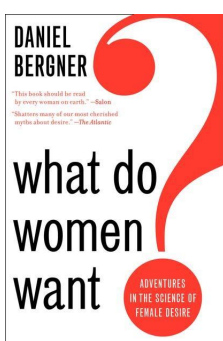


**Visionary Women : How Rachel Carson, Jane Jacobs, Jane Goodall, and Alice Waters Changed Our World**

Andrea Barnet  
9780062310736, 0062310739  
Pub Date: 3/5/19  
\$21.99 CAD  
528 pages  
Paperback  
History / Social History  
9 in H | 6 in W | 1.4 in T | 1.3 lb Wt

**Summary:** This is the story of four visionaries who profoundly shaped the world we live in today. Together, these women—linked not by friendship or field, but by their choice to break with convention—showed what one person speaking truth to power can do. Jane Jacobs fought for livable cities and strong communities; Rachel Carson warned us about poisoning the environment; Jane Goodall demonstrated the indelible kinship between humans and animals; and Alice Waters urged us to reconsider what and how we eat.

With a keen eye for historical detail, Andrea Barnet traces the arc of each woman's career and explores how their work

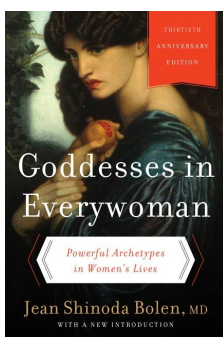


**What Do Women Want? : Adventures in the Science of Female Desire**

Daniel Bergner  
9780061906091, 0061906093  
Pub Date: 5/13/14  
\$19.99 CAD  
224 pages  
Paperback  
Social Science / Women's Studies  
8 in H | 5.3 in W | 0.5 in T | 0.4 lb Wt

**Summary:** "Daniel Bergner has written a keenly intelligent book about a subject that often exceeds our intelligence: *What Do Women Want?*" —Gay Talese

Critically acclaimed journalist Daniel Bergner turns everything we thought we knew about women's arousal and desire inside out. Drawing on extensive research and interviews with scientists and everyday women, he forces us to reconsider long-held notions about female sexuality. As he explores the answers to a number of fascinating questions, Bergner debunks myths and looks at the future of female sexuality, including the possibility of a female "Viagra." He goes behind the scenes of some of the most

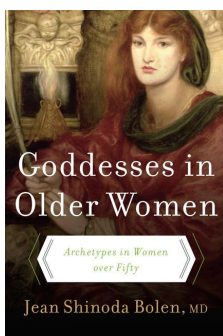


**Goddesses in Everywoman: Thirtieth Anniversary Edition : Powerful Archetypes in Women's Lives**

Jean Shinoda Bolen, M.D.  
9780062321121, 0062321129  
Pub Date: 7/1/14  
\$21.00 CAD  
368 pages  
Paperback  
Social Science / Women's Studies  
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt

**Summary:** Myths are fascinating stories that become even more intriguing when we realize that they can reveal intimate truths about ourselves and others. Jean Shinoda Bolen brings the Greek pantheon to life as our inner archetypes and applies the power of myth to our personal lives. Once we understand the natural progression from myth to archetype to personal psychology, and realize that positive gifts and negative tendencies are qualities associated with a particular goddess within, we gain powerful insights.

Depending on which goddess is more active within, one woman might be more committed to achieving professional

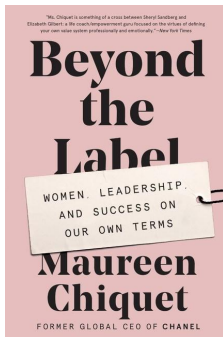


**Goddesses in Older Women : Archetypes in Women over Fifty**

Jean Shinoda Bolen, M.D.  
9780060929237, 0060929235  
Pub Date: 7/1/14  
\$18.50 CAD  
256 pages  
Paperback  
Social Science / Women's Studies  
8 in H | 5.3 in W | 0.6 in T | 0.4 lb Wt

**Summary:** At some point after fifty, every woman crosses a threshold into the third phase of her life. As she enters this uncharted territory, she can choose to mourn what has gone before, or she can embrace the juicy-crone years.

In this celebration of Act Three, Jean Shinoda Bolen, Jungian analyst and bestselling author of *Goddesses in Everywoman*, names the powerful new energies and potentials—or archetypes—that come into the psyche at this momentous time, suggesting that women getting older have profound and exciting reasons for welcoming the other side of fifty.



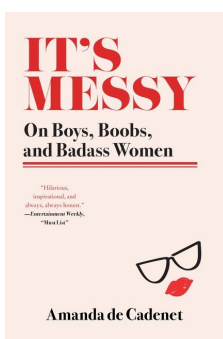
### **Beyond the Label : Women, Leadership, and Success on Our Own Terms**

Maureen Chiquet  
9780062655714, 006265571X  
Pub Date: 5/1/18  
\$21.00 CAD  
288 pages  
Paperback  
Business & Economics / Leadership  
8 in H | 5.3 in W | 0.6 in T | 0.5 lb Wt

**Summary:** Driven. Shy. Leader. Wife. Mother. We live in a world of categories—labels designed to tell the world, and ourselves, who we are and who we ought to be. but creating a life that's truly your own means learning to define yourself on your own terms.

In *Beyond the Label*, Maureen Chiquet shares the inklings, risks, and (re)defining moments that have shaped her exemplary career to inspire a new generation of women, liberal arts grads, and unconventional thinkers to cultivate a way of living and leading that is all their own.

Why should we separate art from business, feelings from

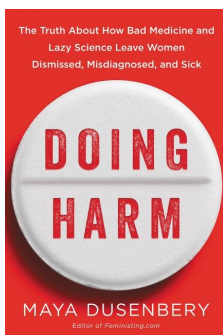


### **It's Messy : On Boys, Boobs, and Badass Women**

Amanda de Cadenet  
9780062412461, 0062412469  
Pub Date: 10/2/18  
\$19.99 CAD  
320 pages  
Paperback  
Biography & Autobiography / Personal Memoirs  
8 in H | 5.3 in W | 0.5 in T | 0.4 lb Wt

**Summary:** In her uniquely provocative voice, Amanda de Cadenet offers an original perspective as a feminist on the front lines of celebrity culture.

Through her interview series, *The Conversation*, Amanda de Cadenet talks with some of today's most badass women—from Hillary Clinton to Lady Gaga—in as-honest-as-it-gets conversations that speak to what it means to be female. Now, in *It's Messy*, Amanda shares her own story: a portrait of childhood fame, teen motherhood, a high-profile marriage (and divorce), and the sexism that threatened to end her career—all before she turned nineteen.

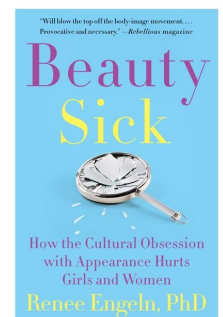


### **Doing Harm : The Truth About How Bad Medicine and Lazy Science Leave Women Dismissed, Misdiagnosed, and Sick**

Maya Dusenbery  
9780062470805, 0062470809  
Pub Date: 3/6/18  
\$34.99 CAD  
400 pages  
Hardcover  
Health & Fitness / Women's Health  
9 in H | 6 in W | 1.3 in T | 1.2 lb Wt

**Summary:** Editor of the award-winning site Feministing.com, Maya Dusenbery brings together scientific and sociological research, interviews with experts within and outside the medical establishment, and personal stories from women across the country to provide the first comprehensive, accessible look at how sexism in medicine harms women today.

Dusenbery reveals how conditions that disproportionately affect women, such as autoimmune diseases, chronic pain conditions, and Alzheimer's disease, are neglected and woefully under-researched. "Contested" diseases, such as fibromyalgia and chronic fatigue syndrome, that are 70 to



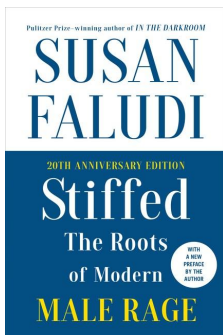
### **Beauty Sick : How the Cultural Obsession with Appearance Hurts Girls and Women**

Renee Engeln, PhD  
9780062469786, 0062469789  
Pub Date: 4/17/18  
\$21.00 CAD  
400 pages  
Paperback  
Social Science / Women's Studies  
8 in H | 5.3 in W | 0.9 in T | 0.7 lb Wt

**Summary:** We live in a beauty-sick world that teaches women to believe beauty matters most. Let's change that.

Today's girls and women embody a bewildering set of contradictions. They don't want to be Barbie dolls, but, like generations before them, feel pressure to look like them. They're angry about the media's treatment of women, but often consume the very outlets that belittle them. They mock our culture's absurd beauty ideals and make videos exposing Photoshopping tricks, but emulate the same images they reject. They critique social media for presenting a false reality, but still download apps to airbrush their selfies. Simply put, a beauty-sick culture leaves too many of



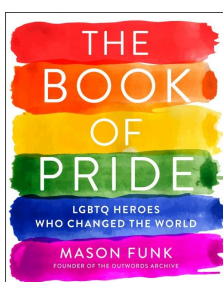


**Stiffed 20th Anniversary Edition : The Roots of Modern Male Rage**

Susan Faludi  
9780062858412, 0062858416  
Pub Date: 10/15/19  
\$28.50 CAD  
672 pages  
Paperback  
Social Science / Men's Studies  
9 in H | 6 in W | 1.5 in T | 1.4 lb Wt

**Summary:** In 1991, internationally renowned feminist journalist Susan Faludi ignited a revival of the women's movement with her revelatory investigative reportage: *Backlash* was nothing less than a landmark, uncovering an "undeclared war" against women's equality in the media, advertising, Hollywood, the workplace, and government—a war that is still being fought today.

*Stiffed* may be even more essential than *Backlash* to understanding the cultural riptides that led to Trumpian America. Here, Faludi turns her attention to the so-called "Angry Male" politics plaguing the nation. Through deeply researched, nuanced, and empathetic character studies of

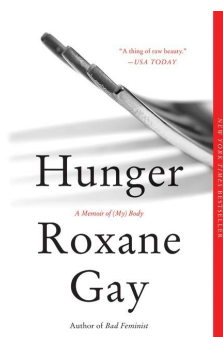


**The Book of Pride : LGBTQ Heroes Who Changed the World**

Mason Funk  
9780062571700, 0062571702  
Pub Date: 5/21/19  
\$31.00 CAD  
288 pages  
Paperback  
Biography & Autobiography / Lgbt  
9.1 in H | 7.4 in W | 0.7 in T | 1.3 lb Wt

**Summary:** *The Book of Pride* pays tribute to dozens of extraordinary and influential leaders who sparked the worldwide LGBTQ-rights movement. These courageous civil rights pioneers—nurses in Texas and chemists in Philadelphia; Muslims and Catholics; the loud and fearless marching in streets and the quiet and determined persevering in the face of persecution—are captured in gorgeous interviews accompanied by beautiful photographs. Mason Funk shines a spotlight on these individuals on the front lines of the fight for equality and acceptance and their stunning achievements in the 1960s and beyond.

Meet Evan Wolfson, the architect of the national marriage

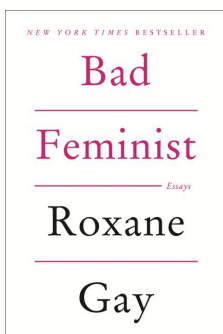


**Hunger : A Memoir of (My) Body**

Roxane Gay  
9780062420718, 0062420712  
Pub Date: 6/12/18  
\$21.00 CAD  
320 pages  
Paperback  
Biography & Autobiography / Personal Memoirs  
8 in H | 5.3 in W | 0.7 in T | 0.5 lb Wt

**Summary:** "I ate and ate and ate in the hopes that if I made myself big, my body would be safe. I buried the girl I had been because she ran into all kinds of trouble. I tried to erase every memory of her, but she is still there, somewhere. . . . I was trapped in my body, one I made but barely recognized or understood but of my own making. I was miserable, but I was safe."

In this intimate and searing memoir, the *New York Times* bestselling author Roxane Gay addresses the experience of living in a body that she calls "wildly undisciplined." She casts an insightful and critical eye over her childhood, teens, and twenties—including the devastating act of violence that

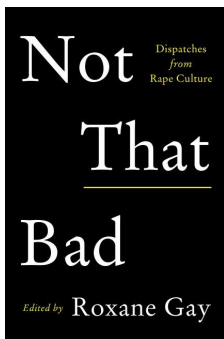


**Bad Feminist : Essays**

Roxane Gay  
9780062282712, 0062282719  
Pub Date: 8/5/14  
\$19.99 CAD  
336 pages  
Paperback  
Social Science / Essays  
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt

**Summary:** "Pink is my favorite color. I used to say my favorite color was black to be cool, but it is pink—all shades of pink. If I have an accessory, it is probably pink. I read Vogue, and I'm not doing it ironically, though it might seem that way. I once live-tweeted the September issue."

In these funny and insightful essays, Roxane Gay takes us through the journey of her evolution as a woman (*Sweet Valley High*) of color (*The Help*) while also taking readers on a ride through culture of the last few years (*Girls*, *Django in Chains*) and commenting on the state of feminism today (abortion, Chris Brown). The portrait that emerges is not only one of an incredibly insightful woman continually



### Not That Bad : Dispatches from Rape Culture

Roxane Gay

9780062413512, 0062413511

Pub Date: 5/1/18

\$21.00 CAD

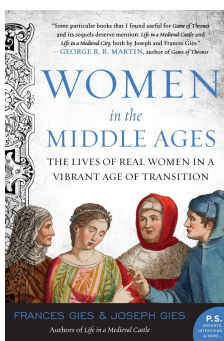
368 pages

Paperback

Social Science / Gender Studies

8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt

**Summary:** In this valuable and revealing anthology, cultural critic and bestselling author Roxane Gay collects original and previously published pieces that address what it means to live in a world where women have to measure the harassment, violence, and aggression they face, and where they are "routinely second-guessed, blown off, discredited, denigrated, besmirched, belittled, patronized, mocked, shamed, gaslit, insulted, bullied" for speaking out. Contributions include essays from established and up-and-coming writers, performers, and critics, including actors Ally Sheedy and Gabrielle Union and writers Amy Jo Burns, Lyz Lenz, Claire Schwartz, and Bob Shacochis. Covering a wide range of topics and experiences from an exploration of the



### Women in the Middle Ages : The Lives of Real Women in a Vibrant Age of Transition

Joseph Gies, Frances Gies

9780060923044, 0060923040

Pub Date: 8/14/18

\$21.00 CAD

304 pages

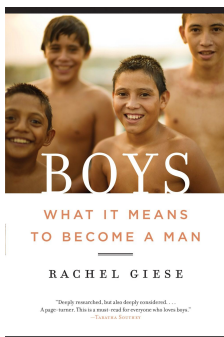
Paperback

Social Science / Women's Studies

8 in H | 5.3 in W | 0.7 in T | 0.5 lb Wt

**Summary:** In this ambitious work of Medieval scholarship, bestselling historians Frances and Joseph Gies trace the stories and fates of women in Medieval Europe over the course of a millennium.

The first section of the book provides a broad survey of how the lives of women—rich and poor, residing in small towns, or practicing subsistence farming—evolved throughout the medieval period, which stretched for roughly a millennium, and during which the lives of all were significantly transformed. In the book's second section, the Gieses profile eight notable women from the period in depth, devoting a chapter to each. We learn of Hildegard of Bingen, an



### Boys : What It Means to Become a Man

Rachel Giese

9781443442916, 1443442917

Pub Date: 7/5/19

\$19.99 CAD

272 pages

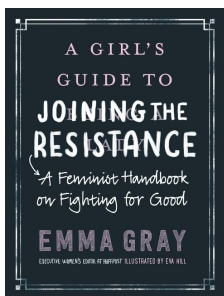
Paperback

Family & Relationships

8 in H | 5.3 in W | 0.6 in T | 0.5 lb Wt

**Summary:** "A page-turner. This is a must-read for everyone who loves boys."—Tabatha Southey

With lively reportage and clear-eyed analysis, Giese reveals that the movement for gender equality has the potential to liberate us all.



### A Girl's Guide to Joining the Resistance : A Feminist Handbook on Fighting for Good

Emma Gray

9780062748089, 0062748084

Pub Date: 2/27/18

\$21.00 CAD

144 pages

Paperback

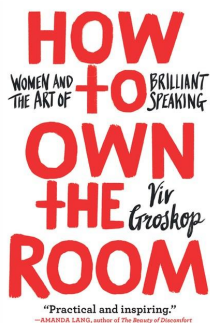
Political Science / Women In Politics

8 in H | 6 in W | 0.4 in T | 0.6 lb Wt

**Summary:** Have recent political events given you pause? Does Trump's America make you fearful for the future? Do you want to become more involved in fighting for a more equal America but aren't sure how? In *A Girl's Guide to Joining the Resistance*, Emma Gray, Executive Women's Editor at HuffPost, outlines all that young women need to know on pivotal women's rights issues and offers a blueprint for those who want to take a stand and participate in the cause.

This groundbreaking book includes:

- Background information on key issues so you can choose



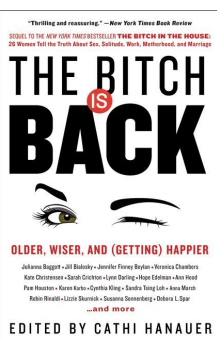
## How to Own the Room : Women and the Art of Brilliant Speaking

Viv Groskop  
9781443459426, 1443459429  
Pub Date: 3/19/19  
\$18.99 CAD  
240 pages  
Paperback  
Business & Economics / Women In Business  
8 in H | 5.3 in W | 0.4 lb Wt

**Summary:** A powerful guide for every woman looking to find—or amplify—her voice

Most books about public speaking don't tell you what to do when you open your mouth and nothing comes out. And they don't tell you how to get over the performance anxiety that most people naturally have. They don't tell you what to do in the moments when you are made, as a woman, to feel small. They don't tell you how to own the room. This book does.

From the way Michelle Obama projects "happy high status," and the power of J.K.Rowling's understated speaking style,

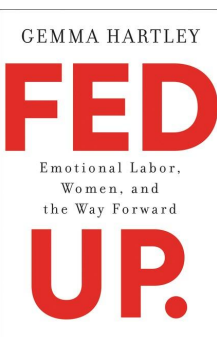


## The Bitch Is Back : Older, Wiser, and (Getting) Happier

Cathi Hanauer  
9780062389527, 0062389521  
Pub Date: 9/12/17  
\$19.99 CAD  
368 pages  
Paperback  
Social Science / Women's Studies  
8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt

**Summary:** "Born out of anger," the essays in *The Bitch in the House* chronicled the face of womanhood at the beginning of a new millennium. Now, nearly fifteen years later, editor and author Cathi Hanauer has compiled a new batch of passionate, enlightened, often hilarious pieces that are less bitter and resentful, and more confident and content—a provocative and compelling companion collection that captures the spirit of postfeminism with authority, acumen, and panache.

Having aged into their forties, fifties, and sixties, these "bitches"—bestselling authors, renowned journalists, and other extraordinary yet also ordinary women—have brilliant



## Fed Up : Emotional Labor, Women, and the Way Forward

Gemma Hartley  
9780062906496, 0062906496  
Pub Date: 11/13/18  
\$21.99 CAD  
272 pages  
Paperback  
Social Science / Feminism & Feminist Theory  
9 in H | 6 in W | 0.7 in T | 0.6 lb Wt

**Summary:** A rousing call to arms, packed with surprising insights, that explores how carrying "the mental load"—the thankless day-to-day anticipating of needs and solving of problems large and small—is adversely affecting women's lives and feeding gender inequality, and shows the way forward for better balancing our lives. Launching a heated national conversation with her viral article "Women Aren't Nags; We're Just Fed Up"—viewed over two billion times—journalist Gemma Hartley gave voice to the frustration and anger of countless women putting in the hidden, underappreciated, and absolutely draining mental work that consists of keeping everyone in their lives comfortable and happy. Bringing long overdue awareness to



## F\*cked : Being Sexually Explorative and Self-Confident in a World That's Screwed

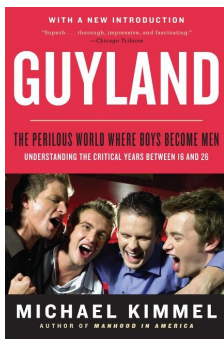
Krystyna Hutchinson, Corinne Fisher  
9780062666925, 0062666924  
Pub Date: 1/29/19  
\$21.00 CAD  
272 pages  
Paperback  
Humor / Topic / Relationships  
8 in H | 5.3 in W | 0.6 in T | 0.4 lb Wt

**Summary:** Are You a Dirty, Nasty Slut? Or a Sexually Repressed Nightmare?

Regardless of your background or bedroom résumé, someone or something has probably made you feel that way. This was what Corinne Fisher and Krystyna Hutchinson discovered when they created the wildly popular *Guys We Fucked: The Anti Slut-Shaming Podcast*. What started as an outlet to interview—you guessed it!—guys they'd fucked quickly evolved into an enormous community of Fuckers around the world and a place to share stories of kinks gone wild, along with trauma, assault, and the overall confusion among people who don't know what the fuck they're doing







## Guyland : The Perilous World Where Boys Become Men

Michael Kimmel

9780062885739, 0062885731

Pub Date: 7/24/18

\$19.99 CAD

368 pages

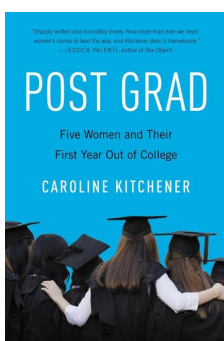
Paperback

Social Science / Gender Studies

8 in H | 5.3 in W | 0.8 in T | 0.6 lb Wt

**Summary:** The passage from adolescence to adulthood was once clear. Today, growing up has become more complex and confusing, as young men drift casually through college and beyond—hanging out, partying, playing with tech toys, watching sports. But beneath the appearance of a simple extended boyhood, a more dangerous social world has developed, far away from the traditional signposts and cultural signals that once helped boys navigate their way to manhood—a territory Michael Kimmel has identified as “Guyland.”

In mapping the troubling social world where men are now made, Kimmel offers a view into the minds and times of



## Post Grad : Five Women and Their First Year Out of College

Caroline Kitchener

9780062429513, 0062429515

Pub Date: 4/17/18

\$18.50 CAD

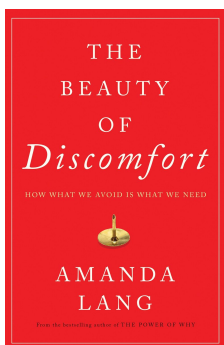
320 pages

Paperback

Social Science / Feminism & Feminist Theory

8 in H | 5.3 in W | 0.7 in T | 0.5 lb Wt

**Summary:** When she graduated from Princeton in the spring of 2014, Caroline Kitchener began shadowing four of her female classmates, interviewing them as they started to navigate the murky waters of post-collegiate life. Weaving together her own experience as a writer with that of these other women—a documentarian, a singer, a programmer, and an aspiring doctor—Kitchener delves deeply into what is offered to a female college graduate, and how the world perceives them. The five confront challenges ranging from parental estrangement to mental illness, financial anxiety and heartbreak, all the while tackling their nascent careers and forging their own paths forward.



## The Beauty of Discomfort : How What We Avoid Is What We Need

Amanda Lang

9781443449854, 1443449857

Pub Date: 3/15/18

\$19.99 CAD

304 pages

Paperback

Self-Help / Personal Growth / Success

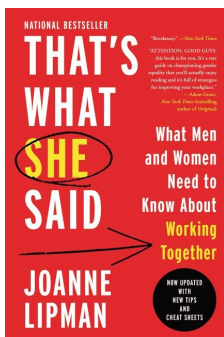
8 in H | 5.3 in W | 0.8 in T | 0.5 lb Wt

**Summary:** Why do some people drive change while others are blindsided by it?

**Why are some people able to adapt and thrive?**

**How can we make change easier?**

Truly successful people don't merely tolerate discomfort—they embrace it and seek it out again and again. Business founders and university students, top athletes and couch potatoes, meditation gurus and military leaders all have very different ways of coping with discomfort, but the most successful among them believe



## That's What She Said : What Men and Women Need To Know About Working Together

Joanne Lipman

9780062437228, 0062437224

Pub Date: 2/26/19

\$21.99 CAD

336 pages

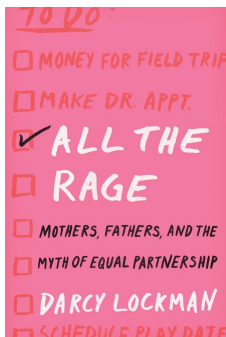
Paperback

Business & Economics / Women In Business

8 in H | 5.3 in W | 0.8 in T | 0.5 lb Wt

**Summary:** The world has changed in the wake of the #MeToo movement. What comes next? In *That's What She Said*, bestselling author Joanne Lipman, the former Editor in Chief of *USA Today*, offers real-world solutions and a path forward. There's no man-bashing here; Lipman explores how men as well as women can join together to close the gender gap. In this fast-paced book, she offers surprising insights into issues ranging from unconscious bias to childrearing to brain differences between the genders, and provides practical tips that all of us can use, right now, to help eliminate bias at work and at home.

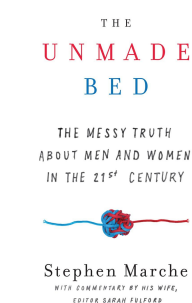




### All the Rage : Mothers, Fathers, and the Myth of Equal Partnership

Darcy Lockman  
9780062861443, 0062861441  
Pub Date: 5/7/19  
\$33.50 CAD  
352 pages  
Hardcover  
Family & Relationships / Parenting / Motherhood  
9 in H | 6 in W | 1.1 in T | 1.1 lb Wt

**Summary:** The inequity of domestic life is one of the most profound and perplexing conundrums of our time. In an era of seemingly unprecedented feminist activism, enlightenment, and change, data show that one area of gender inequality stubbornly remains: the unequal amount of parental work that falls on women, no matter their class or professional status. *All the Rage* investigates the cause of this pervasive inequity to answer why, in households where both parents work full-time, mothers' contributions—even those women who earn more than their partners—still outweigh fathers' when it comes to raising children and maintaining a home.

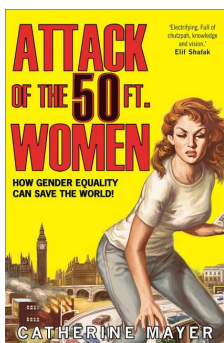


### The Unmade Bed : The Messy Truth about Men and Women in the Twenty-first Century

Stephen Marche  
9781443434843, 1443434841  
Pub Date: 2/15/18  
\$19.99 CAD  
256 pages  
Paperback  
Social Science  
8 in H | 5.3 in W | 0.6 in T | 0.5 lb Wt

**Summary:** In one of the most talked about books of the year, provocative cultural commentator Stephen Marche examines the state of male-female relations in the 21st century, with commentary from his wife, *Toronto Life* editor-in-chief Sarah Fulford.

On a warm spring morning in New York City, Stephen Marche, then a new father and tenure-track professor, got the call: his wife had been offered her dream job . . . in Toronto. Their mutual decision to move home, prioritizing her career over his, shed new light on the gender roles in their marriage. It also provoked a surprising and divided response from the world around them.



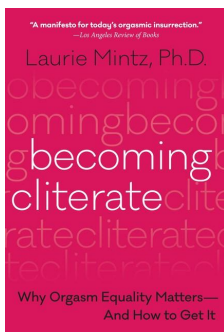
### Attack of the 50 Ft. Women : How Gender Equality Can Save The World!

Catherine Mayer  
9780008191146, 000819114X  
Pub Date: 2/27/18  
\$17.99 CAD  
352 pages  
B-format Paperback  
Political Science / Women In Politics  
7.8 in H | 5.1 in W | 0.6 lb Wt

**Summary:** 'Buy it for yourself, your husband or partner. Most importantly, buy it for your children' *Sunday Express*

**Essential reading from Catherine Mayer, recently named one of the Top 100 Most Influential People in Global Policy on Gender Equality.**

**Cometh the hour,  
Cometh the women.**

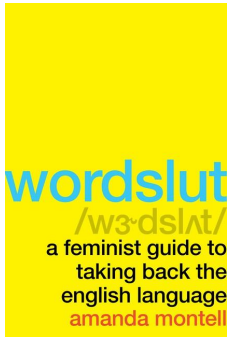


### Becoming Cliterate : Why Orgasm Equality Matters--And How to Get It

Dr. Laurie Mintz  
9780062664556, 0062664557  
Pub Date: 5/15/18  
\$21.00 CAD  
288 pages  
Paperback  
Self-Help / Sexual Instruction  
8 in H | 5.3 in W | 0.6 in T | 0.5 lb Wt

**Summary:** Our culture's flawed way of thinking about sex is screwing with women's orgasms. We've separated our most reliable route to orgasm—clitoral stimulation—from how we feel we should orgasm—penetration. As a result, as many as half of women admit to having trouble reaching orgasm with their partners. No surprise, then, that men are having at least three times as many orgasms as women. And for first-time hookup sex? Only 4 percent of women are getting off.

In *Becoming Cliterate*, Dr. Laurie Mintz exposes the broader cultural problem that's perpetuating this gap, and what we can do about it. Pulling together evidence from biology,

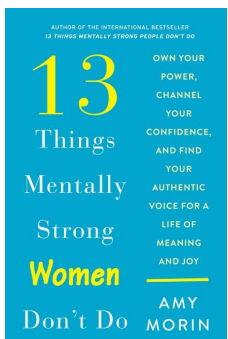


**Wordslut : A Feminist Guide to Taking Back the English Language**

Amanda Montell  
9780062868879, 006286887X  
Pub Date: 5/28/19  
\$33.50 CAD  
304 pages  
Hardcover  
Social Science / Feminism & Feminist Theory  
8.3 in H | 5.5 in W | 1 in T | 0.9 lb Wt

**Summary:** "I get so jazzed about the future of feminism knowing that Amanda Montell's brilliance is rising up and about to explode worldwide."—Jill Soloway

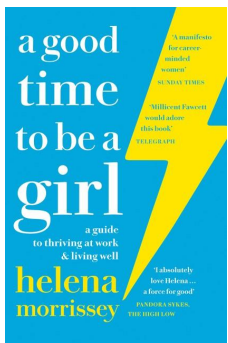
The word bitch conjures many images for many people, but is most often meant to describe an unpleasant woman. Even before its usage to mean a female canine, bitch didn't refer to gender at all—it originated as a gender-neutral word meaning genitalia. A perfectly innocuous word devolving into a female insult is the case for tons more terms, including hussy—which simply meant "housewife"—or slut, which meant "untidy" and was also used to describe men. These words are just a few among history's many English slurs



**13 Things Mentally Strong Women Don't Do : Own Your Power, Channel Your Confidence, and Find Your Authentic Voice for a Life of Meaning and Joy**

Amy Morin  
9780062847621, 0062847627  
Pub Date: 12/31/18  
\$33.50 CAD  
352 pages  
Hardcover  
Self-Help / Personal Growth / Happiness  
9 in H | 6 in W | 1.1 in T | 1.1 lb Wt

**Summary:** The emergence of the #MeToo and #TimesUp movements have awakened society and encouraged women to find their voice and claim their power. But to do this, women must learn to improve their own mental strength. Contending with a host of difficult issues—from sexual assault on college campuses, to equal pay and pay gaps, to mastering different negotiation styles—demands psychological toughness. In this crucial book, prominent psychotherapist and licensed clinical social worker Amy Morin gives women the techniques to build mental muscle—and just as important, she teaches them what not to do.



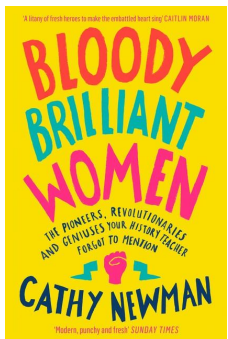
**A Good Time to be a Girl : A Guide to Thriving at Work & Living Well**

Helena Morrissey  
9780008241643, 0008241643  
Pub Date: 2/12/19  
\$18.99 CAD  
320 pages  
B-format Paperback  
Biography & Autobiography / Women  
7.8 in H | 5.1 in W | 0.6 lb Wt

**Summary:** From the founder of the worldwide 30% Club campaign comes a career book for women in a transforming world who don't just want to lean in, but instead, shatter the paradigm as we know it.

**'I absolutely love her, I think she's such a force for good' Pandora Sykes, The High Low**

In *A Good Time to be a Girl*, Helena Morrissey sets out how we might achieve the next big breakthrough towards a truly



**Bloody Brilliant Women : The Pioneers, Revolutionaries and Geniuses Your History Teacher Forgot to Mention**

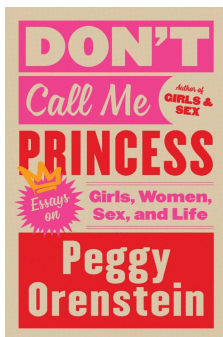
Cathy Newman  
9780008241674, 0008241678  
Pub Date: 7/9/19  
\$18.99 CAD  
384 pages  
B-format Paperback  
History / Women  
7.8 in H | 5.1 in W | 0.7 lb Wt

**Summary:**

**'A litany of fresh heroes to make the embattled heart sing' Caitlin Moran**

**'Newman is a brilliant writer' Observer**

**A fresh, opinionated history of all the brilliant women you should have learned about in school but didn't.**



**Don't Call Me Princess : Essays on Girls, Women, Sex, and Life**

Peggy Orenstein

9780062688903, 0062688901

Pub Date: 2/27/18

\$21.00 CAD

400 pages

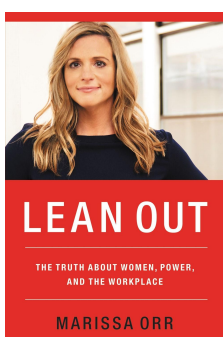
Paperback

Social Science / Essays

8 in H | 5.3 in W | 0.9 in T | 0.6 lb Wt

**Summary:** Named one of the “40 women who changed the media business in the last 40 years” by *Columbia Journalism Review*, Peggy Orenstein is one of the most prominent, unflinching feminist voices of our time. Her writing has broken ground and broken silences on topics as wide-ranging as miscarriage, motherhood, breast cancer, princess culture and the importance of girls’ sexual pleasure. Her unique blend of investigative reporting, personal revelation and unexpected humor has made her books bestselling classics.

In *Don't Call Me Princess*, Orenstein’s most resonant and important essays are available for the first time in collected



**Lean Out : The Truth About Women, Power, and the Workplace**

Marissa Orr

9781595557568, 1595557563

Pub Date: 6/11/19

\$34.99 CAD

240 pages

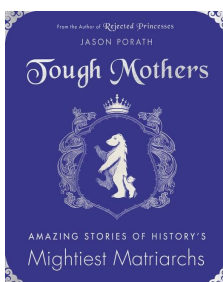
Hardcover with dust jacket

Business & Economics / Women In Business

9.3 in H | 6.2 in W | 0.9 in T | 0.9 lb Wt

**Summary:** Marissa Orr, Facebook and Google veteran, explains why our efforts to close the gender gap have failed and posits that overhauling the business world’s paradigm of a “successful leader” will result in greater diversity in corporate leadership and foster healthier work environments for both women and men.

Based on in-depth research and eye-opening personal experiences, author and tech industry veteran Marissa Orr explains why our pursuit to close the gender gap has come at the expense of female well-being and posits that overhauling the business world’s paradigm of a “successful leader” will lead to greater diversity in corporate leadership



**Tough Mothers : Amazing Stories of History's Mightiest Matriarchs**

Jason Porath

9780062796097, 0062796097

Pub Date: 4/3/18

\$31.00 CAD

256 pages

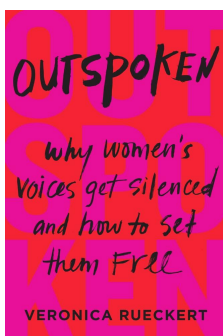
Hardcover

Social Science / Women's Studies

10 in H | 8 in W | 2.3 lb Wt

**Summary:** Mothers possess the “maternal instinct”—an innate fierceness that drives them to nurture, safeguard, fight, and sacrifice for the most important things that matter to them. For some mothers, it’s their children. For others, it’s artistic expression, invention, social cause, or even a nation that they helped to birth. In *Tough Mothers*, Jason Porath brings his wisdom and wit to bear on fifty fascinating matriarchs.

In concise, deeply researched vignettes, accompanied by charming illustrations, Porath illuminates these fearsome women, explores their lives, and pays tribute to their accomplishments. Here are famous women as well as lesser



**Outspoken : Why Women's Voices Get Silenced and How to Set Them Free**

Veronica Rueckert

9780062879349, 0062879340

Pub Date: 7/2/19

\$36.99 CAD

256 pages

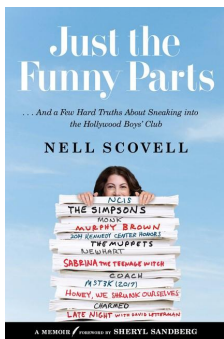
Hardcover

Business & Economics / Women In Business

9 in H | 6 in W | 0.9 in T | 0.9 lb Wt

**Summary:** From the Supreme Court to the conference room to the classroom, women find themselves interrupted much more often than their male counterparts. Worse, a 2015 Yale University study revealed that women executives who spoke more often than their peers were rated 14% less competent, while male executives who did the same thing did enjoyed a 10% competency bump. And a 2016 study from USC found women account for only a third of speaking roles in top U.S. movies.

It’s undeniable: women’s voices aren’t being heard—at work, at home, in every facet of their lives. The fault lies not with women, but in a culture that seeks to silence

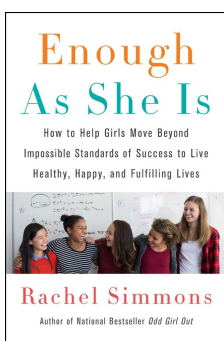


**Just the Funny Parts : ... And a Few Hard Truths About Sneaking into the Hollywood Boys' Club**

Nell Scovell, Sheryl Sandberg  
9780062473486, 0062473484  
Pub Date: 3/20/18  
\$34.99 CAD  
336 pages  
Hardcover  
Biography & Autobiography / Entertainment & Performing Arts  
9 in H | 6 in W | 1.1 in T | 1.1 lb Wt

**Summary:** After David Letterman publicly confessed that he'd had "sex with staffers," former *Late Night* writer Nell Scovell felt compelled to speak out. Her revelations about gender discrimination in late night TV ignited a serious, sometimes contentious cultural debate about diversity in the workplace. Two years later, Nell was collaborating with Sheryl Sandberg on speeches and *Lean In*.

In *Just the Funny Parts*, Nell shares revealing stories about some of the biggest names in entertainment, including Mark Harmon, Bette Midler, Andy Samberg, Candice Bergen, and Bart Simpson. She'll take you inside the writers' room where she worked side-by-side with David Letterman. Larry David

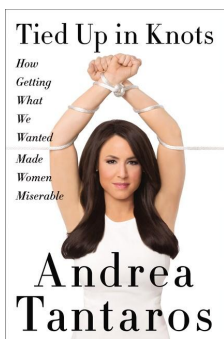


**Enough As She Is : How to Help Girls Move Beyond Impossible Standards of Success to Live Healthy, Happy, and Fulfilling Lives**

Rachel Simmons  
9780062438393, 0062438395  
Pub Date: 2/27/18  
\$34.99 CAD  
304 pages  
Hardcover  
Family & Relationships / Life Stages / Teenagers  
9 in H | 6 in W | 1 in T | 1.1 lb Wt

**Summary:** For many girls today, the drive to achieve is fueled by brutal self-criticism and an acute fear of failure. Though young women have never been more "successful"—outpacing boys in GPAs and college enrollment—they have also never struggled more. On the surface, girls may seem exceptional, but in reality, they are anxious and overwhelmed, feeling that, no matter how hard they try, they will never be smart enough, successful enough, pretty enough, thin enough, popular enough, or sexy enough.

Rachel Simmons has been researching young women for two decades, and her research plainly shows that girl competence does not equal girl confidence—nor does it

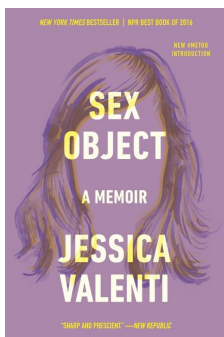


**Tied Up in Knots : How Getting What We Wanted Made Women Miserable**

Andrea Tantaros  
9780062351869, 0062351869  
Pub Date: 4/26/16  
\$33.50 CAD  
256 pages  
Hardcover  
Social Science / Women's Studies  
9 in H | 6 in W | 0.9 in T | 0.9 lb Wt

**Summary:** Women today have more choices and options than ever. So why are they so stressed out? In a covetous quest to attain what men have, women have been told we should work like men, behave like men, and have sex like men. There's just one problem: women aren't men. Instead of feeling at peace with their newfound freedoms, females are finding themselves tied up in knots—trying to strike a balance between their natural desires and what society dictates.

Conservative political analyst and co-host of Fox News' *Outnumbered* and *The Five* exposes the pitfalls that are entangling women everywhere thanks to the rise of female



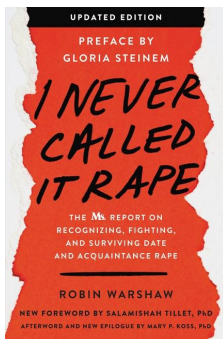
**Sex Object : A Memoir**

Jessica Valenti  
9780062435095, 0062435094  
Pub Date: 2/28/17  
\$21.00 CAD  
224 pages  
Paperback  
Social Science / Women's Studies  
8 in H | 5.3 in W | 0.5 in T | 0.4 lb Wt

**Summary:** Hailed by *The Washington Post* as "one of the most visible and successful feminists of her generation," Jessica Valenti has been leading the national conversation on gender and politics for over a decade. Now, in a memoir that *Publishers Weekly* calls "bold and unflinching," Valenti explores the toll that sexism takes on women's lives, from the everyday to the existential. From subway gropings and imposter syndrome to sexual awakenings and motherhood, *Sex Object* reveals the painful, embarrassing, and sometimes illegal moments that shaped Valenti's adolescence and young adulthood in New York City.

I like the masterworks of writers such as Joan Didion and





**I Never Called It Rape - Updated Edition : The Ms. Report on Recognizing, Fighting, and Surviving Date and Acquaintance Rape**

Robin Warshaw, Gloria Steinem, Salamishah Tillet  
9780062844309, 006284430X

Pub Date: 2/26/19

\$21.00 CAD

288 pages

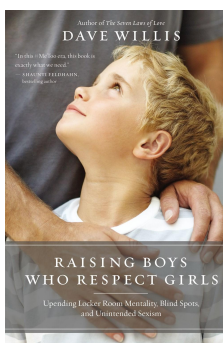
Paperback

Self-Help / Abuse

8 in H | 5.3 in W | 0.6 in T | 0.5 lb Wt

**Summary:** In 1988, Robin Warshaw wrote *I Never Called It Rape*, the ground-breaking book that revealed a staggering truth: 25% of women were the victims of rape or attempted rape. Over 80% of these women knew their assailants.

Warshaw based her reportage on the first large-scale study into rape ever, conducted by *Ms.* Magazine in the late 80s. Thirty years later, we now have a wealth of statistics on rape. The disturbing truth is that the figures have not diminished. That our culture enables rape is not just shown by the numbers—the outbreak of allegations against serial rapists from Bill Cosby to Harvey Weinstein and the 2016 presidential election of Donald Trump, a man who was



**Raising Boys Who Respect Girls : Upending Locker Room Mentality, Blind Spots, and Unintended Sexism**

Dave Willis

9781400215096, 1400215099

Pub Date: 11/12/19

\$21.99 CAD

240 pages

Paperback

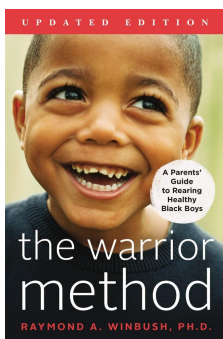
Religion / Christian Life / Family

8.3 in H | 5.5 in W | 0.6 in T | 0.4 lb Wt

**Summary:** Dave Willis, author, speaker, and father of four boys, talks biblically and practically about how to raise a generation of boys who are champions, encouragers, and respecters of women.

In the #metoo and #churchtoo era, with so many men and boys continuing to make the same mistakes, we have to ask: Where are we going wrong? And perhaps more importantly, how do we raise up men who will break this cycle?

As the father of four boys, relationship coach and author Dave Willis has studied this issue deeply, concluding that if



**The Warrior Method, Updated Edition : A Parents' Guide to Rearing Healthy Black Boys**

Raymond Winbush, PhD

9780062838872, 0062838873

Pub Date: 6/5/18

\$19.99 CAD

288 pages

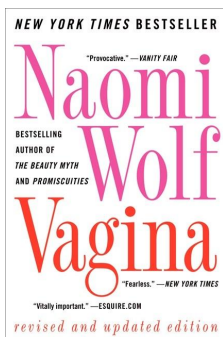
Paperback

Family & Relationships

8 in H | 5.3 in W | 0.6 in T | 0.5 lb Wt

**Summary:** In *The Warrior Method*, psychologist, educator, and father Raymond Winbush creates a program designed for parents and teachers to help black boys become strong, self-reliant men. Filled with reflections on the author's own experiences, the book looks at a male's life through the prism of four seasons: spring—conception to four years old; summer—ages five through twelve; autumn—ages thirteen through twenty-one; and winter—age twenty-two and beyond.

Winbush's comprehensive step-by-step approach draws on such African traditions as the "Birthing Circle" and a "Young Warriors Council" to help boys make important transitions,



**Vagina : Revised and Updated**

Naomi Wolf

9780061989179, 0061989177

Pub Date: 12/10/13

\$21.00 CAD

416 pages

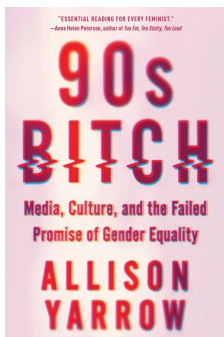
Paperback

Social Science / Feminism & Feminist Theory

8 in H | 5.3 in W | 0.9 in T | 0.7 lb Wt

**Summary:** Exhilarating and groundbreaking, *Vagina: A New Biography* combines rigorous science, explained for lay readers, with cultural history and deeply personal considerations of the role of female desire in female identity, creativity, and confidence, from interviewees of all walks of life. Heralded by *Publishers Weekly* as one of the best science books of the year, it is a provocative and deeply engaging book that elucidates the ties between a woman's experience of her vagina and her sense of self; her impulses, dreams, and courage; and her role in love and in society in completely new and revelatory ways.

A brilliant and nuanced synthesis of physiology, history, and



**90s Bitch : Media, Culture, and the Failed Promise of Gender Equality**

Allison Yarrow

9780062412348, 0062412345

Pub Date: 6/19/18

\$21.00 CAD

416 pages

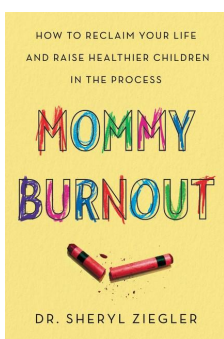
Paperback

Social Science / Popular Culture

8 in H | 5.3 in W | 0.9 in T | 0.7 lb Wt

**Summary:** The close of the 20th century promised a new era of gender equality. However, the iconic women of the 1990s—such as Hillary Clinton, Courtney Love, Roseanne Barr, Marcia Clark, and Anita Hill—earned their places in history not as trailblazers, but as whipping girls of the media. During this decade, American society grew increasingly hostile to women who dared to speak up, challenge power, or defy rigid expectations for female behavior.

Deeply researched yet thoroughly engaging, *90s Bitch* untangles the complex history of women in the 1990s, exploring how they were maligned by the media vilified by



**Mommy Burnout : How to Reclaim Your Life and Raise Healthier Children in the Process**

Dr. Sheryl G. Ziegler

9780062683694, 0062683691

Pub Date: 9/25/18

\$21.00 CAD

336 pages

Paperback

Social Science / Sociology / Marriage & Family

8 in H | 5.3 in W | 0.8 in T | 0.5 lb Wt

**Summary:** I'm so tired

I never get anything done

I'm so depressed

My head /back/neck/stomach hurts all the time

My kids are driving me crazy

My husband is no help

I feel like I'm not doing a good enough job . . . ever

I'm just so . . .

*Burned out*

Dr. Sheryl Ziegler shows you how to take back control!

Modern motherhood is something very different from what